

Media citations: Professor David Dunstan (23 Aug 2014–24 July 2024)

	Date	Title	Source
1	23-Jul-24	Are you sitting too lengthy on the workplace or at house? You might be vulnerable to	W 117 1 N
2	23-Jul-24	no less than two severe ailments / Some options for "homo sadens"	World Today News N1 info
		Istraživači otkrili "prag predugog sedenja" Dugo sedenje može da izazove brojne zdravstvene probleme: Šta govori primer iz	N I INIO
3	23-Jul-24	studije o vozačima i kondukterima?	Euronews.rs
4	23-Jul-24	Predugo sedenje povećava rizik od kardiovaskularnih bolesti	Blok vesti
5	23-Jul-24	Predugo sedenje povećava rizik od kardiovaskularnih bolesti	Danas.rs
6	23-Jul-24	Stai prea mult pe scaun la birou sau acasă? Riști cel puțin două boli foarte grave / Câteva soluții pentru "homo sadens"	G4Media.ro
7	23-Jul-24	Why You're Probably Sitting Too Long	News Net Daily
8	22-Jul-24	Why you are probably sitting down for too long	BBC - Future
9	13-Jul-24		POST Newspaper (Print version)
		Chronic Care	(Licensed by Copyright Agency) The Herald Sun (Licensed by
10	11-Jul-24	Everybody appearing at Latrobe Valley Magistrates' Court, Thursday, July 11	Copyright Agency)
11	6-Jul-24	I did the recommended amount of sitting, sleeping and walking – here's what	
		happened	The i Paper (inews.co.uk)
12	25-Jun-24	3AW Afternoons with Dee Dee Correction to: Temporal features of sitting, standing and stepping changes in a	3AW 693 News Talk
13	25-Jun-24	cluster-randomised controlled trial of a workplace sitting-reduction intervention	BioMed Central
14	21-Jun-24	A lipidomic based metabolic age score captures cardiometabolic risk independent of	The Leads
		chronological age	The Lancet Geelong Advertiser (Print version)
15	20-Jun-24	Active Geelong Workplace Showcase at WorkSafe	(Licensed by Copyright Agency)
16	14-Jun-24	Citizens Advises Electric Supply Center on its Pending Acquisition by NorthEast	Citizana Bard
17	13-Jun-24	Electrical, a Sonepar Company	Citizens Bank The New Zealand Herald
18	11-Jun-24	Exactly how many hours you should sleep, sit and stand to boost your heart health Exactly how many hours you should sleep, sit and stand to boost your heart health	newsexplorer.net
19	11-Jun-24	Exactly how many hours you should sleep, sit and stand to boost your heart health	Verified News Explorer Network
20	10-Jun-24	Exactly how many hours you should sleep, sit and stand to boost your heart health	AOL UK
21	10-Jun-24	Exactly how many hours you should sleep, sit and stand to boost your heart health	Yahoo! News UK
22	10-Jun-24	Content from this publisher is not available in this country	Unknown
23	10-Jun-24	Exactly how many hours you should sleep, sit and stand to boost your heart health	Yahoo! Lifestyle
24	10-Jun-24	Exactly how many hours you should sleep, sit and stand to boost your heart health	The Telegraph
25	10-Jun-24	Exactly how many hours you should sleep, sit and stand to boost your heart health	MSN UK
26 27	15-May-24 14-May-24	SBS Radio at May 14th 2024 6:39 PM	SBS Radio SBS Radio
28	14-May-24	SBS Radio at May 14th 2024 3:39 PM How living in the 'Goldilocks zone' may lead to better health	House Of Wellness
29	13-May-24	SBS Radio at May 13th 2024 1:39 PM	SBS Radio
30	9-May-24	ABC NewsRadio at May 9th 2024 5:35 PM	ABC NewsRadio
31	9-May-24	ABC NewsRadio at May 9th 2024 5:30 PM	ABC NewsRadio
32	9-May-24	World Today	720 ABC Perth
33	8-May-24	SBS Radio at May 8th 2024 9:25 PM	SBS Radio
34	6-May-24	Study Suggests Walking for Transport Weekly May Extend Lifespan in Some Older Adults	India Education
35	4-May-24	SBS Radio at May 4th 2024 12:34 PM	SBS Radio
36	3-May-24		SBS TV (Licensed by Copyright
	5a, 2-	Đi bộ có nhiều lợi ích dù chỉ cần đi một lần trong tuần	Agency) SBS TV (Licensed by Copyright
37	3-May-24	Đi bộ ít nhất một lần mỗi tuần có thực sự giúp sống thọ hơn?	Agency)
38	2-May-24		SBS TV (Licensed by Copyright
	,	新研究:毎周只需步行一次就能 对健康产生巨大好处	Agency)
39	2-May-24	Are our boots really made for walking? Study says yes	SBS TV (Licensed by Copyright Agency)
40	2-May-24	Walking for transport at least once a week may help some older people live longer	Medical Xpress
41	1-May-24	Ideal Daily Activity Rates For Optimal Health Revealed	The National Tribune
42	1-May-24	Ideal Daily Activity Rates For Optimal Health Revealed	Mirage.News
43	1-May-24	│ │【行路延壽?】新研究:每周交通步行一次 死亡率降約25%	SBS TV (Licensed by Copyright Agency)
44	1-May-24	Walk your week to better health	Australian Senior News
45	1-May-24	Weekly Walks May Extend Lifespan for Elderly, Study Finds	Mirage.News
46	1-May-24	How 'transport walking' could help some older adults live longer	Starts At 60
47	1-May-24	Walking for transport at least once a week may help some older people live longer:	
	-	Study Regular Wellia React Lagranity in Elderby Charles	The National Tribune
48	1-May-24	Regular Walks Boost Longevity in Elderly: Study	Mirage.News

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40	1 May 24	Walking for transport at least once a week may help some older people live longer:	Medianet (Licensed by Copyright
49	1-May-24	study Walking for transport at least once a week may help some older people live longer:	Agency)
50	1-May-24	study	Monash University
51	25-Apr-24	Associations of 24 h time-use compositions of sitting, standing, physical activity and sleeping with optimal cardiometabolic risk and glycaemic control: The Maastricht Study	Springer
52	2-Apr-24	شواہد موجود ہیں کہ درمیانے یا تیز ورزش اگر5 دن کی جائے تو بہتر نتائج حاصل ہوتے ہیں،زیادہ وقت بیٹھ کر کام کرتے گزاروگے تو صحت کو خطرات ہونگے	Daily Pakistan - روزنامہ پاکستان
53	28-Mar-24	La tension artérielle chute si vous êtes moins assis	Nouvelles Du Monde
54	28-Mar-24	La pressione sanguigna scende se si sta meno seduti	Salute
55	28-Mar-24	La pressione sanguigna scende se si sta meno seduti	La Provincia Pavese
56	28-Mar-24	La pressione sanguigna scende se si sta meno seduti	La Repubblica
57	28-Mar-24	La pressione sanguigna scende se si sta meno seduti	L'Huffington Post
58	28-Mar-24	La pressione sanguigna scende se si sta meno seduti	II Secolo XIX
59	14-Mar-24	774 ABC Melbourne at March 14th 2024 3:25 PM	774 ABC Melbourne
60	14-Mar-24	774 ABC Melbourne at March 14th 2024 3:22 PM	774 ABC Melbourne
61	14-Mar-24	774 ABC Melbourne at March 14th 2024 3:14 PM	774 ABC Melbourne
62	14-Mar-24	'Sit less': How to transition from a sedentary lifestyle to an active one	ABC Online (Licensed by Copyright Agency)
62	13-Feb-24	Cost-effectiveness of reducing children's sedentary time and increasing physical	, tgoney)
63		activity at school: the Transform-Us! intervention	BioMed Central
64	31-Jan-24	107.9 Hit FM at January 31st 2024 5:30 AM	107.9 Hit FM
65	16-Jan-24	ABC 1 Perth at January 16th 2024 10:00 AM	ABC 1 Perth
66	16-Jan-24	Media Watch	ABC 1 Darwin
67	16-Jan-24	Media Watch	ABC 1 Brisbane
68	16-Jan-24	Rage	ABC 1 Adelaide
69	16-Jan-24	Media Watch	ABC1 Melbourne
70	16-Jan-24	Media Watch	ABC Canberra
71	16-Jan-24	Media Watch	ABC Hobart
72	6-Jan-24	Walking for transport at least once a week may help some older people live longer: study	News.com.au (Licensed by Copyrigh Agency)
73	2-Jan-24	ABC North and West SA at January 2nd 2024 11:02 AM	ABC North and West SA
74	2-Jan-24	ABC West Coast SA AM at January 2nd 2024 11:00 AM	ABC West Coast SA AM
75	2-Jan-24	ABC Riverland AM at January 2nd 2024 11:00 AM	ABC Riverland AM
76	2-Jan-24	ABC South East SA at January 2nd 2024 11:00 AM	ABC South East SA
77	28-Dec-23	Beütött karácsonykor a kajakóma? Több tudományos magyarázat is van rá	telex.hu
78	22-Dec-23	HealthFeel sleepy after a big meal? Here's the science of food comas or 'postprandial somnolence'	ABC Online (Licensed by Copyright Agency)
79	20-Dec-23	Implementation and engagement of the SMART Work & Life sitting reduction intervention: an exploratory analysis on intervention effectiveness	BioMed Central
80	14-Dec-23		Diabetic Living (Print version)
	14-Dec-23	PLEASE REMAIN STANDING	(Licensed by Copyright Agency)
81	1-Dec-23	PLEASE REMAIN STANDING Participant and workplace champion experiences of an intervention designed to reduce sitting time in desk-based workers: SMART work & life	(Licensed by Copyright Agency) BioMed Central
		Participant and workplace champion experiences of an intervention designed to	
82	1-Dec-23	Participant and workplace champion experiences of an intervention designed to reduce sitting time in desk-based workers: SMART work & life	BioMed Central
82 83	1-Dec-23 13-Nov-23 13-Sep-23 13-Sep-23	Participant and workplace champion experiences of an intervention designed to reduce sitting time in desk-based workers: SMART work & life Health benefit of exercise depends on how long you sit	BioMed Central knowridge
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			Geelong Advertiser (Print version)
104	4-Aug-23	Standing up for staff health	(Licensed by Copyright Agency)
105	30-Jul-23	"Enciclopédia" do sedentarismo reforça importância do exercício físico	Poder360
106	29-Jul-23	Estudo com apoio de SP ressalta importância do movimento para a saúde	Gazeta da Semana
107	29-Jul-23	Estudo com apoio de SP ressalta importância do movimento para a saúde	Sala da Notícia
108	28-Jul-23	Estudo com apoio de SP ressalta importância do movimento para a saúde	Governo do Estado de São Paulo
109	27-Jul-23	Nova enciclopédia do comportamento sedentário reforça importância do movimento para a saúde	News SHD
110	26-Jul-23	ABC West Victoria AM at July 26th 2023 6:42 AM	ABC West Victoria AM
111	22-Jul-23	Nova 'enciclopédia' do comportamento sedentário reforça importância do movimento para a saúde	Revista Amazônia
112	22-Jul-23	Pesquisadores lançam nova 'enciclopédia' do comportamento sedentário	Abril.com
113	21-Jul-23	Nova 'enciclopédia' do sedentário reforça importância do movimento para saúde	Gizmodo Brasil
114	7-Jul-23	Neil Mitchell	3AW 693 News Talk
115 116	7-Jul-23 7-Jul-23	Gold Central Victoria at July 7th 2023 9:41 AM	Gold Central Victoria
117	7-Jul-23	Neil Mitchell Pivor 1467 at July 7th 2023 0:38 AM	3AW 693 News Talk River 1467
118	7-Jul-23	River 1467 at July 7th 2023 9:38 AM Gold Central Victoria at July 7th 2023 9:36 AM	Gold Central Victoria
		Cost-effectiveness analysis of sedentary behaviour interventions in offices to reduce	Gold Certifal Victoria
119	30-Jun-23	sitting time in Australian desk-based workers: A modelling study	PLOS Biology
120	17-Jun-23	7 lý do thuyết phục để đi dạo buổi tối	Soha
121	17-Jun-23	New 'encyclopedia' of sedentary behavior emphasizes importance of movement to health	EurekAlert!
122	8-Jun-23	Original articleNeighborhood socioeconomic status and cardiometabolic risk:	Ocionas Di
123	5-May-23	mediating roles of domain-specific physical activities and sedentary behaviors	Science Direct
123	17-Apr-23	7 lý do thuyết phục để đi dạo buổi tối Nights	VTV 3AW 693 News Talk
		Dairy Product Consumption and Incident Prediabetes in the Australian Diabetes,	JAVV USS INGWS TAIK
125	31-Mar-23	Obesity, and Lifestyle Study With 12 Years of Follow-Up Taipan Natriuretic Peptides Are Potent and Selective Agonists for the Natriuretic	Journal of Nutrition
126	30-Mar-23 14-Mar-23	Peptide Receptor A	MDPI
128	10-Mar-23	DO THIS [Eire Region] Watching too much TV is bad for your health	London Daily Mail The Irish News
129	8-Mar-23	Prediction of cardiovascular death and non-fatal cardiovascular events by the Kidney age—Chronological age Difference (KCD) score in men and women of different ages in a community-based cohort	The BMJ - British Medical Journal
130	7-Mar-23	Why leading scientists want the food colourant in BACON to be banned	InterNewsCast
131	7-Mar-23	Why leading scientists want the food colourant in BACON to be banned	Hot Fast News
132	7-Mar-23	Content from this publisher is not available in this country	Unknown
133	7-Mar-23	Why are leading scientists calling for food colourant in BACON to be banned?	London Daily Mail
134	7-Mar-23	DO THIS [Scot Region]	London Daily Mail
135 136	7-Mar-23 7-Mar-23	Do thisReduce the time you spend watching TV	The Mail+
136	7-Mar-23	Why leading scientists want the food colourant in BACON to be banned	Daily UK News
138	7-Mar-23	Content from this publisher is not available in this country Why leading scientists want the food colourant in BACON to be banned trends now	Unknown Mogaz News [EN]
139	7-Mar-23	Why leading scientists want the food colourant in BACON to be banned	Planet Circulate
140	7-Mar-23	Why leading scientists want the food colourant in BACON: Nitrites which give the meat its distinctive pink colour have been linked to higher risks of bowel cancer and diabetes	Daily Mail
141	3-Mar-23	News Bulletin	Smoothfm 95.3 Sydney
142	3-Mar-23	4BC 1116 News Talk at March 3rd 2023 3:00 PM	4BC 1116 News Talk
143	3-Mar-23	smoothfm 91.5 Melbourne at March 3rd 2023 4:00 PM	smoothfm 91.5 Melbourne
144	3-Mar-23	Drive	2NURFM
145	3-Mar-23	2GB Drive with Chris O'keefe	2GB Radio
146	3-Mar-23 3-Mar-23	NEWS BULLETIN	2UE
147	3-Mar-23 3-Mar-23	2WEB News Bulletins	2WEB - Outback Radio
148	3-Mar-23	NEWS BULLETIN NEWS BULLETIN	Eagle FM 93.5 2SNO Forever Classic 2GN
150	3-Mar-23	3AW Afternoons with Dee Dee	3AW 693 News Talk
151	3-Mar-23	Gold Central Victoria at March 3rd 2023 10:30 AM	Gold Central Victoria
152	3-Mar-23	River 1467 at March 3rd 2023 10:30 AM	River 1467
153	3-Mar-23	Neil Mitchell	3AW 693 News Talk
154	3-Mar-23	Neil Mitchell	3AW 693 News Talk
155	23-Feb-23	Increased Prolonged Sitting in Patients with Rheumatoid Arthritis during the COVID-19 Pandemic: A Within-Subjects, Accelerometer-Based Study	MDPI
156	24-Jan-23	アトピー性皮膚炎を治療するための微生物叢の操作。機能と治療法	Note
157	6-Jan-23	If You Have Type 2 Diabetes, Don't Spend Too Much Time Watching TV: Here's	
		Why	Nation World News

