David Dunstan media citations | 2013-2023

Last updated 24-10-2023

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	Date Title 5-Sep-23 Benefits of exercise depends on how many hours you spent sitting	Source knowridge
	3-sep-23 benefits or exercise depends on how many hours you spent sturing 31-Aug-23 Study shows benefits of exercise dependent on hours spent sitting	Trendeepro
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6	28 Aug-23 The perils of sedentary behaviour	ABC Online (Licensed by Copyright Agency)
7	2 Aug 23 Standing up for staff health 4	Geelong Advertiser (Print version) (Licensed by Copyright
8		Poder360
9	29-Jul-23 Estudo com apoio de SP ressalta importância do movimento para a saúde	Gazeta da Semana
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12	22-Jul-23 Nova 'enciclopédia' do comportamento sedentário reforça importância do movimento para a saúde	Revista Amazônia
13	22-Jul-23 Pesquisadores lançam nova 'enciclopédia' do comportamento sedentário	Abril.com
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17	5-May-23 7 lý do thuyết phục để đi dạo buổi tối	VTV
18	14-Mar-23 DO THIS [Eire Region]	London Daily Mail
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30		Daily Mail
31	3-Mar-23 The 'game-changing' swartwatch devices proving to be life-saving	3AW (Licensed by Copyright Agency)
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33		Nation World News MSN - Noticias
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35	17-Dec-22 Studie: Mye tid foran TV øker risikoen for smerter i kroppen 16-Dec-22 Θέλετε να αποφύγετε τον σωματικό πόνο; Μειώστε την τηλεόραση	
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42	14-Dec-22 Θέλετε να αποφύγετε τον σωματικό πόνο; Μειώστε την τηλεόραση	newsexplorer.net
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53	Table: 22 The More TV You Watch, the More Bodily Pain You Have Over Time	Neuroscience News
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56	10-Dec-22 Fernsehen ist so ein Schmerz	Nachrichten Welt
57	10-Dec-22 TV builds up pain	Geelong Advertiser (Print version)
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<u> </u>	10-Dec-22 Watching TV is such pain	
60		Mirage News
61	10-Dec-22 Surprise link between TV and ageing revealed	Mirage News NT News (Licensed by Copyright Agency)
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		Walking can decrease Type 2 diabetes risk among older adults: Research Walking can decrease Type 2 diabetes risk among older adults: Research	UP Today madhyapradeshchronicle
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		Walking can decrease Type 2 diabetes risk among older adults: Research Walking can decrease Type 2 diabetes risk among older adults: Research	vanakkamtamilnadu haryanatoday
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		Step Up: walking may reduce Type 2 Diabetes risk for adults 65 and older Walking May Reduce Type 2 Diabetes Risk for Adults 65 and Older	EurekAlert! Health News Digest
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165 166		Planet America ABC 1 Adelaide at January 3rd 2022 3:30 PM	ABC 1 Brisbane ABC 1 Adelaide
167	3-Jan-22	ABC 1 Sydney at January 3rd 2022 3:30 PM	ABC 1 Sydney
168 169		ABC Canberra at January 3rd 2022 3:30 PM ABC Hobart at January 3rd 2022 3:30 PM	ABC Canberra ABC Hobart
170	3-Jan-22	Ask The Doctor Diabetes Skyrockets Amid a Pandemic of Sitting	ABC1 Melbourne
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178	9-Dec-21	Health Net" 5 ways to control blood sugar by reducing sedentary time to increase your standing time	Blogs
179 180		Fitness watch: Diabetes has risen globally by 16% in the Covid years. Time to get moving Sitting around during Covid-19 has pushed up global diabetes prevalence by 16%	Scroll.in Blogs
181 182		Sitting around during Covid-19 has pushed up global diabetes prevalence by 16% Sitting around during Covid-19 has pushed up global diabetes prevalence by 16%	Blogs Scroll.in
183	8-Dec-21	Sitting around during Covid-19 has pushed up global diabetes prevalence by 16%	Blogs
184 185		Sitting round throughout Covid-19 has pushed up world diabetes prevalence by 16% Sitting around during Covid-19 has pushed up global diabetes prevalence by 16%	Blogs
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189 190	7-Dec-21	720 ABC Perth at December 7th 2021 6:25 AM 720 ABC Perth at December 7th 2021 6:20 AM	720 ABC Perth 720 ABC Perth
191	6-Dec-21	COVID saw us sitting longer – and diabetes rose globally by 16% in 2 years. Time to get moving	Evening Report
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194	6-Dec-21	COVID Pandemic, Long Sitting Hours Linked to Rise in Diabetes by 16% - The Quint	Blogs
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197	6-Dec-21	La pandémie de COVID a entraîné une augmentation du nombre de patients diabétiques de 16% dans le monde	Nouvelles Du Monde
198 199		La pandémie de COVID a entraîné une augmentation du nombre de patients diabétiques de 16% dans le monde La pandemia de COVID ha provocado un aumento del 16% de los pacientes diabéticos en todo el mundo	Blogs Blogs
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211 212		2021 Journal of Diabetes 久坐等于自 杀!每天坐几个小时才合适?	Sunnews Posts Careerengine
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231 232	19-Aug-21 s sitting is the new smoking? 30-Jul-21 Recent Trends in Sedentary Time: A Systematic Literature Review	University Affairs MDPI
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238 239	3-Jun-21 Endothelial-derived cardiovascular disease-related microRNAs elevated with prolonged sitting pattern among postmenopausal women 29-May-21 ABC NewsRadio at May 29th 2021 2:37 PM	Nature ABC NewsRadio
240	29-May-21 ABC NewsRadio at May 29th 2021 2:32 PM	ABC NewsRadio
