



AusDiab: The Australian Diabetes, Obesity and Lifestyle Study

Diabetes Knowledge Questionnaire

INTERVIEWER COPY

(Only to be used for people known to have diabetes prior to survey)

1. When your diabetes was first diagnosed, what advice and/or treatment were you given?

(Neutral prompt, multiple responses allowed)

None
Insulin
Tablets
Change diet
Exercise
Lose weight
Other

2. What method do you mainly use for testing your own sugar level?

(Probe for correct response)

Blood or urine tests at the doctors office only
Blood glucose test strips read by eye at home
Blood glucose test strips read by meter at home
Urine glucose test strips at home
None

3. How often have you tested your sugar levels in the last month (4 weeks)?

(Probe for correct response)

Never
Once a week or less
About 2-6 times a week
Once a day
2 or more times a day

4. Do you own a blood glucose meter?

Yes (**go to Q5**) No (**go to Q7**)

5. If yes, what is the average number of test strips that you use per week?

Number of strips per week _____

6. What is the name of test strips that you use?

7. Have you bought any special diabetic food in the last 3 months? (eg low joule cordial/soft drink, diabetic chocolate etc.)

Yes (**go to Q8**) No (**go to Q9**)

8. Approximately how much have you spent on diabetic food in the last 3 months?

\$_____

9. Have you ever been told by your doctor that your diabetes has caused an amputation?

Yes
No
Don't know

10a. (NOTE GENDER ON ANSWER SHEET – record from barcode, but do not ask question)

Male (**go to 10b**)
Female (**go to Q11**)

10b. (MEN ONLY) Have you ever been treated for or suffered from impotence (difficulty getting or sustaining an erection)?

Yes
No
Don't know

Health service utilisation

11. What type of doctor looks after your diabetes?

General Practitioner
Diabetes Specialist
Both (GP and Specialist)
None

12. Approximately how often do you visit a doctor for your diabetes?

(Probe for correct response)

5 or more times a year
3 to 4 times a year
1 or 2 times a year
Once every 2 or 3 years
Once every 5 years
Never

13. During the past year has your doctor or another health professional ever examined your feet?

Yes
No
Can't recall

14. How often have you examined your feet in the last week?

None
1 to 3 times
4 or more times

15. Within the past 12 months have you visited any of these health professionals?

(Response required for each alternative)

a) Diabetes educator

Yes
No
Can't recall

b) Dietitian

Yes
No
Can't recall

c) Podiatrist

Yes
No
Can't recall

16. Have you ever had the back of your eyes (the retina) examined?

(not including examination by an optician or optometrist just for glasses)

Yes

No **(go to Q19)**

Can't recall **(go to Q19)**

17. Who conducted the eye examination?

A general practitioner

A diabetes specialist

An eye specialist

Can't recall

18. How long has it been since you last had the back of your eyes checked?

(Probe for correct response)

Within 1 year (<1 year)

1 to 2 years (≥ 1 year and <2 years)

2 to 5 years (≥ 2 years and <5 years)

5 to 10 years (≥ 5 years and <10 years)

More than 10 years (≥ 10 years)

Can't recall

19a. Are you employed?

Yes **(go to Q19b)** No **(go to Q20)**

19b. If you are employed, how many days have you taken off work due to illness in the last 3 months?

_____ days **(go to Q21)**

20. As a result of your diabetes are you retired or currently not working?

Yes

No

The National Diabetes Service Scheme (the NDSS) is a Federal Government funded scheme that provides subsidized blood testing equipment and syringes for insulin injection.

21. Are you aware of this scheme?

- Yes (**go to Q22**)
- No (**finish here**)
- Not sure (**finish here**)

22. Are you registered on the NDSS?

- Yes (**go to Q23**)
- No (**finish here**)
- Not sure (**finish here**)

23. Have you used the scheme in the last 12 months?

- Yes (**finish here**)
- No (**go to Q24**)
- Not sure (**finish here**)

24. Can you tell me why you do not use the scheme, is it because?

(Multiple responses allowed)

- You can get items cheaper elsewhere
- It's difficult to access
- There is a language barrier
- Other reason, specify_____