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158	6-Jan-23	Si tienes diabetes tipo 2, no pases demasiado tiempo viendo la tele: este es el motivo	MSN - Noticias
159	16-Dec-22	Θέλετε να αποφύγετε τον σωματικό πόνο; Μειώστε την τηλεόραση	Daypress.gr
160	14-Dec-22	Pourquoi ne pas regarder la télévision plusieurs heures par jour : voici les risques	News Day FR
161	14-Dec-22	aquí están los riesgos – .	Peru ES Euro News
162	14-Dec-22	Why you shouldn't watch TV for many hours a day: these are the risks	Code List
163	14-Dec-22	Why you shouldn't watch TV for many hours a day: these are the risks	Chile Detail Zero
164	14-Dec-22	Θέλετε να αποφύγετε τον σωματικό πόνο; Μειώστε την τηλεόραση	newsexplorer.net
165	14-Dec-22	Θέλετε να αποφύγετε τον σωματικό πόνο; Μειώστε την τηλεόραση	Vietnam Explorer News Channel
166	14-Dec-22	Θέλετε να αποφύγετε τον σωματικό πόνο; Μειώστε την τηλεόραση	Daily News
167	14-Dec-22	Θέλετε να αποφύγετε τον σωματικό πόνο; Μειώστε την τηλεόραση	Onmed.gr
168	14-Dec-22	Θέλετε να αποφύγετε τον σωματικό πόνο; Μειώστε την τηλεόραση	MSN GR
169	13-Dec-22	Longer TV time linked to stronger bodily pain	knowridge
170	13-Dec-22	The More TV You Watch, the More Bodily Pain You Have Over Time	Neuroscience News
171	13-Dec-22	The more TV you watch, the more bodily pain you have over time: Study	Medical Xpress
172	13-Dec-22	The more TV you watch, the more bodily pain you have over time: Study	PublicNewsTime
173	10-Dec-22 10-Dec-22	Nine Bunbury at December 10th 2022 6:45 PM	Nine Bunbury
174	10-Dec-22	Nine Mackay at December 10th 2022 6:35 PM	Nine Mackay
176	10-Dec-22	Nine Cairns at December 10th 2022 6:35 PM	Nine Cairns
177	10-Dec-22	Nine Toowoomba at December 10th 2022 6:35 PM Nine Wide Bay at December 10th 2022 6:35 PM	Nine Toowoomba Nine Wide Bay
178	10-Dec-22	Nine Central Queensland at December 10th 2022 6:35 PM	Nine Central Queensland
179	10-Dec-22	Nine Townsville at December 10th 2022 6:35 PM	Nine Townsville
180	10-Dec-22	Nine Sunshine Coast at December 10th 2022 6:35 PM	Nine Sunshine Coast
181	10-Dec-22	Nine Gold Coast at December 10th 2022 6:35 PM	Nine Gold Coast
182	10-Dec-22	Ten Sunshine Coast at December 10th 2022 6:35 PM	Ten Sunshine Coast
183	10-Dec-22	NBN Gold Coast at December 10th 2022 6:26 PM	NBN Gold Coast
184	10-Dec-22	Nine News	Nine Adelaide
185	10-Dec-22	Nine Mount Gambier at December 10th 2022 6:35 PM	Nine Mount Gambier
186	10-Dec-22	Nine Renmark at December 10th 2022 6:35 PM	Nine Renmark
187	10-Dec-22	Nine News	Nine Riverina
188	10-Dec-22	Nine News Saturday	Nine Sydney
189	10-Dec-22	Nine News Saturday	Nine Orange
190	10-Dec-22	Nine News: First at Five	Nine Darwin
191	10-Dec-22	NBN TV - Port Macquarie News	NBN Port Macquarie
192	10-Dec-22	NBN TV - Newcastle News	NBN Newcastle
193	10-Dec-22	Nine News: First at Five	Nine Orange
194	10-Dec-22 10-Dec-22	Fernsehen ist so ein Schmerz	Nachrichten Welt
195 196	10-Dec-22	TV builds up pain	Geelong Advertiser (Print version)
197	10-Dec-22	Couch addicts binge on pain	The Herald Sun (Print version) The National Tribune
198	10-Dec-22	Watching TV is such pain Watching TV is such pain	Mirage News
		Waterling TV is such pain	NT News (Licensed by Copyright
199	10-Dec-22	Surprise link between TV and ageing revealed	Agency)
200	10-Dec-22	Surprise link between TV and ageing revealed	The Mercury (Licensed by Copyright Agency)
204	10 Dec 00	Carphico link between 1 v and ageing revealed	The Daily Telegraph (Licensed by
201	10-Dec-22	Surprise link between TV and ageing revealed	Copyright Agency)
202	10-Dec-22	Surprise link between TV and ageing revealed	Geelong Advertiser (Licensed by Copyright Agency)
203	10-Dec-22	Carphico link between 1 v and ageing revealed	The Toowoomba Chronicle (Licensed
203	10-Dec-22	Surprise link between TV and ageing revealed	by Copyright Agency)
204	10-Dec-22	Surprise link between TV and ageing revealed	Cairns Post (Licensed by Copyright Agency)
205	10-Dec-22		The Advertiser (Licensed by Copyright
200	10-060-22	Surprise link between TV and ageing revealed	Agency)
206	10-Dec-22	Surprise link between TV and ageing revealed	The Courier-Mail (Licensed by Copyright Agency)
207	10-Dec-22	- and agoing forballou	Gold Coast Bulletin (Licensed by
		Surprise link between TV and ageing revealed	Copyright Agency)
208	10-Dec-22	Couch addicts binge on TV pain	The Cairns Post (Print version)
209	10-Dec-22	No comfort on the couch	The Courier-Mail (Print version)
210	10-Dec-22	Couch addicts left with a binge of pain	The Advertiser (Print version)
211	5-Nov-22	We know that sitting is bad for our health. It is time for lunge meetings?	News Azi Brisbane Times (Licensed by
212	5-Nov-22	We know that sitting is bad for our health. It is time for lunge meetings?	Copyright Agency)
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213	5-Nov-22	We know that sitting is bad for our health. It is time for lunge meetings?	Copyright Agency)
214	5-Nov-22	We know that sitting is bad for our health. It is time for lunge meetings?	The Sydney Morning Herald (Licensed by Copyright Agency)
215	5-Nov-22	We know that sitting is bad for our health. It is time for lunge meetings?	The Age (Licensed by Copyright Agency)
216	18-Oct-22	7 compelling reasons to take an evening walk	House Of Wellness
217	22-Sep-22	Development of an Android Mobile Application for Reducing Sitting Time and Increasing Walking Time in People with Type 2 Diabetes	MDPI
218	17-Sep-22	Is level of implementation linked with intervention outcomes? Process evaluation of the TransformUs intervention to increase children's physical activity and reduce sedentary behaviour	International Journal of Behavioral Nutrition and Physical Activity
219	12-Sep-22	Be upstanding, Doctor. It will do you good	Insight Plus
220	2-Sep-22	Machine Learning for Prediction of Cognitive Health in Adults Using Sociodemographic, Neighbourhood Environmental, and Lifestyle Factors	MDPI
221	19-Aug-22	Short is sharp when it comes to physical activity breaks	The Herald Sun (Print version)
222	19-Aug-22	Short is sharp when it comes to physical activity breaks	The Advertiser (Print version)
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224	19-Aug-22	Short is sharp when it comes to physical activity breaks	The Courier-Mail (Print version)
225	7-Jul-22	Intervention effects on children's movement behaviour accumulation as a result of the Transform-Us! school- and home-based cluster randomised controlled trial	International Journal of Behavioral Nutrition and Physical Activity
226	6-Jul-22	The Role of Human Milk Lipids and Lipid Metabolites in Protecting the Infant against Non-Communicable Disease	MDPI
227	2-Jun-22	Manipulating Microbiota to Treat Atopic Dermatitis: Functions and Therapies	MDPI
228	27-May-22	3AW 693 News Talk at May 27th 2022 8:20 AM	3AW 693 News Talk
229	27-May-22	3AW 693 News Talk at May 27th 2022 8:10 AM	3AW 693 News Talk
230	2-May-22	Higher Consumption of Fruit and Vegetables Is Associated With Lower Worries, Tension and Lack of Joy Across the Lifespan	Frontiers
231	21-Mar-22	Associations of specific types of fruit and vegetables with perceived stress in adults: the AusDiab study - European Journal of Nutrition	European Journal of Nutrition
232	20-Mar-22	Modelling the potential health and economic benefits of reducing population sitting time in Australia	International Journal of Behavioral Nutrition and Physical Activity
233	20-Mar-22	Television viewing time and all-cause mortality: interactions with BMI, physical activity, smoking, and dietary factors	International Journal of Behavioral Nutrition and Physical Activity
234	4-Feb-22	A problem of proportions: estimates of metabolic associated fatty liver disease and liver fibrosis in Australian adults in the nationwide 2012 AusDiab Study - Scientific Reports	Nature
235	29-Jan-22	Step up: Walking may reduce Type 2 diabetes risk for adults 65 and older	San Diego Community News Group
236	29-Jan-22	Step up: Walking may reduce Type 2 diabetes risk for adults 65 and older	La Jolla Today
237	25-Jan-22	Walking can decrease Type 2 diabetes risk among older adults.	VOCAL
238	23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research	NewKerala.com
239	23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research	Telangana Today
240	23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research	Calgary Monitor
241	23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research	Sydney Sun
242	23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research	The US News
243	23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research	DTNext
244	23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research	Webindia123.com
245	23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research	Bihar Times
246	23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research	rajasthankikhabar
247	23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research	UP Today
248	23-Jan-22 23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research	madhyapradeshchronicle
	23-Jan-22 23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research	Himachal Patrika
250 251	23-Jan-22 23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research	vanakkamtamilnadu
251	23-Jan-22 23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research	haryanatoday Guiarat Varta
253	23-Jan-22 23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research	Gujarat Varta
254	23-Jan-22 23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research	Odisha Post South India News
255	23-Jan-22 23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research Walking can decrease Type 2 diabetes risk among older adults: Research	
256	23-Jan-22 23-Jan-22	<u> </u>	Jharkhand Times bihar24x7
257	23-Jan-22 23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research Walking can decrease Type 2 diabetes risk among older adults: Research	Indian Economic Observer
258	23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research	Telanga Journal
259	23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research Walking can decrease Type 2 diabetes risk among older adults: Research	kashmirnewsline
260	23-Jan-22 23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research Walking can decrease Type 2 diabetes risk among older adults: Research	karnatakalive
261	23-Jan-22 23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research Walking can decrease Type 2 diabetes risk among older adults: Research	Kashmir Breaking News
262	23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research Walking can decrease Type 2 diabetes risk among older adults: Research	Delhi Live News
263	23-Jan-22 23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research Walking can decrease Type 2 diabetes risk among older adults: Research	LatestLY
264	23-Jan-22 23-Jan-22	<u> </u>	
	20-Jai1-22	Walking can decrease Type 2 diabetes risk among older adults: Research	Gujarat Samachar

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265	23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research	Devdiscourse
266	23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research	Northeast Times
267	23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research	punjablive
268	23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research	maharashtrasamachar
269	23-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research	Asian News International (ANI)
270	22-Jan-22	Walking may reduce risk of type 2 diabetes in older adults: study	NewsBeezer
271	22-Jan-22	Study finds walking may decrease risk of Type 2 diabetes among older adults	NewKerala.com
272	22-Jan-22	Studie zeigt, dass Gehen das Risiko für Typ-2-Diabetes bei älteren Erwachsenen verringern kann	Nachrichten Welt
273	22-Jan-22	Study finds walking may decrease risk of Type 2 diabetes among older adults	The Siasat Daily
274	21-Jan-22	Study finds walking may decrease risk of Type 2 diabetes among older adults	The US News
275	21-Jan-22	Study finds walking may decrease risk of Type 2 diabetes among older adults	Big News Network
276	21-Jan-22	Walking may decrease risk of Type 2 diabetes among older adults: Study	Dailyhunt
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278	21-Jan-22	Study finds walking may decrease risk of Type 2 diabetes among older adults	Calgary Monitor
279	21-Jan-22	Study finds walking may decrease risk of Type 2 diabetes among older adults	Sydney Sun
280	21-Jan-22	Study finds walking may decrease risk of Type 2 diabetes among older adults	Webindia123.com
204		Health News Study Finds Walking May Decrease Risk of Type 2 Diabetes Among	VV05IIIdid 120.00III
281	21-Jan-22	Older Adults LatestLY	LatestLY
282	21-Jan-22	Study finds walking may decrease risk of Type 2 diabetes among older adults	Mantras TV
283	21-Jan-22	Study finds walking may decrease risk of Type 2 diabetes among older adults	Devdiscourse
284	21-Jan-22	Study finds walking may decrease risk of Type 2 diabetes among older a	Dailyhunt
285	21-Jan-22	Study finds walking may decrease risk of Type 2 diabetes among older adults	Asian News International (ANI)
286	21-Jan-22	UC-San Diego: Step Up - Walking May Reduce Type 2 Diabetes Risk for Adults 65 and Older	Targeted News Service (Print Edition)
287	21-Jan-22		,
288	21-Jan-22	Step Up: Walking May Reduce Type 2 Diabetes Risk for Adults 65 and Older	Times of News - USA EurekAlert!
289	21-Jan-22	Step Up: walking may reduce Type 2 Diabetes risk for adults 65 and older Walking May Reduce Type 2 Diabetes Risk for Adults 65 and Older	
290	21-Jan-22	Step Up: Walking May Reduce Type 2 Diabetes Risk for Adults 65 and Older	Health News Digest UC San Diego News Center
291	21-Jan-22	Step Up: Walking May Reduce Type 2 Diabetes Risk for Adults 65 and Older	Newswise
292	18-Jan-22		大纪元新闻网
	10-5411-22	疫情两年来 世界糖尿病患者数量增加16% Projected New-Onset Cardiovascular Disease by Socioeconomic Group in Australia -	人
293	17-Jan-22	PharmacoEconomics	大 纪元新闻 网
294	11-Jan-22	Walking can decrease Type 2 diabetes risk among older adults: Research	Springer
295	7-Jan-22	Workplace neighbourhood built-environment attributes and sitting at work and for	
		transport among Japanese desk-based workers - Scientific Reports	Big News Network
296	3-Jan-22	ABC 1 Perth at January 3rd 2022 3:30 PM	Nature
297	3-Jan-22	ABC 1 Darwin at January 3rd 2022 3:30 PM	ABC 1 Perth
298	3-Jan-22 3-Jan-22	ABC 1 Brisbane at January 3rd 2022 3:30 PM	ABC 1 Perth
299 300	3-Jan-22 3-Jan-22	Planet America	ABC 1 Darwin
	3-Jan-22	ABC 1 Adelaide at January 3rd 2022 3:30 PM	ABC 1 Darwin
301	3-Jan-22	ABC 1 Sydney at January 3rd 2022 3:30 PM	ABC 1 Brisbane
303	3-Jan-22	ABC Canberra at January 3rd 2022 3:30 PM	ABC 1 Adalaida
304	3-Jan-22	ABC Hobart at January 3rd 2022 3:30 PM	ABC 1 Adelaide
305	23-Dec-21	Ask The Doctor	ABC 1 Adelaide ABC1 Melbourne
306	23-Dec-21 22-Dec-21	Diabetes Skyrockets Amid a Pandemic of Sitting	
		Diabetes Skyrockets Amid a Pandemic of Sitting Covid-19 saw us sitting longer – and diabetes rose globally by 16% in 2 years. Time to get	ABC Canberra
307	20-Dec-21	moving	ABC Hobart
308	13-Dec-21	Musculoskeletal pain and sedentary behaviour in occupational and non-occupational	
306	13-De0-21	settings: a systematic review with meta-analysis	ABC Hobart
309	9-Dec-21	Health Net 5 ways to control blood sugar by reducing sedentary time to increase your	ARC Cook area
		standing time Health Net" 5 ways to control blood sugar by reducing sedentary time to increase your	ABC Canberra
310	9-Dec-21	standing time	ABC 1 Sydney
244	0 Dec 04	Health Net 5 ways to control blood sugar by reducing sedentary time to increase your	, no I syancy
311	9-Dec-21	standing time	ABC 1 Sydney
312	9-Dec-21	Health Net" 5 ways to control blood sugar by reducing sedentary time to increase your	
		standing time	Blogs
313	8-Dec-21	Fitness watch: Diabetes has risen globally by 16% in the Covid years. Time to get moving	Scroll.in
314	8-Dec-21	Sitting around during Covid-19 has pushed up global diabetes prevalence by 16%	Blogs
315	8-Dec-21	Sitting around during Covid-19 has pushed up global diabetes prevalence by 16%	Blogs
316	8-Dec-21	Sitting around during Covid-19 has pushed up global diabetes prevalence by 16%	Scroll.in
~~-	8-Dec-21	Sitting around during Covid-19 has pushed up global diabetes prevalence by 16%	Blogs
317 318	8-Dec-21	Sitting round throughout Covid-19 has pushed up world diabetes prevalence by 16%	Blogs