241 242	26-May-21 ABC Radio National at May 26th 2021 11:05 AM 25-May-21 ABC Radio National at May 25th 2021 5:35 AM	ABC Radio National ABC Radio National
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246	24-May-21 Two simple questions for sedentary behaviour and mortality risk	The Medical Republic
247 248	21-May-21 Health professionals should encourage patients to sit less and move more 21-May-21 Health professionals should encourage patients to sit less and move more	The National Tribune Mirage News
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262	14-May-21 The Clown And The Candyman	Channel 7 Melbourne
263 264	14-May-21 Desk-bound with diabetes Mirage Information 14-May-21 Desk-bound with diabetes	The Health Press Daily The National Tribune
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268	27-Apr-21 Socio-economic differences in weight-control behaviours and barriers to weight control	Cambridge Core
269 270	3-Apr-21 ABC 1 Perth at April 3rd 2021 4:05 PM 3-Apr-21 ABC 1 Perth at April 3rd 2021 4:05 PM	ABC 1 Perth ABC 1 Perth
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355 4-0	Dec-19	FIVEaa at December 4th 2019 5:30 AM	FIVEaa
		4BC 1116 News Talk at December 4th 2019 5:00 AM	4BC 1116 News Talk
		Gold Central Victoria at December 4th 2019 5:33 AM Does TV really rot your brain? Here's what science says	Gold Central Victoria Your Life Choices
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462	5-Sep-19 ABC Esperance at September 5th 2019 7:55 AM	ABC Esperance
463	5-Sep-19 ABC Goldfields at September 5th 2019 7:54 AM	ABC Goldfields
464 465	5-Sep-19 ABC South West WA at September 5th 2019 7:53 AM 5-Sep-19 ABC NewsRadio at September 5th 2019 9:35 AM	ABC South West WA ABC NewsRadio
466 467	5-Sep-19 Triple M Adelaide at September 5th 2019 9:05 AM 5-Sep-19 ABC Alice Springs at September 5th 2019 7:52 AM	Triple M Adelaide ABC Alice Springs
468	5-Sep-19 ABC Central Victoria FM at September 5th 2019 7:55 AM	ABC Central Victoria FM
469 470	5-Sep-19 ABC Ballarat FM at September 5th 2019 7:55 AM 5-Sep-19 ABC Shepparton FM at September 5th 2019 7:55 AM	ABC Ballarat FM ABC Shepparton FM
471 472	5-Sep-19 ABC West Victoria AM at September 5th 2019 7:53 AM	ABC West Victoria AM
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474 475	5-Sep-19 ABC South West Victoria AM at September 5th 2019 7:52 AM 5-Sep-19 Radio News	ABC South West Victoria AM 105.7 ABC Darwin
476	5-Sep-19 ABC Alice Springs at September 5th 2019 7:04 AM	ABC Alice Springs
477 478	5-Sep-19 Radio News 5-Sep-19 ABC Central Victoria FM at September 5th 2019 7:06 AM	774 ABC Melbourne ABC Central Victoria FM
479 480	5-Sep-19 ABC Ballarat FM at September 5th 2019 7:05 AM 5-Sep-19 ABC Gippsiand at September 5th 2019 7:05 AM	ABC Ballarat FM ABC Gippsland
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484	5-Sep-19 River 1467 at September 5th 2019 6:05 AM	River 1467
485 486	5-Sep-19 Power FM 103.1 3BBA at September 5th 2019 6:00 AM 5-Sep-19 Gold Central Victoria at September 5th 2019 6:00 AM	Power FM 103.1 3BBA Gold Central Victoria
487 488	5-Sep-19 38A FM at September 5th 2019 6:00 AM 5-Sep-19 Radio News	3BA FM 774 ABC Melbourne
489	5-Sep-19 Radio News	936 ABC Hobart
490 491	5-Sep-19 ABC Goulburn Murray at September 5th 2019 5:32 AM 5-Sep-19 ABC South West Victoria AM at September 5th 2019 5:32 AM	ABC Goulburn Murray ABC South West Victoria AM
492 493	5-Sep-19 ABC Central Victoria FM at September 5th 2019 5:30 AM	ABC Central Victoria FM ABC Ballarat FM
493	5-Sep-19 JABC Ballarat FM at September 5th 2019 5:30 AM 5-Sep-19 JABC Shepparton FM at September 5th 2019 5:30 AM	ABC Ballarat FM ABC Shepparton FM
495 496	5-Sep-19 ABC West Victoria AM at September 5th 2019 5:30 AM 5-Sep-19 ABC Gippsland at September 5th 2019 5:30 AM	ABC West Victoria AM ABC Gippsland
497	5-Sep-19 JAW 693 News Talk at September 5th 2019 4:00 AM	3AW 693 News Talk
498 499	24-Aug-19 ABC Radio National at August 24th 2019 11:05 AM 24-Aug-19 104.7 Canberra at August 24th 2019 10:00 AM	ABC Radio National 104.7 Canberra
500 501	24-Aug-19 Mix 106.3 at August 24th 2019 10:00 AM 24-Aug-19 ABC Mid West and Wheatbelt AM at August 24th 2019 7:56 AM	Mix 106.3 ABC Mid West and Wheatbelt AM
502	24-Aug-19 ABC Kimberley at August 24th 2019 7:56 AM	ABC Kimberley
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505	24-Aug-19 720 ABC Perth at August 24th 2019 7:55 AM	720 ABC Perth
506 507	24-Aug-19 ABC North West WA at August 24th 2019 7:55 AM 24-Aug-19 ABC Goldfields at August 24th 2019 7:54 AM	ABC North West WA ABC Goldfields
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622	19-Jul-19 Jon Faine	774 ABC Melbourne
623 624	19-Jul-19 Ross and John 8-Jul-19 Radio 2ST Highlands at July 8th 2019 5:30 PM	3AW 693 News Talk Radio 2ST Highlands
625		Radio 2ST Coast
626 627		ABC Far North Queensland 612 ABC Brisbane
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629	8-Jul-19 ABC Capricomia FM at July 8th 2019 4:03 PM	ABC Capricornia FM
630 631	8-Jul-19 ABC Tropical North FM at July 8th 2019 4:03 PM 8-Jul-19 ABC Southern Queensland at July 8th 2019 4:01 PM	ABC Tropical North FM ABC Southern Queensland
632	8-Jul-19 ABC Wide Bay at July 8th 2019 4:00 PM	ABC Wide Bay
633 634	8-Jul-19 ABC Sunshine Coast FM at July 8th 2019 4:00 PM 8-Jul-19 ABC Western Queensland at July 8th 2019 4:00 PM	ABC Sunshine Coast FM ABC Western Queensland
635		91.7 ABC Coast FM
636		Radio 2ST Coast
637 638	8-Jul-19 Radio 2ST Highlands at July 8th 2019 3:27 PM 8-Jul-19 2BH 567AM at July 8th 2019 2:22 PM	Radio 2ST Highlands 2BH 567AM
639	8-Jul-19 2NZ 1188 at July 8th 2019 2:51 PM	2NZ 1188
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649	8-Jul-19 2SM (secondary) at July 8th 2019 2:48 PM	2SM (secondary)
650 651	8-Jul-19 Radio 97 at July 8th 2019 2:47 PM 8-Jul-19 Richelle Hunt	Radio 97 774 ABC Melbourne
652	8-Jul-19 2EC East Coast Radio at July 8th 2019 12:00 PM	2EC East Coast Radio
653 654		Eagle FM 93.5 2SNO Mix 104.9
655		1053 2CA Canberra
656	8-Jul-19 Radio News	ABC Radio National
657 658	8-Jul-19 Triple J Radio at July 8th 2019 11:01 AM 8-Jul-19 Power FM Bega Bay at July 8th 2019 11:00 AM	Triple J Radio Power FM Bega Bay
659	8-Jul-19 Eagle FM 93.5 2SNO at July 8th 2019 11:00 AM	Eagle FM 93.5 2SNO
660 661	8-Jul-19 96.5 Wave FM at July 8th 2019 11:00 AM 8-Jul-19 2CC Talking Canberra at July 8th 2019 11:00 AM	96.5 Wave FM 2CC Talking Canberra
662	8-Jul-19 Power FM Hunter Valley at July 8th 2019 11:00 AM	Power FM Hunter Valley
660		
663 664	8-Jul-19 7HO FM at July 8th 2019 10:05 AM 8-Jul-19 Radio News	7HO FM
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696 697		ABC North Queensland at July 8th 2019 9:02 AM ABC Far North Queensland at July 8th 2019 9:01 AM	ABC North Queensland ABC Far North Queensland
698	8-Jul-19	Perth's 6IX at July 8th 2019 7:00 AM	Perth's 6iX
699 700		ABC North West Queensland at July 8th 2019 9:00 AM ABC Sunshine Coast FM at July 8th 2019 9:00 AM	ABC North West Queensland ABC Sunshine Coast FM
700		Nac Sunismine Coast Phr at July 8th 2019 5:00 AM Bac Southern Queensland at July 8th 2019 5:00 AM	ABC Southern Queensland
702		91.7 ABC Coast FM at July 8th 2019 9:00 AM	91.7 ABC Coast FM
703 704		ABC Wide Bay at July 8th 2019 8:59 AM Zinc 96.1 at July 8th 2019 8:30 AM	ABC Wide Bay Zinc 96.1
705	8-Jul-19	Radio 25T Highlands at July 8th 2019 8:30 AM	Radio 2ST Highlands
706 707		Hot 91.1 FM at July 8th 2019 8:30 AM Power FM Nowra at July 8th 2019 8:30 AM	Hot 91.1 FM
707		Power PM Nowra at July 8th 2019 8:30 AM Radio News	Power FM Nowra 105.7 ABC Darwin
709		ABC Alice Springs at July 8th 2019 7:50 AM	ABC Alice Springs
710 711		Ross and John 3BA FM at July 8th 2019 8:02 AM	3AW 693 News Talk 3BA FM
712		box m at buy on 2019 602 AW	River 1467
713		Gold Central Victoria at July 8th 2019 8:00 AM	Gold Central Victoria
714 715		Radio News ABC Goulburn Murray at July 8th 2019 7:54 AM	774 ABC Melbourne ABC Goulburn Murray
716		ABC Shepparton FM at July 8th 2019 7:54 AM	ABC Shepparton FM
717		ABC Central Victoria FM at July 8th 2019 7:53 AM	ABC Central Victoria FM
718 719		ABC Gippsland at July 8th 2019 7:52 AM ABC West Victoria AM at July 8th 2019 7:52 AM	ABC Gippsland ABC West Victoria AM
720		ABC Mildura FM at July 8th 2019 7:51 AM	ABC Mildura FM
721		ABC Ballarat FM at July 8th 2019 7:50 AM	ABC Ballarat FM
722 723		ABC South West Victoria AM at July 8th 2019 7:49 AM ABC Broken Hill AM at July 8th 2019 7:05 AM	ABC South West Victoria AM ABC Broken Hill AM
724	8-Jul-19	91.7 ABC Coast FM at July 8th 2019 7:31 AM	91.7 ABC Coast FM
725 726		Hot 100 FM at July 8th 2019 7:00 AM 2LF at July 8th 2019 7:13 AM	Hot 100 FM 2LF
720		ctr at July Gui 2017.15 AM Radio News	702 ABC Sydney
728		ABC Goulburn Murray at July 8th 2019 7:05 AM	ABC Goulburn Murray
729 730		ABC Central West NSW AM at July 8th 2019 7:05 AM ABC New England North West AM at July 8th 2019 7:05 AM	ABC Central West NSW AM ABC New England North West AM
730		ABC New England North West AM at July 8th 2019 7:05 AM ABC Mid North Coast NSW Radio at July 8th 2019 7:05 AM	ABC New England North West AM ABC Mid North Coast NSW Radio
732	8-Jul-19	ABC Central Coast NSW at July 8th 2019 7:05 AM	ABC Central Coast NSW
733 734		ABC Riverina FM at July 8th 2019 7:05 AM 702 ABC Sydney (secondary) at July 8th 2019 7:05 AM	ABC Riverina FM 702 ABC Sydney (secondary)
735	8-Jul-19	ABC NewsRadio at July 8th 2019 7:05 AM	ABC NewsRadio
736		ABC Western Plains at July 8th 2019 7:04 AM	ABC Western Plains
737 738		ABC Illawarra at July 8th 2019 7:03 AM ABC North Coast NSW at July 8th 2019 7:02 AM	ABC Illawarra ABC North Coast NSW
739	8-Jul-19	ABC South East NSW at July 8th 2019 7:01 AM	ABC South East NSW
740		Power FM Nowra at July 8th 2019 7:00 AM	Power FM Nowra
741 742		ZEC East Coast Radio at July 8th 2019 7:00 AM Eagle FM 93.5 2SNO at July 8th 2019 7:00 AM	2EC East Coast Radio Eagle FM 93.5 2SNO
743	8-Jul-19	2PM Radio 531 at July 8th 2019 6:51 AM	2PM Radio 531
744 745		2HC at July 8th 2019 6:51 AM	2HC Radio 97
745		Radio 97 at July 8th 2019 6:50 AM 25M (secondary) at July 8th 2019 6:50 AM	2SM (secondary)
747	8-Jul-19	Radio 2EL 1089AM at July 8th 2019 6:49 AM	Radio 2EL 1089AM
748 749		ABC West Victoria AM at July 8th 2019 6:46 AM ABC Mildura FM at July 8th 2019 6:44 AM	ABC West Victoria AM ABC Mildura FM
749		Nac. minioura Fivira Luigi otti 2019 6:13 AMI BAC News Radio at Luigi Bti 2019 6:13 AMI	ABC NewsRadio
751	8-Jul-19	91.7 ABC Coast FM at July 8th 2019 6:31 AM	91.7 ABC Coast FM
752 753		Radio 2ST Highlands at July 8th 2019 6:30 AM Power FM Nowra at July 8th 2019 6:30 AM	Radio 2ST Highlands Power FM Nowra
754		tower him how a a chay but 2015 0.50 AW Radio News	105.7 ABC Darwin
755		ABC Alice Springs at July 8th 2019 5:30 AM	ABC Alice Springs
756 757		ABC Western Plains at July 8th 2019 5:32 AM ABC Central Coast NSW at July 8th 2019 5:30 AM	ABC Western Plains ABC Central Coast NSW
758		Gold Central Victoria at July 8th 2019 5:30 AM	Gold Central Victoria
759		ABC Riverina FM at July 8th 2019 5:30 AM	ABC Riverina FM
760 761		ABC Upper Hunter AM at July 8th 2019 5:30 AM ABC Coffs Coast FM at July 8th 2019 5:30 AM	ABC Upper Hunter AM ABC Coffs Coast FM
762		ABC New England North West AM at July 8th 2019 5:30 AM	ABC New England North West AM
763 764		702 ABC Sydney at July 8th 2019 5:30 AM 1233 ABC Newcastle at July 8th 2019 5:30 AM	702 ABC Sydney 1233 ABC Newcastle
765		1233 AGC Newsau as July at July 8th 2019 5:30 AM 202 ABC Sydney (secondary) at July 8th 2019 5:30 AM	702 ABC Sydney (secondary)
766		ABC South East NSW at July 8th 2019 5:30 AM	ABC South East NSW
767 768		ABC Central West NSW AM at July 8th 2019 5:30 AM ABC North Coast NSW at July 8th 2019 5:30 AM	ABC Central West NSW AM ABC North Coast NSW