319	8-Dec-21	Sitting around during Covid-19 has pushed up global diabetes prevalence by 16%	Blogs
320	8-Dec-21	Sitting around during Covid-19 has pushed up global diabetes prevalence by 16%	Blogs
321	8-Dec-21	Sitting around during Covid-19 has pushed up global diabetes prevalence by 16%	Blogs
322	8-Dec-21	Health Net 5 ways to control blood sugar by reducing sedentary time to increase your standing time	Blogs
323	7-Dec-21	720 ABC Perth at December 7th 2021 6:25 AM	720 ABC Perth
324	7-Dec-21	720 ABC Perth at December 7th 2021 6:20 AM	720 ABC Perth
325	6-Dec-21	COVID saw us sitting longer – and diabetes rose globally by 16% in 2 years. Time to get	
200	C Dec 04	moving	Evening Report
326	6-Dec-21	Health Care La pandemia de COVID ha provocado un aumento del 16% de los pacientes diabéticos en	News Karnataka
327	6-Dec-21	todo el mundo	Noti-Ultimas
328	6-Dec-21	COVID Pandemic, Long Sitting Hours Linked to Rise in Diabetes by 16% - The Quint	Blogs
329	6-Dec-21	Die COVID-Pandemie hat weltweit zu einem Anstieg der Zahl der Diabetiker um 16% geführt	Blogs
330	6-Dec-21	COVID Pandemic Has Led to an Increase in the Diabetic Patients by 16% Globally	Blogs
224	6-Dec-21	La pandémie de COVID a entraîné une augmentation du nombre de patients diabétiques de	
331	6-Dec-21	16% dans le monde	Nouvelles Du Monde
332	6-Dec-21	La pandémie de COVID a entraîné une augmentation du nombre de patients diabétiques de 16% dans le monde	Blogs
333	6-Dec-21	La pandemia de COVID ha provocado un aumento del 16% de los pacientes diabéticos en	
		todo el mundo	Blogs
334	6-Dec-21	The COVID pandemic has led to a 16% enhance in diabetic individuals globally	Blogs
335	6-Dec-21	COVID Pandemic Has Resulted in an Build up within the Diabetic Sufferers by means of 16% Globally	Blogs
336	6-Dec-21	COVID Pandemic Has Led to an Increase in the Diabetic Patients by 16% Globally	Blogs
337	6-Dec-21	COVID Pandemic, Long Sitting Hours Linked to Rise in Diabetes by 16%	Blogs
338	6-Dec-21	Die COVID-Pandemie hat weltweit zu einem Anstieg der Zahl der Diabetiker um 16% geführt	Nachrichten Welt
		Diabetes Rose Globally By 16 Percent During Pandemic: How To Manage The Risk -	reachinement were
339	6-Dec-21	SheThePeople	Blogs
340	6-Dec-21	MIL-Evening Report: COVID saw us sitting longer – and diabetes rose globally by 16% in 2 years. Time to get moving	Foreign Affairs.co.nz
341	6-Dec-21	COVID saw us sitting longer – and diabetes rose globally by 16% in 2 years	Mirage News
342	6-Dec-21	COVID saw us sitting longer – and diabetes rose globally by 16% in 2 years. Time to get moving	Yahoo News Australia
343	6-Dec-21	COVID saw us sitting longer – and diabetes rose globally by 16% in 2 years. Time to get moving	Blogs
344	4-Dec-21	Contrasting compositions of sitting, standing, stepping, and sleeping time: associations with	International Journal of Behavioral Nutrition and Physical Activity
345	14-Nov-21	glycaemic outcome by diabetes risk 2021 Journal of Diabetes	Sunnews
346	24-Oct-21	久坐等于自 杀!每天坐几个小时才合适 ?	
	24-061-21	入里等于日 杰!每人坐几十小时才百边 :	Posts Careerengine
347	2 0 0 1		
240	2-Oct-21	Inactive Lifestyles Lead to More Frequent, Severe Hot Flashes: Study	Blogs
348	2-Oct-21	Inactive Lifestyles Lead to More Frequent, Severe Hot Flashes: Study	WebMD
349	2-Oct-21 2-Oct-21	Inactive Lifestyles Lead to More Frequent, Severe Hot Flashes: Study Inactive Lifestyles Lead to More Frequent, Severe Hot Flashes: Study	WebMD Projin News
349 350	2-Oct-21 2-Oct-21 2-Oct-21	Inactive Lifestyles Lead to More Frequent, Severe Hot Flashes: Study Inactive Lifestyles Lead to More Frequent, Severe Hot Flashes: Study Inactive Lifestyles Lead to More Frequent, Severe Hot Flashes: Study	WebMD Projin News Blogs
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14-May-21	Southern Cross Hobart at May 14th 2021 4:35 PM	Southern Cross Hobart
14-May-21	Southern Cross Hobart at May 14th 2021 4:35 PM	Southern Cross Hobart
14-May-21	The Clown And The Candyman	Channel 7 Melbourne
14-May-21	Desk-bound with diabetes Mirage Information	The Health Press Daily
14-May-21	Desk-bound with diabetes	The National Tribune
14-May-21	Desk-bound with diabetes	Mirage News
14-May-21	3AW 693 News Talk at May 14th 2021 7:21 AM	3AW 693 News Talk
14-May-21	3AW 693 News Talk at May 14th 2021 7:18 AM	3AW 693 News Talk
27-Apr-21	Socio-economic differences in weight-control behaviours and barriers to weight control	Cambridge Core
3-Apr-21	ABC 1 Perth at April 3rd 2021 4:05 PM	ABC 1 Perth
3-Apr-21	ABC 1 Perth at April 3rd 2021 4:05 PM	ABC 1 Perth
3-Apr-21	ABC 1 Darwin at April 3rd 2021 4:05 PM	ABC 1 Darwin
3-Apr-21	ABC 1 Darwin at April 3rd 2021 4:05 PM	ABC 1 Darwin
3-Apr-21	ABC 1 Brisbane at April 3rd 2021 4:05 PM	ABC 1 Brisbane
3-Apr-21	Planet America	ABC 1 Brisbane
3-Apr-21	ABC 1 Adelaide at April 3rd 2021 4:05 PM	ABC 1 Adelaide
3-Apr-21	ABC 1 Adelaide at April 3rd 2021 4:05 PM	ABC 1 Adelaide
3-Apr-21	ABC Hobart at April 3rd 2021 4:05 PM	ABC Hobart
3-Apr-21	ABC Canberra at April 3rd 2021 4:05 PM	ABC Canberra
3-Apr-21	ABC Hobart at April 3rd 2021 4:05 PM	ABC Hobart
3-Apr-21	ABC Canberra at April 3rd 2021 4:05 PM	ABC Canberra
3-Anr. 21	ABC 1 Sydney at April 3rd 2021 4:05 PM	ABC 1 Sydney
3-Apr-21	ABC 1 Sydney at April 3rd 2021 4:05 PM	ABC 1 Sydney
3-Apr-21		ABC1 Melbourne
3-Apr-21 3-Apr-21		Springer
3-Apr-21 3-Apr-21 26-Mar-21	Your body loves exercise 'snacks' – even if they only last a minute	Stuff.co.nz
3-Apr-21 3-Apr-21 26-Mar-21 12-Jan-21	0.114.000.11	3AW 693 News Talk
3-Apr-21 3-Apr-21 26-Mar-21	3AW 693 News Talk at January 6th 2021 8:12 AM	Springer
3-Apr-21 3-Apr-21 26-Mar-21 12-Jan-21	3AW 693 News Talk at January 6th 2021 8:12 AM Impact of age at type 2 diabetes mellitus diagnosis on mortality and vascular complications: systematic review and meta-analyses	• •
3-Apr-21 3-Apr-21 26-Mar-21 12-Jan-21 6-Jan-21	Impact of age at type 2 diabetes mellitus diagnosis on mortality and vascular complications:	Multidisciplinary Digital Publishing Institute
3-Apr-21 3-Apr-21 26-Mar-21 12-Jan-21 6-Jan-21 14-Dec-20	Impact of age at type 2 diabetes mellitus diagnosis on mortality and vascular complications: systematic review and meta-analyses Rise and Recharge: Effects on Activity Outcomes of an e-Health Smartphone Intervention to	. , ,
3-Apr-21 3-Apr-21 26-Mar-21 12-Jan-21 6-Jan-21 14-Dec-20	Impact of age at type 2 diabetes mellitus diagnosis on mortality and vascular complications: systematic review and meta-analyses Rise and Recharge: Effects on Activity Outcomes of an e-Health Smartphone Intervention to Reduce Office Workers' Sitting Time	Institute
3-Apr-21 3-Apr-21 26-Mar-21 12-Jan-21 6-Jan-21 14-Dec-20 12-Dec-20 28-Nov-20	Impact of age at type 2 diabetes mellitus diagnosis on mortality and vascular complications: systematic review and meta-analyses Rise and Recharge: Effects on Activity Outcomes of an e-Health Smartphone Intervention to Reduce Office Workers' Sitting Time The official word on how much physical activity we need each day	Institute House Of Wellness
3-Apr-21 3-Apr-21 26-Mar-21 12-Jan-21 6-Jan-21 14-Dec-20 12-Dec-20 28-Nov-20 27-Nov-20	Impact of age at type 2 diabetes mellitus diagnosis on mortality and vascular complications: systematic review and meta-analyses Rise and Recharge: Effects on Activity Outcomes of an e-Health Smartphone Intervention to Reduce Office Workers' Sitting Time The official word on how much physical activity we need each day La OMS actualiza las pautas de actividad física por primera vez en una década – 3AW	Institute House Of Wellness Noti-Ultimas
3-Apr-21 3-Apr-21 26-Mar-21 12-Jan-21 6-Jan-21 14-Dec-20 12-Dec-20 28-Nov-20 27-Nov-20	Impact of age at type 2 diabetes mellitus diagnosis on mortality and vascular complications: systematic review and meta-analyses Rise and Recharge: Effects on Activity Outcomes of an e-Health Smartphone Intervention to Reduce Office Workers' Sitting Time The official word on how much physical activity we need each day La OMS actualiza las pautas de actividad física por primera vez en una década – 3AW WHO updates physical activity guidelines for the first time in a decade	Institute House Of Wellness Noti-Ultimas Player FM
	6-Mar-21	Sedentary behaviour and bone health in older adults: a systematic review 2-Jan-21 Your body loves exercise 'snacks' – even if they only last a minute Jan-21 3AW 693 News Talk at January 6th 2021 8:12 AM Impact of age at type 2 diabetes mellitus diagnosis on mortality and vascular complications: systematic review and meta-analyses

400	40 him 00		
429	12-Jun-20	Nowe wytyczne, jak uniknąć raka. Alkohol należy zredukować do zera	Zdrowie - Radio ZET
430	10-Jun-20	Więcej ruchu, mniej mięsa, zero alkoholu. Nowe wytyczne, jak uniknąć raka	Focus.pl
431	22-May-20	ABC North West Queensland at May 22nd 2020 9:28 AM	ABC North West Queensland
432	14-May-20	ABC Southern Queensland at May 14th 2020 10:46 AM	ABC Southern Queensland
433	14-May-20	ABC Southern Queensland at May 14th 2020 10:41 AM	ABC Southern Queensland
434	11-May-20	ABC Western Queensland at May 11th 2020 9:04 AM	ABC Western Queensland
435	8-May-20	Working from home is bad for your mental health unless you get up	The CEO Magazine
436	8-May-20	Hit 107 Adelaide at May 8th 2020 11:48 AM	Hit 107 Adelaide
437	8-May-20	Triple M Adelaide at May 8th 2020 11:05 AM	Triple M Adelaide
438	8-May-20	Study finds binge watching TV shows can lead to poor health	ABC NewsRadio
439	8-May-20	ABC NewsRadio at May 8th 2020 7:53 AM	ABC NewsRadio
440	8-May-20	Feeling down? Moody? Your sitting time may be the culprit	Stuff.co.nz - Life & Style
441	8-May-20	ABC NewsRadio at May 8th 2020 7:48 AM	ABC NewsRadio
442	8-May-20	3AW 693 News Talk at May 8th 2020 7:20 AM	3AW 693 News Talk
443	8-May-20	Heart 107.3 at May 8th 2020 6:32 AM	Heart 107.3
444	8-May-20	The Coff Coast's 105.5 Triple M at May 8th 2020 6:32 AM	The Coff Coast's 105.5 Triple M
445	8-May-20	The Mid North Coast's 106.7 Triple M at May 8th 2020 6:32 AM	The Mid North Coast's 106.7 Triple M
446	8-May-20	Triple M Riverina 1152 at May 8th 2020 6:32 AM	Triple M Riverina 1152
447	8-May-20	hit93.5 Dubbo at May 8th 2020 6:32 AM	hit93.5 Dubbo
448	8-May-20	The Border's 105.7 Triple M at May 8th 2020 6:31 AM	The Border's 105.7 Triple M
449	8-May-20	hit104.9 The Border at May 8th 2020 6:30 AM	hit104.9 The Border
450	8-May-20	102.3 Triple M at May 8th 2020 6:30 AM	102.3 Triple M
451	8-May-20	Hit 100.7 Darling Downs at May 8th 2020 6:30 AM	Hit 100.7 Darling Downs
452	8-May-20	Triple M 963 Riverina MIA at May 8th 2020 6:30 AM	Triple M 963 Riverina MIA
453	8-May-20	hit103.1 at May 8th 2020 6:30 AM	hit103.1
454	8-May-20	Triple M Darling Downs at May 8th 2020 6:30 AM	Triple M Darling Downs
455	8-May-20	Triple M 105.1 Central West at May 8th 2020 6:30 AM	Triple M 105.1 Central West
456	7-May-20	Short interruptions to sitting time can boost mental health	Mirage News
457	1-May-20	Combating physical inactivity during the COVID-19 pandemic	Nature
458	10-Mar-20	Steve Mills and Basil Zempilas	6PR 882 News Talk
459	5-Dec-19	Richelle Hunt	774 ABC Melbourne
460	5-Dec-19	Richelle Hunt	774 ABC Melbourne
461	4-Dec-19	4BU classic hits 1332AM at December 4th 2019 9:00 PM	4BU classic hits 1332AM
462	4-Dec-19	4CA 846 AM at December 4th 2019 9:00 PM	4CA 846 AM
463	4-Dec-19	2EC East Coast Radio at December 4th 2019 10:00 PM	2EC East Coast Radio
464	4-Dec-19	981 2NM at December 4th 2019 10:00 PM	981 2NM
465	4-Dec-19	4MK 1026 AM at December 4th 2019 9:00 PM	4MK 1026 AM
466	4-Dec-19	2CC Talking Canberra at December 4th 2019 10:00 PM	2CC Talking Canberra
467	4-Dec-19	990 AM 4RO at December 4th 2019 9:00 PM	990 AM 4RO
468	4-Dec-19	2GB Radio at December 4th 2019 10:00 PM	2GB Radio
469	4-Dec-19	4BC 1116 News Talk at December 4th 2019 9:00 PM	4BC 1116 News Talk
470	4-Dec-19	Radio 2ST Coast at December 4th 2019 10:00 PM	Radio 2ST Coast
471	4-Dec-19	Radio 2ST Highlands at December 4th 2019 10:00 PM	Radio 2ST Highlands
472	4-Dec-19	2GB Radio (secondary) at December 4th 2019 10:00 PM	2GB Radio (secondary)
473	4-Dec-19	Seven News	Channel 7 Darwin
474	4-Dec-19	Seven News at 4	Channel 7 Perth
475	4-Dec-19	Seven News at 4	GWN7 Television
476	4-Dec-19	10 News First	10 Darwin
477	4-Dec-19	Seven News	Channel 7 Adelaide
478	4-Dec-19	Seven News	Channel 7 Adelaide Channel 7 Adelaide
479	4-Dec-19	Seven News	Channel 7 Melbourne
480	4-Dec-19	10 News First	10 Adelaide
481	4-Dec-19	I SOUTHERN NEWS	I Southern Cross Hobart
481 482	4-Dec-19 4-Dec-19	7 News at 4	Southern Cross Hobart Channel 7 Brishane
482	4-Dec-19	7 News at 4	Channel 7 Brisbane
482 483	4-Dec-19 4-Dec-19	7 News at 4 10 News First	Channel 7 Brisbane 10 Melbourne
482 483 484	4-Dec-19 4-Dec-19 4-Dec-19	7 News at 4 10 News First 7 News at 4	Channel 7 Brisbane 10 Melbourne Channel 7 Adelaide
482 483 484 485	4-Dec-19 4-Dec-19 4-Dec-19 4-Dec-19	7 News at 4 10 News First 7 News at 4 7 News at 4	Channel 7 Brisbane 10 Melbourne Channel 7 Adelaide Channel 7 Melbourne
482 483 484 485 486	4-Dec-19 4-Dec-19 4-Dec-19 4-Dec-19 4-Dec-19	7 News at 4 10 News First 7 News at 4 7 News at 4 Radio News	Channel 7 Brisbane 10 Melbourne Channel 7 Adelaide Channel 7 Melbourne 4BC 1116 News Talk
482 483 484 485 486 487	4-Dec-19 4-Dec-19 4-Dec-19 4-Dec-19 4-Dec-19	7 News at 4 10 News First 7 News at 4 7 News at 4 Radio News River 94.9 FM at December 4th 2019 7:00 AM	Channel 7 Brisbane 10 Melbourne Channel 7 Adelaide Channel 7 Melbourne 4BC 1116 News Talk River 94.9 FM
482 483 484 485 486	4-Dec-19 4-Dec-19 4-Dec-19 4-Dec-19 4-Dec-19	7 News at 4 10 News First 7 News at 4 7 News at 4 Radio News	Channel 7 Brisbane 10 Melbourne Channel 7 Adelaide Channel 7 Melbourne 4BC 1116 News Talk

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490	4-Dec-19 4-Dec-19	4BC 1116 News Talk at December 4th 2019 5:00 AM	4BC 1116 News Talk
491	21-Nov-19	Gold Central Victoria at December 4th 2019 5:33 AM	Gold Central Victoria
492	16-Nov-19	Does TV really rot your brain? Here's what science says	Your Life Choices
493		Has Sitting Gotten a Bum Rap?	Medscape
494	14-Nov-19 14-Nov-19	ABC 1 Perth at November 14th 2019 10:30 AM	ABC 1 Perth
495 496	14-Nov-19	ABC 1 Perth (secondary) at November 14th 2019 10:30 AM	ABC 1 Perth (secondary)
	14-Nov-19	ABC 1 Darwin at November 14th 2019 10:30 AM	ABC 1 Darwin
497	14-Nov-19	ABC 1 Darwin (secondary) at November 14th 2019 10:30 AM	ABC 1 Darwin (secondary)
498	14-Nov-19	Planet America	ABC 1 Brisbane
499		ABC 1 Brisbane (secondary) at November 14th 2019 10:30 AM	ABC 1 Brisbane (secondary)
500	14-Nov-19	ABC 1 Adelaide at November 14th 2019 10:30 AM	ABC 1 Adelaide
501	14-Nov-19	ABC 1 Adelaide (secondary) at November 14th 2019 10:30 AM	ABC 1 Adelaide (secondary)
502	14-Nov-19	ABC 1 Sydney at November 14th 2019 10:30 AM	ABC 1 Sydney
503	14-Nov-19 14-Nov-19	ABC 1 Sydney (secondary) at November 14th 2019 10:30 AM	ABC 1 Sydney (secondary)
504	14-Nov-19	ABC Canberra at November 14th 2019 10:30 AM	ABC Canberra
505		ABC Hobart (secondary) at November 14th 2019 10:30 AM	ABC Hobart (secondary)
506	14-Nov-19	ABC Canberra (secondary) at November 14th 2019 10:30 AM	ABC Canberra (secondary)
507	14-Nov-19	ABC Hobart at November 14th 2019 10:30 AM	ABC Hobart
508	14-Nov-19	Gardening Australia	ABC1 Melbourne
509	12-Nov-19	Rafael Epstein	774 ABC Melbourne
510 511	12-Nov-19 12-Nov-19	hit106.9 at November 12th 2019 2:01 PM	hit106.9
		2AD 1134 AM at November 12th 2019 2:00 PM	2AD 1134 AM
512	12-Nov-19	Power FM Hunter Valley at November 12th 2019 11:00 AM	Power FM Hunter Valley
513	12-Nov-19	Too much TV time may raise depression risk	Star 1063 Townsville
514	12-Nov-19	Too much TV time may raise depression risk	MyGC.com.au
515	12-Nov-19	Too much TV time may raise depression risk	Hot 91.1
516	12-Nov-19	Too much TV time may raise depression risk	5CS - Classic Hits
517	12-Nov-19	Too much TV time may raise depression risk	5CC - Best Songs of All Time
518 519	12-Nov-19 12-Nov-19	Too much TV time may raise depression risk	East Coast Radio
	12-Nov-19	Too much TV time may raise depression risk	Bay 93.9 Geelong
520 521	12-Nov-19	Too much TV time may raise depression risk	7BU 558AM Burnie
521	12-Nov-19	Too much TV time may raise depression risk	Hot 100
523	12-Nov-19	Too much TV time may raise depression risk	96.5 Wave FM
	12-Nov-19	Too much TV time may raise depression risk	Hitz 93.9 FM Bundaberg
524 525	12-Nov-19	Too much TV time may raise depression risk	Tasmania Talks
526	12-Nov-19	Too much TV time may raise depression risk	102.3FM - 3BA
527	12-Nov-19	Too much TV time may raise depression risk	Radio 7SD Star 1063 Townsville
528	12-Nov-19	Too much TV time may raise depression risk	
529	12-Nov-19	Why zoning out in front of TV is not good for our health	https://www.nationaltribune.com.au 2NM AM981
530	12-Nov-19	Too much TV time may raise depression risk	
531	12-Nov-19	Why zoning out in front of TV is not good for our health	Mirage News Radio 4CC Gladstone
532	12-Nov-19	Too much TV time may raise depression risk	
533	12-Nov-19	Too much TV time may raise depression risk Too much TV time may raise depression risk	4MK Mackay 1026 AM 98.1 Power FM
534	12-Nov-19	Too much TV time may raise depression risk Too much TV time may raise depression risk	Mix 104.9
535	12-Nov-19	Radio News	702 ABC Sydney
536	12-Nov-19	ABC Coffs Coast FM at November 12th 2019 9:00 AM	ABC Coffs Coast FM
537	12-Nov-19	ABC Cons Coast Fivi at November 12th 2019 9:00 Aivi	ABC Ullawarra
538	12-Nov-19	Too much TV time may raise depression risk	Seymour Telegraph
539	12-Nov-19	Too much TV time may raise depression risk	Shepparton News
540	12-Nov-19	Too much TV time may raise depression risk	Yarrawonga Chronicle
541	12-Nov-19	Too much TV time may raise depression risk	The McIvor Times
542	12-Nov-19	Too much TV time may raise depression risk	Tatura Guardian
543	12-Nov-19	Too much TV time may raise depression risk Too much TV time may raise depression risk	The Corowa Free Press
544	12-Nov-19	Too much TV time may raise depression risk	Thisismoney.co.uk
545	12-Nov-19	Too much TV time may raise depression risk Too much TV time may raise depression risk	Daily Mail Online
546	12-Nov-19	Too much TV time may raise depression risk Too much TV time may raise depression risk	,
547	12-Nov-19	Too much TV time may raise depression risk Too much TV time may raise depression risk	Mail On Sunday Merimbula News
548	12-Nov-19	, .	
549	12-Nov-19	Radio News ABC Ballarat FM at November 12th 2019 7:52 AM	6PR 882 News Talk ABC Ballarat FM
550	12-Nov-19		
330	12-1100-19	ABC Shepparton FM at November 12th 2019 7:07 AM	ABC Shepparton FM

	40 Nr. 40		T
551	12-Nov-19	ABC Central Victoria FM at November 12th 2019 7:05 AM	ABC Central Victoria FM
552	12-Nov-19 12-Nov-19	ABC Gippsland at November 12th 2019 7:05 AM	ABC Gippsland
553 554	12-Nov-19	ABC South West Victoria AM at November 12th 2019 7:05 AM	ABC South West Victoria AM
555	12-Nov-19	ABC Ballarat FM at November 12th 2019 7:05 AM	ABC Ballarat FM
556	12-Nov-19	ABC Mildura FM at November 12th 2019 7:05 AM ABC West Victoria AM at November 12th 2019 7:05 AM	ABC Mildura FM
557	12-Nov-19	Ross and John	ABC West Victoria AM
558	12-Nov-19	ABC NewsRadio at November 12th 2019 5:35 AM	3AW 693 News Talk ABC NewsRadio
559	11-Nov-19		Chilli 90.1fm
560	11-Nov-19	Too much TV time may raise depression risk Too much TV time may raise depression risk	95.5 K-Rock
561	11-Nov-19	Too much TV time may raise depression risk	2ST
562	11-Nov-19	Too much TV time may raise depression risk	107.7 Sea FM Devonport
		How your office job is ruining your health: Experts claim sitting all day can make you VERY	107.7 Sea TWI Devempore
563	7-Oct-19	sick - and how a standing desk can offset the damage	MSN Philippines News
564	7-Oct-19	How your office job is ruining your health: Experts claim sitting all day can make you VERY sick - and how a standing desk can offset the damage	MSN South Africa
565	7-Oct-19	How your office job is ruining your health: Experts claim sitting all day can make you VERY sick - and how a standing desk can offset the damage	Daily Mail Online
566	7-Oct-19	How your office job is ruining your health: Experts claim sitting all day can make you VERY	
		sick - and how a standing desk can offset the damage How your office job is ruining your health: Experts claim sitting all day can make you VERY	Mail On Sunday
567	7-Oct-19	sick - and how a standing desk can offset the damage	MSN Health - MSN UK
568	7-Oct-19	Content from this publisher is not available in this country	Unknown
569	11-Sep-19	How to supercharge your fat-burning ability, even while you sleep	House Of Wellness
570 571	6-Sep-19 6-Sep-19	Seven Early News	Channel 7 Melbourne
572	6-Sep-19	Seven Early News	Channel 7 Perth
573	6-Sep-19	Seven Early News Seven Early News	Channel 7 Darwin Channel 7 Brisbane
574	6-Sep-19	Seven Early News	Southern Cross Hobart
575	6-Sep-19	Seven Early News	Channel 7 Sydney
576	6-Sep-19	Seven Early News	Channel 7 Melbourne
577	5-Sep-19	Seven News	Channel 7 Darwin
578	5-Sep-19	Seven News	Channel 7 Sydney
579	5-Sep-19	Seven News at 4	Channel 7 Perth
580	5-Sep-19	Seven News	Channel 7 Melbourne
581	5-Sep-19	Southern News	Southern Cross Hobart
582	5-Sep-19	10 News First	10 Adelaide
583	5-Sep-19	10 News First	10 Sydney
584	5-Sep-19	Ten Eyewitness News at 5	10 Darwin
585	5-Sep-19	Ten Eyewitness News at 5	10 Melbourne
586	5-Sep-19	7 News at 4	Channel 7 Adelaide
587	5-Sep-19	Seven News	Channel 7 Brisbane
588	5-Sep-19	7 News at 4	Channel 7 Melbourne
589	5-Sep-19	River 1467 at September 5th 2019 11:05 AM	River 1467
590	5-Sep-19	Gold Central Victoria at September 5th 2019 11:00 AM	Gold Central Victoria
591	5-Sep-19	3BA FM at September 5th 2019 11:00 AM	3BA FM
592	5-Sep-19	Radio News	720 ABC Perth
593	5-Sep-19	ABC North West WA at September 5th 2019 7:55 AM	ABC North West WA
594	5-Sep-19	ABC Kimberley at September 5th 2019 7:55 AM	ABC Kimberley
595	5-Sep-19	ABC Great Southern WA at September 5th 2019 7:55 AM	ABC Great Southern WA
596	5-Sep-19	ABC Esperance at September 5th 2019 7:55 AM	ABC Esperance
597	5-Sep-19	ABC Goldfields at September 5th 2019 7:54 AM	ABC Goldfields
598	5-Sep-19	ABC South West WA at September 5th 2019 7:53 AM	ABC South West WA
599	5-Sep-19	ABC NewsRadio at September 5th 2019 9:35 AM	ABC NewsRadio
600	5-Sep-19	Triple M Adelaide at September 5th 2019 9:05 AM	Triple M Adelaide
601	5-Sep-19 5-Sep-19	ABC Alice Springs at September 5th 2019 7:52 AM ABC Control Victoria FM at September 5th 2019 7:55 AM	ABC Alice Springs
603	5-Sep-19 5-Sep-19	ABC Central Victoria FM at September 5th 2019 7:55 AM	ABC Central Victoria FM
604	5-Sep-19 5-Sep-19	ABC Ballarat FM at September 5th 2019 7:55 AM	ABC Shannarton FM
605	5-Sep-19 5-Sep-19	ABC Shepparton FM at September 5th 2019 7:55 AM ABC West Victoria AM at September 5th 2019 7:53 AM	ABC Shepparton FM ABC West Victoria AM
606	5-Sep-19 5-Sep-19	ABC Goulburn Murray at September 5th 2019 7:53 AM	ABC Goulburn Murray
607	5-Sep-19 5-Sep-19	ABC Gippsland at September 5th 2019 7:53 AM	ABC Gouldurn Murray ABC Gippsland
608	5-Sep-19 5-Sep-19	ABC South West Victoria AM at September 5th 2019 7:52 AM	ABC South West Victoria AM
555	0 00p 19	ADE JOURN MEST MICTORIA MINI OF SERVENINEL OUR 2013 1.32 MINI	ADC JOURIT MEST AICIOITA VIAI