769		Nea at July 7th 2019 7:30 AM	FIVEaa
770		3AW 693 News Talk at July 7th 2019 5:30 AM	3AW 693 News Talk
771 772		5CC at July 6th 2019 11:00 PM 5CC at July 6th 2019 10:00 PM	5CC
773	6-Jul-19	SCC at July 6th 2019 9:00 PM	5CC
774 775		2BS 95.1 FM at July 6th 2019 9:00 PM 5CC at July 6th 2019 8:00 PM	2BS 95.1 FM 5CC
776		SCC at July 6th 2019 7:00 PM	5CC
777	6-Jul-19	Mix 104.9 at July 6th 2019 6:00 PM	Mix 104.9
778 779		39.3 LAFM at July 6th 2019 6:00 PM Chilli 90.1fm at July 6th 2019 5:55 PM	89.3 LAFM Chilli 90.1fm
780	6-Jul-19	Chilli 99.7 FM at July 6th 2019 5:54 PM	Chilli 99.7 FM
781 782		390 AM 4RO at July 6th 2019 4:22 PM 7XS West Coast Radio Tasmania at July 6th 2019 4:01 PM	990 AM 4RO 7XS West Coast Radio Tasmania
782		AS West Coast Radio Fasmania at July 6th 2019 4:01 PM 4BU classic hits 1332AM at July 6th 2019 4:00 PM	4BU classic hits 1332AM
784	6-Jul-19	Chilli 99.7 FM at July 6th 2019 4:00 PM	Chilli 99.7 FM
785 786		Sea FM 107.7 at July 6th 2019 4:00 PM 4MK 1026 AM at July 6th 2019 4:00 PM	Sea FM 107.7 4MK 1026 AM
787	6-Jul-19	7AD 900AM at July 6th 2019 4:00 PM	7AD 900AM
788		Zinc 96.1 at July 6th 2019 4:00 PM	Zinc 96.1
789 790		Sea FM 101.7 at July 6th 2019 4:00 PM 7BU 558 AM at July 6th 2019 4:00 PM	Sea FM 101.7 7BU 558 AM
791	6-Jul-19	7HO FM at July 6th 2019 4:00 PM	7HO FM
792 793		Chilli 90.1fm at July 6th 2019 3:58 PM Star 102.7 FM at July 6th 2019 3:56 PM	Chilli 90.1fm Star 102.7 FM
793			4CC
795	6-Jul-19	Star 106.3 FM at July 6th 2019 3:54 PM	Star 106.3 FM
796 797		4CA 846 AM at July 6th 2019 3:53 PM 7AD 900AM at July 6th 2019 3:00 PM	4CA 846 AM 7AD 900AM
798		7HO 500AW at July 6th 2019 3:00 PM	7HO FM
799	6-Jul-19	39.3 LAFM at July 6th 2019 3:00 PM	89.3 LAFM
800 801		Sea FM 101.7 at July 6th 2019 3:00 PM Chilli 99.7 FM at July 6th 2019 3:00 PM	Sea FM 101.7 Chilli 99.7 FM
802		Sea FM 107.7 at July 6th 2019 3:00 PM	Sea FM 107.7
803	6-Jul-19	7BU 558 AM at July 6th 2019 3:00 PM	7BU 558 AM
804 805		Chilli 90.1fm at July 6th 2019 2:59 PM 7XS West Coast Radio Tasmania at July 6th 2019 2:58 PM	Chilli 90.1fm 7XS West Coast Radio Tasmania
806	6-Jul-19	Perth's GIX at July 6th 2019 12:00 PM	Perth's 6iX
807		Power FM Hunter Valley at July 6th 2019 12:05 PM	Power FM Hunter Valley
808 809		Radio 2ST Coast at July 6th 2019 12:01 PM 96.5 Wave FM at July 6th 2019 12:01 PM	Radio 2ST Coast 96.5 Wave FM
810	6-Jul-19	981 2NM at July 6th 2019 12:00 PM	981 2NM
	6-Jul-19	Radio 2ST Highlands at July 6th 2019 12:00 PM	Radio 2ST Highlands Power FM Bega Bay
811 812	6-lul-10	Power FM Bega Bay at July 6th 2019 12:00 PM	

0.10		
813 814		2EC East Coast Radio 2GB Radio (secondary)
815 816		2GB Radio Power FM Nowra
817		2BS 95.1 FM
818 819		981 2NM Power FM Hunter Valley
820	6-Jul-19 Radio 2ST Highlands at July 6th 2019 10:02 AM	Radio 2ST Highlands
821 822		Power FM Bega Bay 2EC East Coast Radio
823	6-Jul-19 Radio 2ST Coast at July 6th 2019 10:00 AM	Radio 2ST Coast
824 825		96.5 Wave FM Mix 104.9
826	6-Jul-19 Hot 100 FM at July 6th 2019 9:00 AM	Hot 100 FM
827 828	6-Jul-19 Perth's 6iX at July 6th 2019 7:00 AM	Eagle FM 93.5 2SNO Perth's 6iX
829 830		6PR 882 News Talk 4BC 1116 News Talk
831	6-Jul-19 FIVEaa at July 6th 2019 7:05 AM	FIVEaa
832 833		Gold Central Victoria Eagle FM 93.5 2SNO
834	6-Jul-19 Mix 104.9 at July 6th 2019 7:00 AM	Mix 104.9
835 836		1053 2CA Canberra Hot 100 FM
837 838		i98FM Illawarra Power FM Bega Bay
839	6-Jul-19 Forever Classic 2GN at July 6th 2019 7:01 AM	Forever Classic 2GN
840 841		7BU 558 AM Macquarie Sports Radio
842	6-Jul-19 2GB Radio at July 6th 2019 7:00 AM	2GB Radio
843 844		2EC East Coast Radio Sea FM 107.7
845 846		2BS 95.1 FM 2GB Radio (secondary)
847		7HO FM
848 849		Eagle FM 93.5 2SNO Sea FM 101.7
850	6-Jul-19 7AD 900AM at July 6th 2019 7:00 AM	7AD 900AM
851 852		Chilli 99.7 FM 7XS West Coast Radio Tasmania
853 854	6-Jul-19 Chilli 90.1fm at July 6th 2019 6:56 AM	Chilli 90.1fm
855	6-Jul-19 4BC 1116 News Talk at July 6th 2019 6:30 AM	FIVEaa 4BC 1116 News Talk
856 857		4BC 1116 News Talk SeniorAu
858	9-May-19 Morning exercise keeps brain sharp all day	Mirage News
859 860		https://www.nationaltribune.com.au Get Stem
861	9-May-19 A bout of morning exercise improves memory for the next eight hours	Get Sydney
862 863		ABC 1 Perth ABC 1 Perth
864 865		ABC 1 Darwin ABC 1 Adelaide
866	21-Apr-19 ABC 1 Adelaide at April 21st 2019 6:30 PM	ABC 1 Adelaide
867 868		ABC 1 Darwin ABC 1 Brisbane
869	21-Apr-19 ABC 1 Brisbane at April 21st 2019 6:30 PM	ABC 1 Brisbane
870 871		ABC1 Melbourne ABC Canberra
872 873	21-Apr-19 ABC Hobart at April 21st 2019 6:30 PM	ABC Hobart ABC Hobart
874	21-Apr-19 ABC Canberra at April 21st 2019 6:30 PM	ABC Canberra
875 876		ABC 1 Sydney (secondary) ABC 1 Sydney
877	27-Feb-19 ABC 1 Perth at February 27th 2019 11:00 AM	ABC 1 Perth
878 879		ABC 1 Perth ABC 1 Darwin
880 881		ABC 1 Darwin ABC 1 Brisbane
882	27-Feb-19 ABC 1 Brisbane at February 27th 2019 11:00 AM	ABC 1 Brisbane
883 884		ABC 1 Adelaide ABC 1 Adelaide
885	27-Feb-19 Ask The Doctor	ABC1 Melbourne
886 887		ABC Canberra ABC Hobart
888 889		ABC Hobart
890	27-Feb-19 ABC 1 Sydney at February 27th 2019 11:00 AM	ABC Canberra ABC 1 Sydney
891 892		ABC 1 Sydney (secondary) ABC1 Melbourne
893	23-Feb-19 Effects of Morning Exercise With/Without Breaks in Sitting on Blood Pressure	MedicalResearch.com
894 895		BizWire Express ScienceDaily
896 897	21-Feb-19 Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women 20-Feb-19 Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Health News Digest Health Medicine Network
898	20-Feb-19 Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Scienmag
899 900		Deer Park Tribune - FinancialContent Crain BusinessInsurance - FinancialContent
901	20-Feb-19 Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	EurekAlert!