609	5-Sep-19	Dadia Naves	105 7 ADC Domin
610	5-Sep-19 5-Sep-19	Radio News	105.7 ABC Darwin
611	5-Sep-19 5-Sep-19	ABC Alice Springs at September 5th 2019 7:04 AM Radio News	ABC Alice Springs
612	5-Sep-19 5-Sep-19		774 ABC Melbourne
613	5-Sep-19 5-Sep-19	ABC Central Victoria FM at September 5th 2019 7:06 AM	ABC Central Victoria FM
614	5-Sep-19 5-Sep-19	ABC Ballarat FM at September 5th 2019 7:05 AM ABC Gippsland at September 5th 2019 7:05 AM	ABC Ginesland
615	5-Sep-19 5-Sep-19	•	ABC Shappartan 504
616	5-Sep-19	ABC Shepparton FM at September 5th 2019 7:05 AM	ABC Shepparton FM ABC West Victoria AM
617	5-Sep-19 5-Sep-19	ABC West Victoria AM at September 5th 2019 7:05 AM	
618	5-Sep-19 5-Sep-19	ABC South West Victoria AM at September 5th 2019 7:05 AM	ABC South West Victoria AM
619	5-Sep-19 5-Sep-19	River 1467 at September 5th 2019 6:05 AM	River 1467
620	5-Sep-19 5-Sep-19	Power FM 103.1 3BBA at September 5th 2019 6:00 AM	Power FM 103.1 3BBA
621	5-Sep-19 5-Sep-19	Gold Central Victoria at September 5th 2019 6:00 AM	Gold Central Victoria
622	5-Sep-19 5-Sep-19	3BA FM at September 5th 2019 6:00 AM Radio News	3BA FM 774 ABC Melbourne
623	5-Sep-19 5-Sep-19	Radio News	936 ABC Hobart
624	5-Sep-19		
625	5-Sep-19 5-Sep-19	ABC Goulburn Murray at September 5th 2019 5:32 AM	ABC Goulburn Murray
626	5-Sep-19 5-Sep-19	ABC South West Victoria AM at September 5th 2019 5:32 AM	ABC South West Victoria AM
627	5-Sep-19 5-Sep-19	ABC Central Victoria FM at September 5th 2019 5:30 AM	ABC Central Victoria FM
628	-	ABC Sharperton FM at September 5th 2019 5:30 AM	ABC Sharper tran 504
629	5-Sep-19	ABC Shepparton FM at September 5th 2019 5:30 AM	ABC Shepparton FM
630	5-Sep-19 5-Sep-19	ABC West Victoria AM at September 5th 2019 5:30 AM	ABC Cinada ad
631	5-Sep-19 5-Sep-19	ABC Gippsland at September 5th 2019 5:30 AM	ABC Gippsland
632	24-Aug-19	3AW 693 News Talk at September 5th 2019 4:00 AM	3AW 693 News Talk
633	24-Aug-19 24-Aug-19	ABC Radio National at August 24th 2019 11:05 AM	ABC Radio National
634	24-Aug-19 24-Aug-19	104.7 Canberra at August 24th 2019 10:00 AM	104.7 Canberra
635	24-Aug-19 24-Aug-19	Mix 106.3 at August 24th 2019 10:00 AM	Mix 106.3
636	24-Aug-19 24-Aug-19	ABC Mid West and Wheatbelt AM at August 24th 2019 7:56 AM	ABC Mid West and Wheatbelt AM
637	24-Aug-19 24-Aug-19	ABC Kimberley at August 24th 2019 7:56 AM	ABC South West WA
638	24-Aug-19 24-Aug-19	ABC South West WA at August 24th 2019 7:56 AM	ABC South West WA
639	24-Aug-19 24-Aug-19	ABC Esperance at August 24th 2019 7:55 AM 720 ABC Perth at August 24th 2019 7:55 AM	ABC Esperance 720 ABC Perth
640	24-Aug-19	ABC North West WA at August 24th 2019 7:55 AM	ABC North West WA
641	24-Aug-19	ABC Goldfields at August 24th 2019 7:54 AM	ABC Goldfields
642	24-Aug-19	ABC Riverland AM at August 24th 2019 9:00 AM	ABC Riverland AM
643	24-Aug-19	ABC Broken Hill AM at August 24th 2019 9:00 AM	ABC Broken Hill AM
644	24-Aug-19	ABC North and West SA at August 24th 2019 9:00 AM	ABC North and West SA
645	24-Aug-19	ABC South East SA at August 24th 2019 9:00 AM	ABC South East SA
646	24-Aug-19	891 ABC Adelaide at August 24th 2019 9:00 AM	891 ABC Adelaide
647	24-Aug-19	ABC West Coast SA AM at August 24th 2019 9:00 AM	ABC West Coast SA AM
648	24-Aug-19	ABC Goldfields at August 24th 2019 7:06 AM	ABC Goldfields
649	24-Aug-19	ABC Kimberley at August 24th 2019 7:05 AM	ABC Kimberley
650	24-Aug-19	ABC Mid West and Wheatbelt AM at August 24th 2019 7:05 AM	ABC Mid West and Wheatbelt AM
651	24-Aug-19	ABC North West WA at August 24th 2019 7:05 AM	ABC North West WA
652	24-Aug-19	720 ABC Perth at August 24th 2019 7:05 AM	720 ABC Perth
653	24-Aug-19	ABC South West WA at August 24th 2019 7:05 AM	ABC South West WA
654	24-Aug-19	ABC Great Southern WA at August 24th 2019 7:05 AM	ABC Great Southern WA
655	24-Aug-19	ABC Esperance at August 24th 2019 7:03 AM	ABC Esperance
656	24-Aug-19	ABC Radio National at August 24th 2019 9:01 AM	ABC Radio National
657	24-Aug-19	ABC Riverland AM at August 24th 2019 7:54 AM	ABC Riverland AM
658	24-Aug-19	ABC Broken Hill AM at August 24th 2019 7:54 AM	ABC Broken Hill AM
659	24-Aug-19	ABC North and West SA at August 24th 2019 7:53 AM	ABC North and West SA
660	24-Aug-19	891 ABC Adelaide at August 24th 2019 7:52 AM	891 ABC Adelaide
661	24-Aug-19	ABC West Coast SA AM at August 24th 2019 7:51 AM	ABC West Coast SA AM
662	24-Aug-19	1233 ABC Newcastle at August 24th 2019 7:56 AM	1233 ABC Newcastle
663	24-Aug-19	ABC Illawarra at August 24th 2019 7:56 AM	ABC Illawarra
664	24-Aug-19	ABC Central West NSW AM at August 24th 2019 7:56 AM	ABC Central West NSW AM
665	24-Aug-19	ABC Wide Bay at August 24th 2019 7:56 AM	ABC Wide Bay
666	24-Aug-19	702 ABC Sydney at August 24th 2019 7:55 AM	702 ABC Sydney
667	24-Aug-19	ABC New England North West AM at August 24th 2019 7:55 AM	ABC New England North West AM
668	24-Aug-19	ABC Central Coast NSW at August 24th 2019 7:55 AM	ABC Central Coast NSW
669	24-Aug-19	ABC North Coast NSW at August 24th 2019 7:55 AM	ABC North Coast NSW
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670	24 4 40		1
670	24-Aug-19	ABC Riverina FM at August 24th 2019 7:55 AM	ABC Riverina FM
671	24-Aug-19	ABC Northern Tasmania at August 24th 2019 7:55 AM	ABC Northern Tasmania
672	24-Aug-19	ABC Gippsland at August 24th 2019 7:55 AM	ABC Gippsland
673	24-Aug-19	ABC Southern Queensland at August 24th 2019 7:54 AM	ABC Southern Queensland
674	24-Aug-19	ABC Tropical North FM at August 24th 2019 7:54 AM	ABC Tropical North FM
675	24-Aug-19	ABC Far North Queensland at August 24th 2019 7:54 AM	ABC Far North Queensland
676	24-Aug-19	ABC Upper Hunter AM at August 24th 2019 7:54 AM	ABC Upper Hunter AM
677	24-Aug-19	ABC Coffs Coast FM at August 24th 2019 7:54 AM	ABC Coffs Coast FM
678	24-Aug-19	ABC Sunshine Coast FM at August 24th 2019 7:54 AM	ABC Sunshine Coast FM
679	24-Aug-19	774 ABC Melbourne at August 24th 2019 7:53 AM	774 ABC Melbourne
680	24-Aug-19	ABC West Victoria AM at August 24th 2019 7:53 AM	ABC West Victoria AM
681	24-Aug-19	702 ABC Sydney (secondary) at August 24th 2019 7:53 AM	702 ABC Sydney (secondary)
682	24-Aug-19	ABC Goulburn Murray at August 24th 2019 7:53 AM	ABC Goulburn Murray
683	24-Aug-19	ABC South West Victoria AM at August 24th 2019 7:53 AM	ABC South West Victoria AM
684	24-Aug-19	ABC Western Plains at August 24th 2019 7:52 AM	ABC Western Plains
685	24-Aug-19	ABC South East NSW at August 24th 2019 7:52 AM	ABC South East NSW
686	24-Aug-19	ABC Shepparton FM at August 24th 2019 7:52 AM	ABC Shepparton FM
687	24-Aug-19	ABC Ballarat FM at August 24th 2019 7:52 AM	ABC Ballarat FM
688	24-Aug-19	612 ABC Brisbane at August 24th 2019 7:52 AM	612 ABC Brisbane
689	24-Aug-19	ABC North Queensland at August 24th 2019 7:52 AM	ABC North Queensland
690	24-Aug-19	ABC Capricornia FM at August 24th 2019 7:51 AM	ABC Capricornia FM
691	24-Aug-19	ABC NewsRadio at August 24th 2019 7:35 AM	ABC NewsRadio
692	24-Aug-19	Triple M Adelaide at August 24th 2019 7:05 AM	Triple M Adelaide
693	24-Aug-19	ABC Broken Hill AM at August 24th 2019 7:05 AM	ABC Broken Hill AM
694	24-Aug-19	ABC North Coast NSW at August 24th 2019 7:07 AM	ABC North Coast NSW
695	24-Aug-19	ABC Goulburn Murray at August 24th 2019 7:06 AM	ABC Goulburn Murray
696	24-Aug-19	ABC South West Victoria AM at August 24th 2019 7:06 AM	ABC South West Victoria AM
697	24-Aug-19	702 ABC Sydney at August 24th 2019 7:05 AM	702 ABC Sydney
698	24-Aug-19	ABC Central Victoria FM at August 24th 2019 7:05 AM	ABC Central Victoria FM
699	24-Aug-19	ABC Central Coast NSW at August 24th 2019 7:05 AM	ABC Central Coast NSW
700	24-Aug-19	ABC Gippsland at August 24th 2019 7:05 AM	ABC Gippsland
701	24-Aug-19	ABC Mid North Coast NSW Radio at August 24th 2019 7:05 AM	ABC Mid North Coast NSW Radio
702	24-Aug-19	ABC Tropical North FM at August 24th 2019 7:05 AM	ABC Tropical North FM
703	24-Aug-19	ABC South East NSW at August 24th 2019 7:05 AM	ABC South East NSW
704	24-Aug-19	ABC Illawarra at August 24th 2019 7:05 AM	ABC Illawarra
705	24-Aug-19	ABC New England North West AM at August 24th 2019 7:05 AM	ABC New England North West AM
706	24-Aug-19	ABC Sunshine Coast FM at August 24th 2019 7:05 AM	ABC Sunshine Coast FM
707	24-Aug-19	702 ABC Sydney (secondary) at August 24th 2019 7:05 AM	702 ABC Sydney (secondary)
708	24-Aug-19	ABC Upper Hunter AM at August 24th 2019 7:05 AM	ABC Upper Hunter AM
709	24-Aug-19	ABC Far North Queensland at August 24th 2019 7:05 AM	ABC Far North Queensland
710	24-Aug-19	ABC West Victoria AM at August 24th 2019 7:05 AM	ABC West Victoria AM
711	24-Aug-19	ABC Southern Queensland at August 24th 2019 7:05 AM	ABC Southern Queensland
712	24-Aug-19	612 ABC Brisbane at August 24th 2019 7:05 AM	612 ABC Brisbane
713	24-Aug-19	774 ABC Melbourne at August 24th 2019 7:05 AM	774 ABC Melbourne
714	24-Aug-19	ABC Central West NSW AM at August 24th 2019 7:05 AM	ABC Central West NSW AM
715	24-Aug-19	ABC Coffs Coast FM at August 24th 2019 7:05 AM	ABC Coffs Coast FM
716	24-Aug-19	ABC Capricornia FM at August 24th 2019 7:04 AM	ABC Capricornia FM
717	24-Aug-19	ABC Wide Bay at August 24th 2019 7:04 AM	ABC Wide Bay
718	24-Aug-19	1233 ABC Newcastle at August 24th 2019 7:04 AM	1233 ABC Newcastle
719	24-Aug-19	ABC Riverina FM at August 24th 2019 7:04 AM	ABC Riverina FM
720	24-Aug-19	ABC Western Plains at August 24th 2019 7:03 AM	ABC Western Plains
721	24-Aug-19	ABC Shepparton FM at August 24th 2019 7:03 AM	ABC Shepparton FM
722	24-Aug-19	ABC Ballarat FM at August 24th 2019 7:03 AM	ABC Silepparton FM ABC Ballarat FM
723	24-Aug-19	ABC Goldfields at August 24th 2019 5:02 AM	ABC Goldfields
724	24-Aug-19 24-Aug-19	720 ABC Perth at August 24th 2019 5:00 AM	720 ABC Perth
725	24-Aug-19 24-Aug-19	ABC Kimberley at August 24th 2019 5:00 AM	ABC Kimberley
726	24-Aug-19 24-Aug-19	· · · · · ·	,
727	24-Aug-19 24-Aug-19	ABC North West WA at August 24th 2019 5:00 AM	ABC North West WA
728	24-Aug-19 24-Aug-19	ABC South West WA at August 24th 2019 5:00 AM	ABC South West WA
729	24-Aug-19 24-Aug-19	ABC Great Southern WA at August 24th 2019 5:00 AM	ABC Great Southern WA
123	<u>~</u> nuy-18	ABC Esperance at August 24th 2019 5:00 AM	ABC Esperance
730	24-Aug-19	ABC Radio National at August 24th 2019 7:00 AM	ABC Radio National

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731	24-Aug-19	Triple M Adelaide at August 24th 2019 5:35 AM	Triple M Adelaide
732	24-Aug-19	ABC South West WA at August 24th 2019 4:03 AM	ABC South West WA
733	24-Aug-19	ABC Great Southern WA at August 24th 2019 4:03 AM	ABC Great Southern WA
734	24-Aug-19	ABC NewsRadio at August 24th 2019 6:03 AM	ABC NewsRadio
735	24-Aug-19	891 ABC Adelaide at August 24th 2019 5:32 AM	891 ABC Adelaide
736	24-Aug-19	ABC Broken Hill AM at August 24th 2019 5:30 AM	ABC Broken Hill AM
737	24-Aug-19	ABC West Coast SA AM at August 24th 2019 5:30 AM	ABC West Coast SA AM
738	24-Aug-19	ABC North West WA at August 24th 2019 4:00 AM	ABC North West WA
739	24-Aug-19	ABC Goldfields at August 24th 2019 4:00 AM	ABC Goldfields
740	24-Aug-19	ABC North and West SA at August 24th 2019 5:30 AM	ABC North and West SA
741	24-Aug-19	ABC Esperance at August 24th 2019 4:00 AM	ABC Esperance
742 743	24-Aug-19 24-Aug-19	ABC South East SA at August 24th 2019 5:30 AM	ABC South East SA
743	24-Aug-19 24-Aug-19	ABC Kimberley at August 24th 2019 4:00 AM	ABC Radio National
744	24-Aug-19 24-Aug-19	ABC Radio National at August 24th 2019 6:00 AM	ABC Radio National
745	24-Aug-19 24-Aug-19	ABC Riverland AM at August 24th 2019 5:30 AM	ABC Riverland AM
746	24-Aug-19 24-Aug-19	ABC Mid West and Wheatbelt AM at August 24th 2019 4:00 AM	ABC Mid West and Wheatbelt AM
747	24-Aug-19 24-Aug-19	720 ABC Perth at August 24th 2019 4:00 AM	720 ABC Perth
749	24-Aug-19 24-Aug-19	Triple M Adelaide at August 24th 2019 5:05 AM	Triple M Adelaide
750	12-Aug-19	ABC NewsRadio at August 24th 2019 5:35 AM ABC Radio National at August 13th 2010 5:55 AM	ABC NewsRadio
750	12-Aug-19 12-Aug-19	ABC Radio National at August 12th 2019 5:55 AM ABC Radio National at August 12th 2010 5:40 AM	ABC Radio National ABC Radio National
751	11-Aug-19	ABC Radio National at August 12th 2019 5:49 AM	
753	11-Aug-19	ABC Radio National at August 11th 2019 2:59 AM ABC Radio National at August 11th 2019 2:48 AM	ABC Radio National ABC Radio National
754	10-Aug-19	ABC Radio National at August 10th 2019 10:47 AM	ABC Radio National
755	7-Aug-19		ABC Radio National
756	19-Jul-19	River swimming, plus sitting and diabetes Jon Faine	774 ABC Melbourne
757	19-Jul-19	Ross and John	3AW 693 News Talk
758	8-Jul-19	Radio 2ST Highlands at July 8th 2019 5:30 PM	Radio 2ST Highlands
759	8-Jul-19	Radio 2ST Coast at July 8th 2019 5:30 PM	Radio 2ST Coast
760	8-Jul-19	ABC Far North Queensland at July 8th 2019 4:04 PM	ABC Far North Queensland
761	8-Jul-19	Radio News	612 ABC Brisbane
762	8-Jul-19	ABC North Queensland at July 8th 2019 4:03 PM	ABC North Queensland
763	8-Jul-19	ABC Capricornia FM at July 8th 2019 4:03 PM	ABC Capricornia FM
764	8-Jul-19	ABC Tropical North FM at July 8th 2019 4:03 PM	ABC Tropical North FM
765	8-Jul-19	ABC Southern Queensland at July 8th 2019 4:01 PM	ABC Southern Queensland
766	8-Jul-19	ABC Wide Bay at July 8th 2019 4:00 PM	ABC Wide Bay
767	8-Jul-19	ABC Sunshine Coast FM at July 8th 2019 4:00 PM	ABC Sunshine Coast FM
768	8-Jul-19	ABC Western Queensland at July 8th 2019 4:00 PM	ABC Western Queensland
769	8-Jul-19	91.7 ABC Coast FM at July 8th 2019 4:00 PM	91.7 ABC Coast FM
770	8-Jul-19	Radio 2ST Coast at July 8th 2019 3:27 PM	Radio 2ST Coast
771	8-Jul-19	Radio 2ST Highlands at July 8th 2019 3:27 PM	Radio 2ST Highlands
772	8-Jul-19	2BH 567AM at July 8th 2019 2:22 PM	2BH 567AM
773	8-Jul-19	2NZ 1188 at July 8th 2019 2:51 PM	2NZ 1188
774	8-Jul-19	2PM Radio 531 at July 8th 2019 2:51 PM	2PM Radio 531
775	8-Jul-19	2PK 1404 AM at July 8th 2019 2:51 PM	2PK 1404 AM
776	8-Jul-19	900 2LM at July 8th 2019 2:51 PM	900 2LM
777	8-Jul-19	4WK 963AM at July 8th 2019 2:51 PM	4WK 963AM
778	8-Jul-19	4GY at July 8th 2019 2:51 PM	4GY
779	8-Jul-19	2HD 1143AM at July 8th 2019 2:51 PM	2HD 1143AM
780	8-Jul-19	2MO at July 8th 2019 2:51 PM	2MO
781	8-Jul-19	2LF at July 8th 2019 2:50 PM	2LF
782	8-Jul-19	2GF Radio at July 8th 2019 2:48 PM	2GF Radio
783	8-Jul-19	2SM (secondary) at July 8th 2019 2:48 PM	2SM (secondary)
784	8-Jul-19	Radio 97 at July 8th 2019 2:47 PM	Radio 97
785	8-Jul-19	Richelle Hunt	774 ABC Melbourne
786	8-Jul-19	2EC East Coast Radio at July 8th 2019 12:00 PM	2EC East Coast Radio
787	8-Jul-19	Eagle FM 93.5 2SNO at July 8th 2019 12:00 PM	Eagle FM 93.5 2SNO
788	8-Jul-19	Mix 104.9 at July 8th 2019 11:03 AM	Mix 104.9
789	8-Jul-19	1053 2CA Canberra at July 8th 2019 11:03 AM	1053 2CA Canberra
790	8-Jul-19	Radio News	ABC Radio National
791	8-Jul-19	Triple J Radio at July 8th 2019 11:01 AM	Triple J Radio

700	8-Jul-19		
792 793	8-Jul-19	Power FM Bega Bay at July 8th 2019 11:00 AM	Power FM Bega Bay
793	8-Jul-19	Eagle FM 93.5 2SNO at July 8th 2019 11:00 AM	Eagle FM 93.5 2SNO
795	8-Jul-19	96.5 Wave FM at July 8th 2019 11:00 AM	96.5 Wave FM
796	8-Jul-19	2CC Talking Canberra at July 8th 2019 11:00 AM	2CC Talking Canberra
797	8-Jul-19	Power FM Hunter Valley at July 8th 2019 11:00 AM	Power FM Hunter Valley
798	8-Jul-19	7HO FM at July 8th 2019 10:05 AM	7HO FM
799	8-Jul-19	Radio News	ABC Radio National
800	8-Jul-19	Sea FM 107.7 at July 8th 2019 10:00 AM	Sea FM 107.7
801	8-Jul-19	Forever Classic 2GN at July 8th 2019 10:00 AM	Forever Classic 2GN
802	8-Jul-19	78U 558 AM at July 8th 2019 10:00 AM	7BU 558 AM
803	8-Jul-19	7XS West Coast Radio Tasmania at July 8th 2019 10:00 AM	7XS West Coast Radio Tasmania
804	8-Jul-19	7AD 900AM at July 8th 2019 10:00 AM	7AD 900AM
805	8-Jul-19	2GB Radio (secondary) at July 8th 2019 10:00 AM	2GB Radio (secondary)
806	8-Jul-19	Chilli 90.1fm at July 8th 2019 10:00 AM	Chilli 90.1fm
807	8-Jul-19	Macquarie Sports Radio at July 8th 2019 10:00 AM	Macquarie Sports Radio
808	8-Jul-19	2BS 95.1 FM at July 8th 2019 10:00 AM	2BS 95.1 FM
	8-Jul-19	990 AM 4RO at July 8th 2019 9:58 AM	990 AM 4RO
809	8-Jul-19	Chilli 99.7 FM at July 8th 2019 9:56 AM	Chilli 99.7 FM
810 811	8-Jul-19	ABC Goldfields at July 8th 2019 7:52 AM	ABC Goldfields
	8-Jul-19	Radio News	720 ABC Perth
812 813	8-Jul-19	ABC Mid West and Wheatbelt AM at July 8th 2019 7:51 AM	ABC Mid West and Wheatbelt AM
	8-Jul-19	ABC North West WA at July 8th 2019 7:51 AM	ABC North West WA
814 815	8-Jul-19	ABC Great Southern WA at July 8th 2019 7:51 AM	ABC Great Southern WA
		ABC Esperance at July 8th 2019 7:51 AM	ABC Esperance
816	8-Jul-19	ABC Kimberley at July 8th 2019 7:50 AM	ABC Kimberley
817	8-Jul-19	ABC South West WA at July 8th 2019 7:48 AM	ABC South West WA
818	8-Jul-19	ABC Central Victoria FM at July 8th 2019 9:30 AM	ABC Central Victoria FM
819	8-Jul-19	Why it's the most important time of year to get active	3AW
820	8-Jul-19 8-Jul-19	ABC Goldfields at July 8th 2019 7:08 AM	ABC Goldfields
821	8-Jul-19	Radio News	720 ABC Perth
822	8-Jul-19 8-Jul-19	ABC Mid West and Wheatbelt AM at July 8th 2019 7:07 AM	ABC Mid West and Wheatbelt AM
823 824	8-Jul-19 8-Jul-19	ABC South West WA at July 8th 2019 7:06 AM	ABC South West WA
825	8-Jul-19	ABC Esperance at July 8th 2019 7:06 AM	ABC Esperance
826	8-Jul-19	ABC Great Southern WA at July 8th 2019 7:05 AM	ABC Great Southern WA
827	8-Jul-19	ABC North West WA at July 8th 2019 7:05 AM	ABC North West WA
828	8-Jul-19	ABC Kimberley at July 8th 2019 7:05 AM Radio News	ABC Kimberley 612 ABC Brisbane
829	8-Jul-19		
830	8-Jul-19	Radio News	6PR 882 News Talk
831	8-Jul-19	ABC North Queensland at July 8th 2019 9:02 AM	ABC North Queensland
832	8-Jul-19	ABC Far North Queensland at July 8th 2019 9:01 AM	ABC Far North Queensland Perth's 6iX
833	8-Jul-19	Perth's 6iX at July 8th 2019 7:00 AM	
834	8-Jul-19	ABC North West Queensland at July 8th 2019 9:00 AM	ABC North West Queensland ABC Sunshine Coast FM
835	8-Jul-19	ABC Sunshine Coast FM at July 8th 2019 9:00 AM ABC Southern Queensland at July 8th 2019 9:00 AM	ABC Southern Queensland
836	8-Jul-19	·	91.7 ABC Coast FM
837	8-Jul-19	91.7 ABC Coast FM at July 8th 2019 9:00 AM	
838	8-Jul-19	ABC Wide Bay at July 8th 2019 8:59 AM	ABC Wide Bay Zinc 96.1
839	8-Jul-19	Zinc 96.1 at July 8th 2019 8:30 AM Radio 2ST Highlands at July 8th 2019 8:30 AM	Radio 2ST Highlands
840	8-Jul-19	Hot 91.1 FM at July 8th 2019 8:30 AM	Hot 91.1 FM
841	8-Jul-19	Power FM Nowra at July 8th 2019 8:30 AM	Power FM Nowra
842	8-Jul-19	Radio News	105.7 ABC Darwin
843	8-Jul-19	ABC Alice Springs at July 8th 2019 7:50 AM	ABC Alice Springs
844	8-Jul-19	Ross and John	3AW 693 News Talk
845	8-Jul-19		3AW 693 News Talk 3BA FM
846	8-Jul-19	3BA FM at July 8th 2019 8:02 AM Piver 1467 at July 8th 2019 8:00 AM	
847	8-Jul-19	River 1467 at July 8th 2019 8:00 AM	River 1467
	8-Jul-19 8-Jul-19	Gold Central Victoria at July 8th 2019 8:00 AM	Gold Central Victoria
848	8-Jul-19 8-Jul-19	Radio News	774 ABC Melbourne
849		ABC Goulburn Murray at July 8th 2019 7:54 AM	ABC Goulburn Murray
850	8-Jul-19	ABC Shepparton FM at July 8th 2019 7:54 AM	ABC Shepparton FM
851	8-Jul-19	ABC Central Victoria FM at July 8th 2019 7:53 AM	ABC Central Victoria FM
852	8-Jul-19	ABC Gippsland at July 8th 2019 7:52 AM	ABC Gippsland