902 903		Aleris - FinancialContent Laser Focus World - FinancialContent
904 905	20-Feb-19 Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	The Observer News Enterprise - FinancialContent Ascensus - FinancialContent
906	20-Feb-19 Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Citcomm Citcommstations - FinancialContent
907 908		Pawtucket Times - Financial Content Daily Penny Alerts - FinancialContent
909	20-Feb-19 Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Daily Herald - FinancialContent
910 911		Dental Economics - FinancialContent Woonsocket Call - FinancialContent
912 913	20-Feb-19 Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Stock Market - FinancialContent The Evening Leader - FinancialContent
914	20-Feb-19 Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Mammoth Times - FinancialContent
915 916		Public Radio International- FinancialContent The Wapakoneta Daily News - FinancialContent
917	20-Feb-19 Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	The Daily Press - FinancialContent
918 919		Penticton Herald - FinancialContent The Post and Mail - FinancialContent
920	20-Feb-19 Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Spoke - FinancialContent
921 922		The Ridgway Record - FinancialContent Investor Place - Financialcontent.com
923	20-Feb-19 Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	The Buffalo News - FinancialContent
924 925	20-Feb-19 Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Azcentral.com - FinancialContent Synacor - FinancialContent
926 927		MyMotherLode.com- FinancialContent Tamar Securities - FinancialContent
928	20-Feb-19 Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	The Lethbridge Herald - FinancialContent
929	20-Feb-19 Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Workboat Indexes - FinancialContent

930 931				
	20-Feb-19 20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe Combining morning exercise with short walking breaks helps control blood pressure in older overwe		The Saline Courier - FinancialContent Times Record - FinancialContent
932	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe	ight/obese adults, especially in women	Great American Financial Resources- FinancialContent
933 934	20-Feb-19 20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe Combining morning exercise with short walking breaks helps control blood pressure in older overwe		Starkville Daily News - FinancialContent
935	20-Feb-19 20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe		The Punxsutawney Spirit - FinancialContent The Decatur Daily Democrat - FinancialContent
936	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe		The Sweetwater Reporter - FinancialContent
937 938	20-Feb-19 20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe Combining morning exercise with short walking breaks helps control blood pressure in older overwe		BPAS - FinancialContent The Decatur Daily Democrat - FinancialContent
939	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe	ight/obese adults, especially in women	Sweetwater Reporter - FinancialContent
940 941	20-Feb-19 20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe Combining morning exercise with short walking breaks helps control blood pressure in older overwe		Minyanville - FinancialContent The Inyo Register - FinancialContent
942	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe		Pittsburgh Post-Gazette - FinancialContent
943 944	20-Feb-19 20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe Combining morning exercise with short walking breaks helps control blood pressure in older overwe		The Antlers American - FinancialContent
944	20-Feb-19 20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwee Combining morning exercise with short walking breaks helps control blood pressure in older overwee		My Central Oregon - FinancialContent The Valley City Times Record - FinancialContent
946	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe	ight/obese adults, especially in women	Winslow Evans Crocker - FinancialContent
947 948	20-Feb-19 20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe Combining morning exercise with short walking breaks helps control blood pressure in older overwe		Newsok - FinancialContent The Pilot News - FinancialContent
949	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe	ight/obese adults, especially in women	Star Tribune - FinancialContent
950 951	20-Feb-19 20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe Combining morning exercise with short walking breaks helps control blood pressure in older overwe		The Kane Republican - FinancialContent Morning News - FinancialContent
952	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe		The Post and Mail - FinancialContent
953 954	20-Feb-19 20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe		StreetInsider - FinancialContent
955	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe Combining morning exercise with short walking breaks helps control blood pressure in older overwe		Renewable Energy World - FinancialContent Cabling - FinancialContent
956	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe		Long Beach Press-Telegram - FinancialContent
957 958	20-Feb-19 20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe Combining morning exercise with short walking breaks helps control blood pressure in older overwe		Concordmonitor - FinancialContent The Poteau Daily News - FinancialContent
959	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe	ight/obese adults, especially in women	Borger News Herald - FinancialContent
960 961	20-Feb-19 20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe Combining morning exercise with short walking breaks helps control blood pressure in older overwe		Wapakoneta Daily News - FinancialContent Dow Theory Letters - Financial Content
962	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe		Boston Herald - FinancialContent
963 964	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe		Borger News Herald Malvern Daily Record - FinancialContent
964 965	20-Feb-19 20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe Combining morning exercise with short walking breaks helps control blood pressure in older overwe		Malvern Daily Record - FinancialContent Big Spring Herald - FinancialContent
966	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe	ight/obese adults, especially in women	Fat Pitch Financials - FinancialContent
967 968		Combining morning exercise with short walking breaks helps control blood pressure in older overwe Combining morning exercise with short walking breaks helps control blood pressure in older overwe		International Business Times - FinancialContent The Community Post - FinancialContent
969	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe	ight/obese adults, especially in women	Electric Light & Power - Market - FinancialContent
970 971	20-Feb-19 20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe Combining morning exercise with short walking breaks helps control blood pressure in older overwe		Oil & Gas Journal - FinancialContent WRAL - FinancialContent
972	20-Feb-19 20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe	ight/obese adults, especially in women	RICentral - FinancialContent
973	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe		The Statesman Examiner - FinancialContent