853	8-Jul-19	ABC West Victoria AM at July 8th 2019 7:52 AM	ABC West Victoria AM
854	8-Jul-19	ABC West Victoria AW at July 8th 2019 7:51 AM ABC Mildura FM at July 8th 2019 7:51 AM	ABC Mildura FM
855	8-Jul-19	ABC Ballarat FM at July 8th 2019 7:50 AM	ABC Ballarat FM
856	8-Jul-19	ABC South West Victoria AM at July 8th 2019 7:49 AM	ABC South West Victoria AM
857	8-Jul-19	ABC Broken Hill AM at July 8th 2019 7:05 AM	ABC Broken Hill AM
858	8-Jul-19	91.7 ABC Coast FM at July 8th 2019 7:31 AM	91.7 ABC Coast FM
859	8-Jul-19	Hot 100 FM at July 8th 2019 7:00 AM	Hot 100 FM
860	8-Jul-19	2LF at July 8th 2019 7:13 AM	2LF
861	8-Jul-19	Radio News	702 ABC Sydney
862	8-Jul-19	ABC Goulburn Murray at July 8th 2019 7:05 AM	ABC Goulburn Murray
863	8-Jul-19	ABC Central West NSW AM at July 8th 2019 7:05 AM	ABC Central West NSW AM
864	8-Jul-19	ABC New England North West AM at July 8th 2019 7:05 AM	ABC New England North West AM
865	8-Jul-19	ABC Mid North Coast NSW Radio at July 8th 2019 7:05 AM	ABC Mid North Coast NSW Radio
866	8-Jul-19	ABC Central Coast NSW at July 8th 2019 7:05 AM	ABC Central Coast NSW
867	8-Jul-19	ABC Riverina FM at July 8th 2019 7:05 AM	ABC Riverina FM
868	8-Jul-19	702 ABC Sydney (secondary) at July 8th 2019 7:05 AM	702 ABC Sydney (secondary)
869	8-Jul-19	ABC NewsRadio at July 8th 2019 7:05 AM	ABC NewsRadio
870	8-Jul-19	ABC Western Plains at July 8th 2019 7:04 AM	ABC Western Plains
871	8-Jul-19	ABC Illawarra at July 8th 2019 7:03 AM	ABC Illawarra
872	8-Jul-19	ABC North Coast NSW at July 8th 2019 7:02 AM	ABC North Coast NSW
873	8-Jul-19	ABC South East NSW at July 8th 2019 7:01 AM	ABC South East NSW
874	8-Jul-19	Power FM Nowra at July 8th 2019 7:00 AM	Power FM Nowra
875	8-Jul-19	2EC East Coast Radio at July 8th 2019 7:00 AM	2EC East Coast Radio
876	8-Jul-19	Eagle FM 93.5 2SNO at July 8th 2019 7:00 AM	Eagle FM 93.5 2SNO
877	8-Jul-19	2PM Radio 531 at July 8th 2019 6:51 AM	2PM Radio 531
878	8-Jul-19	2HC at July 8th 2019 6:51 AM	2HC
879	8-Jul-19	Radio 97 at July 8th 2019 6:50 AM	Radio 97
880	8-Jul-19	2SM (secondary) at July 8th 2019 6:50 AM	2SM (secondary)
881	8-Jul-19	Radio 2EL 1089AM at July 8th 2019 6:49 AM	Radio 2EL 1089AM
882	8-Jul-19	ABC West Victoria AM at July 8th 2019 6:46 AM	ABC West Victoria AM
883	8-Jul-19	ABC Mildura FM at July 8th 2019 6:44 AM	ABC Mildura FM
884	8-Jul-19	ABC NewsRadio at July 8th 2019 6:35 AM	ABC NewsRadio
885	8-Jul-19	91.7 ABC Coast FM at July 8th 2019 6:31 AM	91.7 ABC Coast FM
886	8-Jul-19	Radio 2ST Highlands at July 8th 2019 6:30 AM	Radio 2ST Highlands
887	8-Jul-19	Power FM Nowra at July 8th 2019 6:30 AM	Power FM Nowra
888	8-Jul-19	Radio News	105.7 ABC Darwin
889	8-Jul-19	ABC Alice Springs at July 8th 2019 5:30 AM	ABC Alice Springs
890	8-Jul-19	ABC Western Plains at July 8th 2019 5:32 AM	ABC Western Plains
891	8-Jul-19	ABC Central Coast NSW at July 8th 2019 5:30 AM	ABC Central Coast NSW
892	8-Jul-19	Gold Central Victoria at July 8th 2019 5:30 AM	Gold Central Victoria
893	8-Jul-19	ABC Riverina FM at July 8th 2019 5:30 AM	ABC Riverina FM
894	8-Jul-19	ABC Upper Hunter AM at July 8th 2019 5:30 AM	ABC Upper Hunter AM
895	8-Jul-19	ABC Coffs Coast FM at July 8th 2019 5:30 AM	ABC Coffs Coast FM
896	8-Jul-19	ABC New England North West AM at July 8th 2019 5:30 AM	ABC New England North West AM
897	8-Jul-19	702 ABC Sydney at July 8th 2019 5:30 AM	702 ABC Sydney
898	8-Jul-19	1233 ABC Newcastle at July 8th 2019 5:30 AM	1233 ABC Newcastle
899	8-Jul-19	702 ABC Sydney (secondary) at July 8th 2019 5:30 AM	702 ABC Sydney (secondary)
900	8-Jul-19	ABC South East NSW at July 8th 2019 5:30 AM	ABC South East NSW
901	8-Jul-19	ABC Central West NSW AM at July 8th 2019 5:30 AM	ABC Central West NSW AM
902	8-Jul-19	ABC North Coast NSW at July 8th 2019 5:30 AM	ABC North Coast NSW
903	7-Jul-19	FIVEaa at July 7th 2019 7:30 AM	FIVEaa
904	7-Jul-19	3AW 693 News Talk at July 7th 2019 5:30 AM	3AW 693 News Talk
905	6-Jul-19	5CC at July 6th 2019 11:00 PM	5CC
906	6-Jul-19	5CC at July 6th 2019 10:00 PM	5CC
907	6-Jul-19	5CC at July 6th 2019 9:00 PM	5CC
908	6-Jul-19	2BS 95.1 FM at July 6th 2019 9:00 PM	2BS 95.1 FM
909	6-Jul-19	5CC at July 6th 2019 8:00 PM	5CC
910	6-Jul-19	5CC at July 6th 2019 7:00 PM	5CC
911	6-Jul-19	Mix 104.9 at July 6th 2019 6:00 PM	Mix 104.9
912	6-Jul-19	89.3 LAFM at July 6th 2019 6:00 PM	89.3 LAFM
913	6-Jul-19	Chilli 90.1fm at July 6th 2019 5:55 PM	Chilli 90.1fm

914	6-Jul-19	Chilli 00 7 FM et hala Che 2040 F.FA DM	Ch:II: 00 7 FM
915	6-Jul-19	Chilli 99.7 FM at July 6th 2019 5:54 PM	Chilli 99.7 FM 990 AM 4RO
916	6-Jul-19	990 AM 4RO at July 6th 2019 4:22 PM	
917	6-Jul-19	7XS West Coast Radio Tasmania at July 6th 2019 4:01 PM	7XS West Coast Radio Tasmania
918	6-Jul-19	4BU classic hits 1332AM at July 6th 2019 4:00 PM	4BU classic hits 1332AM
919	6-Jul-19	Chilli 99.7 FM at July 6th 2019 4:00 PM	Chilli 99.7 FM Sea FM 107.7
920	6-Jul-19	Sea FM 107.7 at July 6th 2019 4:00 PM	
920	6-Jul-19	4MK 1026 AM at July 6th 2019 4:00 PM	4MK 1026 AM
921	6-Jul-19	7AD 900AM at July 6th 2019 4:00 PM	7AD 900AM
923	6-Jul-19	Zinc 96.1 at July 6th 2019 4:00 PM	Zinc 96.1
924	6-Jul-19	Sea FM 101.7 at July 6th 2019 4:00 PM	Sea FM 101.7
925	6-Jul-19	7BU 558 AM at July 6th 2019 4:00 PM	7BU 558 AM
925	6-Jul-19	7HO FM at July 6th 2019 4:00 PM	7HO FM
927	6-Jul-19	Chilli 90.1fm at July 6th 2019 3:58 PM	Chilli 90.1fm
927	6-Jul-19	Star 102.7 FM at July 6th 2019 3:56 PM	Star 102.7 FM
	6-Jul-19 6-Jul-19	4CC at July 6th 2019 3:55 PM	4CC
929		Star 106.3 FM at July 6th 2019 3:54 PM	Star 106.3 FM
930	6-Jul-19	4CA 846 AM at July 6th 2019 3:53 PM	4CA 846 AM
931	6-Jul-19	7AD 900AM at July 6th 2019 3:00 PM	7AD 900AM
932	6-Jul-19	7HO FM at July 6th 2019 3:00 PM	7HO FM
933	6-Jul-19	89.3 LAFM at July 6th 2019 3:00 PM	89.3 LAFM
934	6-Jul-19	Sea FM 101.7 at July 6th 2019 3:00 PM	Sea FM 101.7
935	6-Jul-19	Chilli 99.7 FM at July 6th 2019 3:00 PM	Chilli 99.7 FM
936	6-Jul-19	Sea FM 107.7 at July 6th 2019 3:00 PM	Sea FM 107.7
937	6-Jul-19	7BU 558 AM at July 6th 2019 3:00 PM	7BU 558 AM
938	6-Jul-19	Chilli 90.1fm at July 6th 2019 2:59 PM	Chilli 90.1fm
939	6-Jul-19	7XS West Coast Radio Tasmania at July 6th 2019 2:58 PM	7XS West Coast Radio Tasmania
940	6-Jul-19	Perth's 6iX at July 6th 2019 12:00 PM	Perth's 6iX
941	6-Jul-19	Power FM Hunter Valley at July 6th 2019 12:05 PM	Power FM Hunter Valley
942	6-Jul-19	Radio 2ST Coast at July 6th 2019 12:01 PM	Radio 2ST Coast
943	6-Jul-19	96.5 Wave FM at July 6th 2019 12:01 PM	96.5 Wave FM
944	6-Jul-19	981 2NM at July 6th 2019 12:00 PM	981 2NM
945	6-Jul-19	Radio 2ST Highlands at July 6th 2019 12:00 PM	Radio 2ST Highlands
946	6-Jul-19	Power FM Bega Bay at July 6th 2019 12:00 PM	Power FM Bega Bay
947	6-Jul-19	2EC East Coast Radio at July 6th 2019 12:00 PM	2EC East Coast Radio
948	6-Jul-19	2GB Radio (secondary) at July 6th 2019 12:00 PM	2GB Radio (secondary)
949	6-Jul-19	2GB Radio at July 6th 2019 12:00 PM	2GB Radio
950	6-Jul-19	Power FM Nowra at July 6th 2019 12:00 PM	Power FM Nowra
951	6-Jul-19	2BS 95.1 FM at July 6th 2019 11:59 AM	2BS 95.1 FM
952	6-Jul-19	981 2NM at July 6th 2019 10:06 AM	981 2NM
953	6-Jul-19	Power FM Hunter Valley at July 6th 2019 10:05 AM	Power FM Hunter Valley
954	6-Jul-19	Radio 2ST Highlands at July 6th 2019 10:02 AM	Radio 2ST Highlands
955	6-Jul-19	Power FM Bega Bay at July 6th 2019 10:00 AM	Power FM Bega Bay
956	6-Jul-19	2EC East Coast Radio at July 6th 2019 10:00 AM	2EC East Coast Radio
957	6-Jul-19	Radio 2ST Coast at July 6th 2019 10:00 AM	Radio 2ST Coast
958	6-Jul-19	96.5 Wave FM at July 6th 2019 10:00 AM	96.5 Wave FM
959	6-Jul-19	Mix 104.9 at July 6th 2019 9:00 AM	Mix 104.9
960	6-Jul-19	Hot 100 FM at July 6th 2019 9:00 AM	Hot 100 FM
961	6-Jul-19	Eagle FM 93.5 2SNO at July 6th 2019 9:00 AM	Eagle FM 93.5 2SNO
962	6-Jul-19	Perth's 6iX at July 6th 2019 7:00 AM	Perth's 6iX
963	6-Jul-19	6PR 882 News Talk at July 6th 2019 7:00 AM	6PR 882 News Talk
964	6-Jul-19	4BC 1116 News Talk at July 6th 2019 8:02 AM	4BC 1116 News Talk
965	6-Jul-19	FIVEaa at July 6th 2019 7:05 AM	FIVEaa
966	6-Jul-19	Gold Central Victoria at July 6th 2019 7:30 AM	Gold Central Victoria
967	6-Jul-19	Eagle FM 93.5 2SNO at July 6th 2019 7:30 AM	Eagle FM 93.5 2SNO
968	6-Jul-19	Mix 104.9 at July 6th 2019 7:00 AM	Mix 104.9
969	6-Jul-19	1053 2CA Canberra at July 6th 2019 7:30 AM	1053 2CA Canberra
970	6-Jul-19	Hot 100 FM at July 6th 2019 7:00 AM	Hot 100 FM
971	6-Jul-19	i98FM Illawarra at July 6th 2019 7:05 AM	i98FM Illawarra
972	6-Jul-19	Power FM Bega Bay at July 6th 2019 7:05 AM	Power FM Bega Bay
973	6-Jul-19	Forever Classic 2GN at July 6th 2019 7:01 AM	Forever Classic 2GN
974	6-Jul-19	7BU 558 AM at July 6th 2019 7:00 AM	7BU 558 AM
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975	6-Jul-19	Macquarie Sports Radio at July 6th 2019 7:00 AM	Macquarie Sports Radio
976	6-Jul-19	2GB Radio at July 6th 2019 7:00 AM	2GB Radio
977	6-Jul-19	2EC East Coast Radio at July 6th 2019 7:00 AM	2EC East Coast Radio
978	6-Jul-19	Sea FM 107.7 at July 6th 2019 7:00 AM	Sea FM 107.7
979	6-Jul-19 6-Jul-19	2BS 95.1 FM at July 6th 2019 7:00 AM	2BS 95.1 FM
980 981	6-Jul-19 6-Jul-19	2GB Radio (secondary) at July 6th 2019 7:00 AM	2GB Radio (secondary)
-	6-Jul-19	7HO FM at July 6th 2019 7:00 AM	7HO FM
982	6-Jul-19 6-Jul-19	Eagle FM 93.5 2SNO at July 6th 2019 7:00 AM	Eagle FM 93.5 2SNO
984	6-Jul-19	Sea FM 101.7 at July 6th 2019 7:00 AM	Sea FM 101.7
985	6-Jul-19	7AD 900AM at July 6th 2019 7:00 AM	7AD 900AM
986	6-Jul-19	Chilli 99.7 FM at July 6th 2019 6:58 AM	Chilli 99.7 FM
987	6-Jul-19	7XS West Coast Radio Tasmania at July 6th 2019 6:57 AM	7XS West Coast Radio Tasmania
988	6-Jul-19	Chilli 90.1fm at July 6th 2019 6:56 AM	Chilli 90.1fm
989	6-Jul-19	FIVEaa at July 6th 2019 6:00 AM	FIVEaa 4BC 1116 News Talk
990	6-Jul-19	4BC 1116 News Talk at July 6th 2019 6:30 AM	
991	14-May-19	4BC 1116 News Talk at July 6th 2019 5:30 AM	4BC 1116 News Talk
992	9-May-19	Morning exercise keeps the brain sharp all day	SeniorAu Mirogo Nove
993	9-May-19	Morning exercise keeps brain sharp all day	Mirage News
994	9-May-19	Morning exercise keeps brain sharp all day	https://www.nationaltribune.com.au
995	9-May-19	A bout of morning exercise improves memory for the next eight hours	Get Stem
996	21-Apr-19	A bout of morning exercise improves memory for the next eight hours ABC 1 Perth at April 21st 2019 6:30 PM	Get Sydney ABC 1 Perth
997	21-Apr-19	ABC 1 Perth at April 21st 2019 6:30 PM	ABC 1 Perth
998	21-Apr-19	ABC 1 Darwin at April 21st 2019 6:30 PM	ABC 1 Darwin
999	21-Apr-19	ABC 1 Adelaide at April 21st 2019 6:30 PM	ABC 1 Adelaide
1000	21-Apr-19	ABC 1 Adelaide at April 21st 2019 6:30 PM	ABC 1 Adelaide ABC 1 Adelaide
1001	21-Apr-19	ABC 1 Darwin at April 21st 2019 6:30 PM	ABC 1 Darwin
1002	21-Apr-19	ABC 1 Brisbane at April 21st 2019 6:30 PM	ABC 1 Brisbane
1003	21-Apr-19	ABC 1 Brisbane at April 21st 2019 6:30 PM	ABC 1 Brisbane
1004	21-Apr-19	Ask The Doctor	ABC1 Melbourne
1005	21-Apr-19	ABC Canberra at April 21st 2019 6:30 PM	ABC Canberra
1006	21-Apr-19	ABC Hobart at April 21st 2019 6:30 PM	ABC Hobart
1007	21-Apr-19	ABC Hobart at April 21st 2019 6:30 PM	ABC Hobart
1008	21-Apr-19	ABC Canberra at April 21st 2019 6:30 PM	ABC Canberra
1009	21-Apr-19	ABC 1 Sydney (secondary) at April 21st 2019 6:30 PM	ABC 1 Sydney (secondary)
1010	21-Apr-19	ABC 1 Sydney at April 21st 2019 6:30 PM	ABC 1 Sydney
1011	27-Feb-19	ABC 1 Perth at February 27th 2019 11:00 AM	ABC 1 Perth
1012	27-Feb-19	ABC 1 Perth at February 27th 2019 11:00 AM	ABC 1 Perth
1013	27-Feb-19	ABC 1 Darwin at February 27th 2019 11:00 AM	ABC 1 Darwin
1014	27-Feb-19	ABC 1 Darwin at February 27th 2019 11:00 AM	ABC 1 Darwin
1015	27-Feb-19	ABC 1 Brisbane at February 27th 2019 11:00 AM	ABC 1 Brisbane
1016	27-Feb-19	ABC 1 Brisbane at February 27th 2019 11:00 AM	ABC 1 Brisbane
1017	27-Feb-19	ABC 1 Adelaide at February 27th 2019 11:00 AM	ABC 1 Adelaide
1018	27-Feb-19	ABC 1 Adelaide at February 27th 2019 11:00 AM	ABC 1 Adelaide
1019	27-Feb-19	Ask The Doctor	ABC1 Melbourne
1020	27-Feb-19	ABC Canberra at February 27th 2019 11:00 AM	ABC Canberra
1021	27-Feb-19	ABC Hobart at February 27th 2019 11:00 AM	ABC Hobart
1022	27-Feb-19	ABC Hobart at February 27th 2019 11:00 AM	ABC Hobart
1023	27-Feb-19	ABC Canberra at February 27th 2019 11:00 AM	ABC Canberra
1024	27-Feb-19	ABC 1 Sydney at February 27th 2019 11:00 AM	ABC 1 Sydney
1025	27-Feb-19	ABC 1 Sydney (secondary) at February 27th 2019 11:00 AM	ABC 1 Sydney (secondary)
1026	27-Feb-19	ABC1 Melbourne at February 27th 2019 11:00 AM	ABC1 Melbourne
1027	23-Feb-19	Effects of Morning Exercise With/Without Breaks in Sitting on Blood Pressure	MedicalResearch.com
1028	21-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	BizWire Express
1029	21-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	ScienceDaily
1030	21-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Health News Digest
1031	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Health Medicine Network
1032	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Scienmag