974 975	20-Feb-19 20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe Combining morning exercise with short walking breaks helps control blood pressure in older overwe		Silicon Investor - FinancialContent SM Daily Press - Financial Content
976	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe	ight/obese adults, especially in women	The Punxsutawney Spirit - FinancialContent
977 978	20-Feb-19 20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe Combining morning exercise with short walking breaks helps control blood pressure in older overwe		The Evening Leader - FinancialContent The Daily Times Leader - FinancialContent
979	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe	ight/obese adults, especially in women	Poteau Daily News - FinancialContent
980 981	20-Feb-19 20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe Combining morning exercise with short walking breaks helps control blood pressure in older overwe		BOSW - Market - FinancialContent Medicine Hat News - Financial Content
982	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe		Chronicle Journal - FinancialContent
983 984	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe		The Pilot News - FinancialContent
985	20-Feb-19 20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe Combining morning exercise with short walking breaks helps control blood pressure in older overwe		1st Discount Brokerage - FinancialContent 740 KVOR - FinancialContent
986	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe		Value Investing News - FinancialContent
987 988	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overwe Early morning exercise the key to better brain health for Baby Boomers: Study	ight/obese adults, especially in women	Targeted News Service Starts at 60
989	21-Jan-19	6PR 882 News Talk at January 21st 2019 3:00 AM		6PR 882 News Talk
990 991		ABC NewsRadio at January 19th 2019 1:00 PM ABC NewsRadio at January 19th 2019 12:55 PM		ABC NewsRadio ABC NewsRadio
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995		Macquarie Sports Radio at January 17th 2019 11:00 PM		Macquarie Sports Radio
996	17-Jan-19	2CC Talking Canberra at January 17th 2019 11:00 PM		2CC Talking Canberra
997 998		FIVEaa at January 17th 2019 8:00 PM SBS World News		FIVEaa SBS One
999		Radio News		2GB Radio
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1082 1083	1-Nov-18 The truth behind the standing-up-at-work movement 18-Oct-18 Sit-stand office desks appear to boost performance, psychological health - Medical Brief	IN THE BLACK MedicalBrief
1084	20-Sep-18 Waarom zitten het nieuwe roken is	Men's Health
1085 1086	20-Sep-18 Tired in the afternoon? Ways to beat that slump 7-Aug-18 Oliver Peterson	ABC Life 6PR 882 News Talk
1087 1088	6-Aug-18 Standing desks 'are good value for money', study finds 6-Aug-18 ABC Central Coast NSW at August 6th 2018 6:18 PM	MSN Singapore ABC Central Coast NSW
1089 1090	6-Aug-18 Richard Glover 6-Aug-18 Standing desks 'good value for money', study finds	702 ABC Sydney F3News
1091 1092	6-Aug-18 Standing desks may be key to reducing obesity rates across Australia 6-Aug-18 Standing desks may be key to reducing obesity rates across Australia	MSN - Australia MSN - Australia
1093	6-Aug-18 ABC Kimberley at August 6th 2018 8:27 AM	ABC Kimberley
1094 1095	6-Aug-18 ABC South West WA at August 6th 2018 8:26 AM 6-Aug-18 ABC Great Southern WA at August 6th 2018 8:26 AM	ABC South West WA ABC Great Southern WA
1096 1097	6-Aug-18 / 220 ABC Perth at August 6th 2018 8:25 AM 6-Aug-18 / ABC Goldfields at August 6th 2018 8:25 AM	720 ABC Perth ABC Goldfields
1098 1099	6-Aug-18 ABC Mid West and Wheatbelt AM at August 6th 2018 8:24 AM 6-Aug-18 ABC Alice Springs at August 6th 2018 8:28 AM	ABC Mid West and Wheatbelt AM ABC Alice Springs
1100 1101	6-Aug-18 ABC North and West SA at August 6th 2018 8:26 AM 6-Aug-18 ABC South East SA at August 6th 2018 8:26 AM	ABC North and West SA ABC South East SA
1102 1103	6-Aug-18 ABC Riverland AM at August 6th 2018 8:25 AM 6-Aug-18 891 ABC Adelaide at August 6th 2018 8:25 AM	ABC Riverland AM 891 ABC Adelaide
1104	6-Aug-18 ABC Broken Hill AM at August 6th 2018 8:24 AM	ABC Broken Hill AM
1105 1106	6-Aug-18 ABC Northern Tasmania at August 6th 2018 8:29 AM 6-Aug-18 ABC Gippsland at August 6th 2018 8:28 AM	ABC Northern Tasmania ABC Gippsland
1107 1108	6-Aug-18 ABC Far North Queensland at August 6th 2018 8:28 AM 6-Aug-18 ABC New England North West AM at August 6th 2018 8:28 AM	ABC Far North Queensland ABC New England North West AM
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1109 1110	6-Aug-18 ABC Mid North Coast NSW Radio at August 6th 2018 8:28 AM 6-Aug-18 ABC North West Queensland at August 6th 2018 8:27 AM	ABC Mid North Coast NSW Radio
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1164	6-Aug-18	AM - Sabra Lane	ABC Western Plains
1165 1166		AM - Sabra Lane AM - Sabra Lane	ABC Goldfields ABC Ballarat FM
1167 1168	6-Aug-18	AM - Sabra Lane AM - Sabra Lane	ABC Mid North Coast NSW Radio ABC Illawarra
1169	6-Aug-18	AM - Sabra Lane	666 ABC Canberra
1170 1171		AM - Sabra Lane AM - Sabra Lane	ABC Mid West and Wheatbelt AM ABC Goulburn Murray
1172 1173		AM - Sabra Lane AM - Sabra Lane	ABC Riverland AM ABC South East SA
1174 1175	6-Aug-18	AM - Sabra Lane AM - Sabra Lane	ABC Western Queensland ABC Broken Hill AM
1176	6-Aug-18	AM - Sabra Lane	720 ABC Perth
1177 1178		AM - Sabra Lane AM - Sabra Lane	ABC West Coast SA AM ABC Alice Springs
1179 1180		AM - Sabra Lane AM - Sabra Lane	ABC Gippsland ABC Wide Bay
1181	6-Aug-18	AM - Sabra Lane AM - Sabra Lane	ABC Northern Tasmania
1182 1183	6-Aug-18	AM - Sabra Lane	ABC Esperance ABC South West Victoria AM
1184 1185		AM - Sabra Lane AM - Sabra Lane	ABC Sunshine Coast FM ABC Upper Hunter AM
1186 1187		AM - Sabra Lane AM - Sabra Lane	ABC North West WA ABC Riverina FM
1188 1189	6-Aug-18	AM - Sabra Lane	ABC North and West SA 3AW 693 News Talk
1190	6-Aug-18	Ross and John ABC North and West SA at August 6th 2018 6:15 AM	ABC North and West SA
1191 1192		ABC West Coast SA AM at August 6th 2018 6:15 AM ABC Riverland AM at August 6th 2018 6:15 AM	ABC West Coast SA AM ABC Riverland AM
1193 1194	6-Aug-18	ABC Alice Springs at August 6th 2018 6:14 AM AM with Sabra Lane	ABC Alice Springs 105.7 ABC Darwin
1195	6-Aug-18	ABC Broken Hill AM at August 6th 2018 6:13 AM	ABC Broken Hill AM
1196 1197	6-Aug-18	ABC South East SA at August 6th 2018 6:11 AM ABC North and West SA at August 6th 2018 6:10 AM	ABC South East SA ABC North and West SA
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1202	6-Aug-18	ABC Southern Queensland at August 6th 2018 6:15 AM	ABC Southern Queensland
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1209	6-Aug-18	ABC Upper Hunter AM at August 6th 2018 6:14 AM	ABC Upper Hunter AM
1210 1211	6-Aug-18	ABC Illawarra at August 6th 2018 6:13 AM Early AM	ABC Illawarra 612 ABC Brisbane
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1001			5011
1281 1282		Were our grandparents really healthier than us? Waarom zitten het nieuwe roken is	F3News Men's Health
		ACU Experts Lead Global Exercise and Sport Science Conference	Targeted News Service
		ACU experts lead global exercise and sport science conference Exercise is the magic potion for healthy ageing – Have a Go News	Public Now (AU) Have a Go News
		Sitting Down All Day is Bad for Your Brain WHY YOU SHOULD STAND AT WORK FOR TWO HOURS A DAY	Freedom and Safety Rural Messenger
1288 2	27-Sep-17	Moving for 30 minutes a day could prevent one in 12 deaths	Stuff.co.nz - Life & Style
		Moving for 30 minutes a day could prevent one in 12 deaths - The World News Radio 2ST at September 23rd 2017 12:00 AM	The World News Radio 2ST
1291 2		2CC Talking Canberra at September 23rd 2017 12:00 AM	2CC Talking Canberra
		2EC East Coast Radio at September 23rd 2017 12:00 AM 4CA 846 AM at September 22nd 2017 7:10 PM	2EC East Coast Radio 4CA 846 AM
			4CC 7BU 558 AM
1296 2	22-Sep-17	7BU 558 AM at September 22nd 2017 5:03 PM Radio 7SD 540AM at September 22nd 2017 5:00 PM	Radio 7SD 540AM
		Sea FM 107.7 at September 22nd 2017 5:00 PM 89.3 LAFM at September 22nd 2017 5:00 PM	Sea FM 107.7 89.3 LAFM
1299 2	22-Sep-17	Chilli 99.7 FM at September 22nd 2017 5:00 PM	Chilli 99.7 FM
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		Sea FM 101.7 at September 22nd 2017 5:00 PM 7HO FM at September 22nd 2017 5:00 PM	Sea FM 101.7 7HO FM
1304 2		7AD 900AM at September 22nd 2017 5:00 PM	7AD 900AM
		48U classic hits 1332AM at September 22nd 2017 4:05 PM Radio News	4BU classic hits 1332AM 4BC 1116 News Talk
1307 2	22-Sep-17	89.3 LAFM at September 22nd 2017 1:05 PM	89.3 LAFM
		7HO FM at September 22nd 2017 1:00 PM Radio 7SD 540AM at September 22nd 2017 1:00 PM	7HO FM Radio 7SD 540AM
		48C 1116 News Talk at September 22nd 2017 12:05 PM 78U 558 AM at September 22nd 2017 10:10 AM	4BC 1116 News Talk 7BU 558 AM
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1315 2	22-Sep-17	7HO FM at September 22nd 2017 10:00 AM	7HO FM
		SCC at September 22nd 2017 7:30 AM Magic 89.9 at September 22nd 2017 7:30 AM	5CC Magic 89.9
1318 2	22-Sep-17	River 1467 at September 22nd 2017 7:42 AM	River 1467
1320 2	22-Sep-17		5CC Magic 93.1
		5AU Classic Hits at September 22nd 2017 7:00 AM 5RM at September 22nd 2017 7:00 AM	5AU Classic Hits 5RM
1323 2	22-Sep-17	Power FM 98.7 at September 22nd 2017 7:00 AM	Power FM 98.7
		5CS Classic Hits at September 22nd 2017 7:00 AM Magic 105.9 at September 22nd 2017 7:00 AM	5CS Classic Hits Magic 105.9
1326 2	22-Sep-17	Magic 89.9 at September 22nd 2017 7:00 AM	Magic 89.9
		Radio News Radio News	FIVEaa FIVEaa
		River 1467 at September 22nd 2017 5:00 AM 3AW 693 News Talk at September 22nd 2017 5:00 AM	River 1467 3AW 693 News Talk
1331 2	22-Sep-17	3BA FM at September 22nd 2017 5:00 AM	3BA FM
		「座り過ぎ」は脳に悪影響を与えるのか? Ross and John	ライブドアニュース 3AW 693 News Talk
1334	28-Jul-17	Could too much sitting be bad for our brains?	OIA NEWS
		Could too much sitting be bad for our brains? Could too much sitting be bad for our brains?	The News Minute The Conversation Canada
			Viw Magazine Australia
1339 2	26-May-17	48C 1116 News Talk at May 26th 2017 3:00 PM	Viw 4BC 1116 News Talk
		48C 1116 News Talk at May 26th 2017 8:30 AM FIVEaa at May 26th 2017 8:00 AM	4BC 1116 News Talk FIVEaa
1342 2	26-May-17	3AW 693 News Talk at May 26th 2017 7:40 AM	3AW 693 News Talk
		A nation of couch potatoes: More than half the population hasn't exercised in three months 2UE 954 News Talk at January 23rd 2017 1:15 PM	3AW 2UE 954 News Talk
			2UE 954 News Talk
		How Sitting For Long Periods Is Killing You and Sabotaging Your Health How Sitting For Long Periods Is Killing You & Sabotaging Your Health	Before It's News True Viral News
		Sitting at Your Desk All Day Can Be a Killer Nicole Wiesenthal: Why I exercise 2 minutes every 20 minutes	HighBeam Research TCPalm.com
1350	3-Jul-16	Apps to keep your health in check	Business First Magazine
		Don't Take A Seat – Why Sitting Is The New Smoking Type 2 Diabetes: "Stand Up, Sit Less, Move More, More Often" For Better Glucose Control	Men - Style.com MedicalResearch.com
		Ten hours of sitting in a day can cause diabetes Get up, stand up: evidence on sedentary working shows employees need to get moving	Business Today Personnel Today
1355	1-Apr-16	Diabetes Link to Sitting Due to Obesity and Inactivity	Newsmax
		Diabetes link to sitting largely due to obesity and lack of exercise Diabetes link to sitting largely due to obesity and lack of exercise	DailyNews724 Fox News
1358 3	81-Mar-16	Diabetes link to sitting largely due to obesity and lack of exercise	Pakistan Headlines
1360 3		Diabetes link to sitting largely due to obesity and lack of exercise Diabetes link to sitting largely due to obesity and lack of exercise	A Breaking News LocalNews7.com
		Too much sitting increases diabetes risk - Study Diabetes link to sitting largely due to obesity and lack of exercise	Ghana Web Asia One
1363 3	31-Mar-16	Too much sitting increases Diabetes risk- Study	Citizen TV
		Diabetes link to sitting largely due to obesity and lack of exercise Diabetes link to sitting largely due to obesity and lack of exercise	Yahoo! News Mo4ch News
1366 3	31-Mar-16	Diabetes link to sitting largely due to obesity and lack of exercise Diabetes link to sitting largely due to obesity and lack of exercise	Yahoo! Canada Sports Channel News Asia
1368 3	31-Mar-16	Diabetes link to sitting largely due to obesity and lack of exercise	Reuters US News
		Diabetes link to sitting largely due to obesity and lack of exercise Reuters Diabetes link to sitting largely due to obesity and lack of exercise	Reuters India AM 650 WNMT Northern Minnesota Talk
1371 3	81-Mar-16	Diabetes link to sitting largely due to obesity and lack of exercise	100.7 MIX-FM
		Diabetes link to sitting largely due to obesity and lack of exercise Diabetes link to sitting largely due to obesity and lack of exercise	93.9 WTBX Reuters UK
1374 3	81-Mar-16	Diabetes link to sitting largely due to obesity and lack of exercise Diabetes link to sitting largely due to obesity and lack of exercise	99.9 Radio USA Reuters Africa
1376 3	81-Mar-16	Diabetes link to sitting largely due to obesity and lack of exercise	Lycos News
		Je stoel probeert je te vermoorden NEW CAMPAIGN SLAMS INACTIVITY AT THE OFFICE	Men's Health Business News Australia
1379	2-Mar-16	研究称轻度行走能提神 每半小时走几步有益健康	《澳大利亚时报》、澳奇新闻
1381		Light-intensity walk, every 30 minutes could increase energy levels, study finds Light-intensity walk, every 30 minutes could increase energy levels	Stuff.co.nz - Life & Style Rouse Hill News
		Light-intensity walk, every 30 minutes could increase energy levels Light-intensity walk, every 30 minutes could increase energy levels, study finds	Penrith City Gazette Penrith City Gazette
1384	2-Mar-16	Office workers encouraged to Rise & Recharge to reduce fatigue	Viw Magazine Australia
		Office workers encouraged to Rise & Recharge to reduce fatigue Light-intensity walk, each 30 mins could boost appetite levels, investigate finds	Viw Times of News Australia
1387	9-Feb-16	Two Studies Confirm the Role of Exercise in Blood Sugar Control	Diabetes Health Pharmacist
		Healthy workplaces produce employees who work smarter – and longer Healthy workplaces produce employees who work smarter – and longer	Sustainable Business - The Guardian The Guardian
1390	21-Jan-16	Content from this publisher is not available in this country Students now standing up to learn	Unknown
1392 1	16-Nov-15	Ben jij een couchpotato?	Impact Lab Men's Health
		Can sitting really kill you? Maybe not if you get enough exercise. Can sitting really kill you? Maybe not if you get enough exercise	The Glow ABC Radio Australia News
1395 1	11-0ct-15	Content removed at the request of the publisher	Body+Soul (Licensed by Copyright Agency)
		Excessive sitting at work and at home: Correlates of occupational sitting and TV viewing time in working adults Ergotron's WorkFit-T Simplifies Sit-Stand Office Routines	Bio Med Central Asiaprnews -Asia Press Release News

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1515 1516		BioSpace.com Daily Herald
1517	26-Aug-13 Spend time on your feet each day to stretch your life	Daily Local News
1518 1519		Daily Local News Australian Healthcare & Hospitals Association
1520		elEconomista.es
1521		Brooks Bulletin
1522 1523		Chicago Tribune Winnipeg Free Press
1524	12-Aug-13 Standing orders	CommonWealth Magazine
1525 1526		Winnipeg Free Press South China Morning Post
1527	12-Aug-13 Stand-up desks: fad or future?	HRM Online
1528 1529		Business Insider Bullfax.com - The Blog
1529		South China Morning Post
1531		Outside The Beltway
1532 1533		The Economist The Denver Post
1534	29-Jul-13 Sitting all day threatens health	Northwest Arkansas Online
1535 1536		ArkansasOnline.com StarTribune.com
1537		Oman Tribune
1538 1539		Kazinform
1539		The Wichita Eagle and Kansas.com Wichita Eagle
1541	23-Jul-13 Standing up for a longer life span	The Japan Times
1542 1543		Tampa Bay Times The Killeen Daily Herald
1544	21-Jul-13 Sitting all day may shorten your life	LehighValleyLive.com
1545 1546		HT Health
1546		The Journal Gazette The Journal Gazette
1548	18-Jul-13 Sitting all day may shorten your life	St. Louis Post-Dispatch (AP)
1549 1550		SouthCoastToday.com Red Bluff Daily News Online
1551	18-Jul-13 Spend time on your feet each day to stretch your life	New Haven Register
1552 1553		Brattleboro Reformer
1553 1554		IOL Lowell Sun Online
1555	17-Jul-13 Spend time on your feet each day to stretch your life	Sentinel & Enterprise
1556 1557		Sentinel & Enterprise The Evening Sun
1558	17-Jul-13 Spend time on your feet each day to stretch your life	Brattleboro Reformer
1559 1560		The Berkshire Eagle El Paso Times
1561		Los Angeles Daily News (AP)
1562	17-Jul-13 Spend time on your feet each day to stretch your life	Chico Enterprise Record
1563 1564		Whittier Daily News Contra Costa Times
1565	17-Jul-13 Spend time on your feet each day to stretch your life	East Bay Times
1566 1567		Marin Independent Journal (AP)
1568		The Register Citizen The Kingston Daily Freeman (AP)
1569	17-Jul-13 Spend time on your feet each day to stretch your life	The Troy Record (AP)
1570 1571		The Oakland Press The Mercury
1572		Bangor Daily News
1573 1574		Authint Mail
1575		The Washington Post Featured Articles From The Washington Post
1576		Essential Mums
1577 1578		The Southland Times Stuff.co.nz
1579	27-Jun-13 Workouts are no antidote to death by desk job	New Scientist
1580 1581	17-Jun-13 Putting Back Office Health First 21-May-13 Working While Standing Up Burns More Energy Medindia	Healthcare News Medindia
1582		Hindustan Times ePaper (Lucknow)
1583		Hindustan Times ePaper (New Delhi) Hindustan Times ePaper (Bhopal)
1584 1585		Hindustan Times ePaper (Bhopal) Hindustan Times ePaper (Indore)
1586		Hindustan Times - Entertainment
1587 1588		The Times Of India Zimbabwe Star
1589	15-May-13 Working while standing proves beneficial for health	Knoxville Times
1590 1591		Toronto Telegraph
1591		News Track India TruthDive
1593	15-May-13 Working while standing proves beneficial for health	Deccan Chronicle
1594 1595		India4u.com News.SmasHits.com
1596	15-May-13 Working while standing proves beneficial for health	Zee News
1597 1598		India Vision Net India123
1598		Webindia123.com
1600	15-May-13 Baker IDI Heart and Diabetes Institute study finds sitting risks heart disease - even if you exercise	Zimbabwe Star
1601 1602		Australian Healthcare & Hospitals Association International News
1603	14-May-13 Researchers Looking at Effects of Sitting for Longer Hours at Work	TopNews New Zealand
1604 1605		The Satellite Daily News
1606		The New Zealand Herald
1607	1-May-13 Stand Up for Health: Sitting Too Much Does Harm	American Diabetes Association
1608 1609		Lytham St Annes Express Burnley Express
1610	17-Mar-13 Turn on, tune in, drop dead?	Isle of Man Today
1611 1612		Fleetwood Weekly News Gainsborough Standard
1613	16-Mar-13 Turn on, tune in, drop dead?	Gainsborough Standard South Yorkshire Times
1614	15-Mar-13 Turn on, tune in, drop dead?	The North Yorkshire News
1615 1616		Hartlepool Mail The Shields Gazette
1617	15-Mar-13 Turn on, tune in, drop dead?	Sunderland Echo
1618 1619		Worksop Guardian
1619		The Scarborough News Mansfield and Ashfield Chad
1621	15-Mar-13 Turn on, tune in, drop dead?	Banbury Guardian
1622 1623		Malton & Pickering Mercury The Star
1624	15-Mar-13 Turn on, tune in, drop dead?	Goole Courier
1625 1626		Lynn News Bourne Local
1626		The Visitor
1628	14-Mar-13 Turn on, tune in, drop dead?	The Bucks Herald
1629 1630		Lancashire Evening Post Horncastle News
1631		Halifax Courier

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1632		Turn on, tune in, drop dead?	Batley & Birstall News
1633	14-Mar-13	Turn on, tune in, drop dead?	Harrogate Advertiser
1634	14-Mar-13	Turn on, tune in, drop dead?	Chorley Guardian
1635		Turn on, tune in, drop dead?	Washington Star
1636		Turn on, tune in, drop dead?	Hayling Islander
1637		Turn on, tune in, drop dead?	Northumberland Gazette
1638	14-Mar-13	Turn on, tune in, drop dead?	Pendle Today
1639	14-Mar-13	Turn on, tune in, drop dead?	Peterborough Telegraph
1640		Turn on, tune in, drop dead?	St Helens The Reporter
1641			
		Turn on, tune in, drop dead?	Retford Trader and Guardian
1642		Turn on, tune in, drop dead?	Morley Observer & Advertiser
1643	14-Mar-13	Sponsored By Turn on, tune in, drop dead?	Sheffield Telegraph
1644	14-Mar-13	Turn on, tune in, drop dead?	Dewsbury Reporter
1645		Turn on, tune in, drop dead?	Hemsworth and South Elmshall Express
1646		Turn on, tune in, drop dead?	
			Pontefract & Castleford Express
1647		Turn on, tune in, drop dead?	Wakefield Express
1648	14-Mar-13	Turn on, tune in, drop dead?	Driffield Post Times
1649	14-Mar-13	Turn on, tune in, drop dead?	Eastwood Advertiser
1650		Turn on, tune in, drop dead?	Yorkshire Post
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1652		Turn on, tune in, drop dead?	Northampton Chronicle & Echo
1653	10-Mar-13	Turn on, tune in, drop dead?	Hastings and St. Leonards Observer
1654		Turn on, tune in, drop dead?	Market Rasen Mail
1655		Turn on, tune in, drop dead?	Berwick Advertiser
1656		Turn on, tune in, drop dead?	Berwickshire News
1657	8-Mar-13	Turn on, tune in, drop dead?	Forfar Dispatch
1658		Turn on, tune in, drop dead?	Midlothian Advertiser
1659		Turn on, tune in, drop dead?	Clitheroe Advertiser and Times
1660		Turn on, tune in, drop dead?	Epworth Bells
1661		Turn on, tune in, drop dead?	Harborough Mail
1662	7-Mar-13	Turn on, tune in, drop dead?	Leamington Spa Courier
1663		Turn on, tune in, drop dead?	Hucknall Dispatch
1664		Turn on, tune in, drop dead?	Larne Times
1665	7-Mar-13	Turn on, tune in, drop dead?	Kenilworth Weekly News
1666	7-Mar-13	Turn on, tune in, drop dead?	Leigh Observer
1667		Turn on, tune in, drop dead?	Bedford Today
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		Turn on, tune in, drop dead?	News Guardian
1669	7-Mar-13	Turn on, tune in, drop dead?	Lakeland Echo
1670	7-Mar-13	Turn on, tune in, drop dead?	Yorkshire Evening Post
1671	7-Mar-13	Turn on, tune in, drop dead?	Lisburn Today
1672		Turn on, tune in, drop dead?	Portsmouth News
1673		Turn on, tune in, drop dead?	Sleaford Standard
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