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1033	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Deer Park Tribune - FinancialContent
1034	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Crain BusinessInsurance - FinancialContent
1035	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	EurekAlert!
1036	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Aleris - FinancialContent
1037	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Laser Focus World - FinancialContent
1038	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	The Observer News Enterprise - FinancialContent
1039	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Ascensus - FinancialContent
1040	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Citcomm Citcommstations - FinancialContent
1041	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Pawtucket Times - Financial Content
1042	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older	
1043	20-Feb-19	overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	Daily Penny Alerts - FinancialContent
		overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	Daily Herald - FinancialContent
1044	20-Feb-19	overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	Dental Economics - FinancialContent
1045	20-Feb-19	overweight/obese adults, especially in women	Woonsocket Call - FinancialContent
1046	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Stock Market - FinancialContent
1047	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	The Evening Leader - FinancialContent
1048	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Mammoth Times - FinancialContent
1049	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Public Radio International- FinancialContent
1050	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	The Wapakoneta Daily News - FinancialContent
1051	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	The Daily Press - FinancialContent
1052	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Penticton Herald - FinancialContent
1053	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	The Post and Mail - FinancialContent
1054	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Spoke - FinancialContent
1055	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	The Ridgway Record - FinancialContent
1056	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older	
1057	20-Feb-19	overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	Investor Place - Financialcontent.com
1058	20-Feb-19	overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	The Buffalo News - FinancialContent
1059	20-Feb-19	overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	Azcentral.com - FinancialContent
1060	20-Feb-19	overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	Synacor - FinancialContent
1061	20-Feb-19	overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	MyMotherLode.com- FinancialContent
		overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	Tamar Securities - FinancialContent
1062	20-Feb-19	overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	The Lethbridge Herald - FinancialContent
1063	20-Feb-19	overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	Workboat Indexes - FinancialContent
1064	20-Feb-19	overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	The Saline Courier - FinancialContent
1065	20-Feb-19	overweight/obese adults, especially in women	Times Record - FinancialContent
1066	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Great American Financial Resources- FinancialContent
1067	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Starkville Daily News - FinancialContent
1068	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	The Punxsutawney Spirit - FinancialContent

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1069	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	The Decatur Daily Democrat - FinancialContent
1070	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	The Sweetwater Reporter - FinancialContent
1071	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	BPAS - FinancialContent
1072	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	The Decatur Daily Democrat - FinancialContent
1073	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older	
1074	20-Feb-19	overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	Sweetwater Reporter - FinancialContent
1075	20-Feb-19	overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	Minyanville - FinancialContent
1076	20-Feb-19	overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	The Inyo Register - FinancialContent Pittsburgh Post-Gazette -
	20-Feb-19	overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	FinancialContent
1077		overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	The Antlers American - FinancialContent
1078	20-Feb-19	overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	My Central Oregon - FinancialContent The Valley City Times Record -
1079	20-Feb-19	overweight/obese adults, especially in women	FinancialContent
1080	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Winslow Evans Crocker - FinancialContent
1081	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Newsok - FinancialContent
1082	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	The Pilot News - FinancialContent
1083	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Star Tribune - FinancialContent
1084	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	The Kane Republican - FinancialContent
1085	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Morning News - FinancialContent
1086	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	The Post and Mail - FinancialContent
1087	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	StreetInsider - FinancialContent
1088	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older	Renewable Energy World -
1089	20-Feb-19	overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	FinancialContent
1090	20-Feb-19	overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	Cabling - FinancialContent Long Beach Press-Telegram -
1091	20-Feb-19	overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	FinancialContent
		overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	Concordmonitor - FinancialContent
1092	20-Feb-19	overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	The Poteau Daily News - FinancialContent
1093	20-Feb-19	overweight/obese adults, especially in women	Borger News Herald - FinancialContent
1094	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Wapakoneta Daily News - FinancialContent
1095	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Dow Theory Letters - Financial Content
1096	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Boston Herald - FinancialContent
1097	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Borger News Herald
1098	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Malvern Daily Record - FinancialContent
1099	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Big Spring Herald - FinancialContent
1100	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Fat Pitch Financials - FinancialContent
1101	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	International Business Times - FinancialContent
1102	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older	
1103	20-Feb-19	overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	The Community Post - FinancialContent Electric Light & Power - Market -
1104	20-Feb-19	overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	FinancialContent
1104	20100-13	overweight/obese adults, especially in women	Oil & Gas Journal - FinancialContent

1105	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	WRAL - FinancialContent
1106	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	RICentral - FinancialContent
1107	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	The Statesman Examiner - FinancialContent
1108	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older	Silicon Investor - FinancialContent
1109	20-Feb-19	overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	
1110	20-Feb-19	overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	SM Daily Press - Financial Content The Punxsutawney Spirit -
1111	20-Feb-19	overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	FinancialContent
1112	20-Feb-19	overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	The Evening Leader - FinancialContent
		overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	The Daily Times Leader - FinancialContent
1113	20-Feb-19	overweight/obese adults, especially in women Combining morning exercise with short walking breaks helps control blood pressure in older	Poteau Daily News - FinancialContent
1114	20-Feb-19	overweight/obese adults, especially in women	BOSW - Market - FinancialContent
1115	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Medicine Hat News - Financial Content
1116	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	Chronicle Journal - FinancialContent
1117	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	The Pilot News - FinancialContent
1118	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	1st Discount Brokerage - FinancialContent
1119	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	740 KVOR - FinancialContent
1120	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older overweight/obese adults, especially in women	
1121	20-Feb-19	Combining morning exercise with short walking breaks helps control blood pressure in older	Value Investing News - FinancialContent
1122	16-Feb-19	overweight/obese adults, especially in women Early morning exercise the key to better brain health for Baby Boomers: Study	Targeted News Service Starts at 60
1123	21-Jan-19	6PR 882 News Talk at January 21st 2019 3:00 AM	6PR 882 News Talk
1124	19-Jan-19	ABC NewsRadio at January 19th 2019 1:00 PM	ABC NewsRadio
1125	19-Jan-19	ABC NewsRadio at January 19th 2019 12:55 PM	ABC NewsRadio
1126	17-Jan-19	2GB Radio at January 17th 2019 11:03 PM	2GB Radio
		200 Radio at January 17th 2015 11.05 FW	ZGB Radio
1127	17-Jan-19	2GB Radio (secondary) at January 17th 2019 11:03 PM	2GB Radio (secondary)
1127 1128	17-Jan-19 17-Jan-19	·	
		2GB Radio (secondary) at January 17th 2019 11:03 PM	2GB Radio (secondary)
1128	17-Jan-19	2GB Radio (secondary) at January 17th 2019 11:03 PM 4BC 1116 News Talk at January 17th 2019 10:00 PM	2GB Radio (secondary) 4BC 1116 News Talk
1128 1129	17-Jan-19 17-Jan-19	2GB Radio (secondary) at January 17th 2019 11:03 PM 4BC 1116 News Talk at January 17th 2019 10:00 PM Macquarie Sports Radio at January 17th 2019 11:00 PM	2GB Radio (secondary) 4BC 1116 News Talk Macquarie Sports Radio
1128 1129 1130	17-Jan-19 17-Jan-19 17-Jan-19	2GB Radio (secondary) at January 17th 2019 11:03 PM 4BC 1116 News Talk at January 17th 2019 10:00 PM Macquarie Sports Radio at January 17th 2019 11:00 PM 2CC Talking Canberra at January 17th 2019 11:00 PM	2GB Radio (secondary) 4BC 1116 News Talk Macquarie Sports Radio 2CC Talking Canberra
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1128 1129 1130 1131 1132 1133 1134	17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19	2GB Radio (secondary) at January 17th 2019 11:03 PM 4BC 1116 News Talk at January 17th 2019 10:00 PM Macquarie Sports Radio at January 17th 2019 11:00 PM 2CC Talking Canberra at January 17th 2019 11:00 PM FIVEaa at January 17th 2019 8:00 PM SBS World News Radio News Radio News	2GB Radio (secondary) 4BC 1116 News Talk Macquarie Sports Radio 2CC Talking Canberra FIVEaa SBS One 2GB Radio Macquarie Sports Radio
1128 1129 1130 1131 1132 1133 1134 1135	17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19	2GB Radio (secondary) at January 17th 2019 11:03 PM 4BC 1116 News Talk at January 17th 2019 10:00 PM Macquarie Sports Radio at January 17th 2019 11:00 PM 2CC Talking Canberra at January 17th 2019 11:00 PM FIVEaa at January 17th 2019 8:00 PM SBS World News Radio News Radio News 2GB Radio (secondary) at January 17th 2019 5:00 PM	2GB Radio (secondary) 4BC 1116 News Talk Macquarie Sports Radio 2CC Talking Canberra FIVEaa SBS One 2GB Radio Macquarie Sports Radio 2GB Radio (secondary)
1128 1129 1130 1131 1132 1133 1134 1135 1136	17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19	2GB Radio (secondary) at January 17th 2019 11:03 PM 4BC 1116 News Talk at January 17th 2019 10:00 PM Macquarie Sports Radio at January 17th 2019 11:00 PM 2CC Talking Canberra at January 17th 2019 11:00 PM FIVEaa at January 17th 2019 8:00 PM SBS World News Radio News Radio News 2GB Radio (secondary) at January 17th 2019 5:00 PM Macquarie Sports Radio at January 17th 2019 5:00 PM	2GB Radio (secondary) 4BC 1116 News Talk Macquarie Sports Radio 2CC Talking Canberra FIVEaa SBS One 2GB Radio Macquarie Sports Radio 2GB Radio (secondary) Macquarie Sports Radio
1128 1129 1130 1131 1132 1133 1134 1135 1136 1137	17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19	2GB Radio (secondary) at January 17th 2019 11:03 PM 4BC 1116 News Talk at January 17th 2019 10:00 PM Macquarie Sports Radio at January 17th 2019 11:00 PM 2CC Talking Canberra at January 17th 2019 11:00 PM FIVEaa at January 17th 2019 8:00 PM SBS World News Radio News Radio News 2GB Radio (secondary) at January 17th 2019 5:00 PM Macquarie Sports Radio at January 17th 2019 5:00 PM ABC NewsRadio at January 17th 2019 10:56 AM	2GB Radio (secondary) 4BC 1116 News Talk Macquarie Sports Radio 2CC Talking Canberra FIVEaa SBS One 2GB Radio Macquarie Sports Radio 2GB Radio (secondary) Macquarie Sports Radio ABC NewsRadio
1128 1129 1130 1131 1132 1133 1134 1135 1136 1137	17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19	2GB Radio (secondary) at January 17th 2019 11:03 PM 4BC 1116 News Talk at January 17th 2019 10:00 PM Macquarie Sports Radio at January 17th 2019 11:00 PM 2CC Talking Canberra at January 17th 2019 11:00 PM FIVEaa at January 17th 2019 8:00 PM SBS World News Radio News Radio News 2GB Radio (secondary) at January 17th 2019 5:00 PM Macquarie Sports Radio at January 17th 2019 5:00 PM ABC NewsRadio at January 17th 2019 10:56 AM ABC Esperance at January 17th 2019 7:55 AM	2GB Radio (secondary) 4BC 1116 News Talk Macquarie Sports Radio 2CC Talking Canberra FIVEaa SBS One 2GB Radio Macquarie Sports Radio 2GB Radio (secondary) Macquarie Sports Radio ABC NewsRadio ABC Esperance
1128 1129 1130 1131 1132 1133 1134 1135 1136 1137 1138 1139	17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19 17-Jan-19	2GB Radio (secondary) at January 17th 2019 11:03 PM 4BC 1116 News Talk at January 17th 2019 10:00 PM Macquarie Sports Radio at January 17th 2019 11:00 PM 2CC Talking Canberra at January 17th 2019 11:00 PM FIVEaa at January 17th 2019 8:00 PM SBS World News Radio News Radio News 2GB Radio (secondary) at January 17th 2019 5:00 PM Macquarie Sports Radio at January 17th 2019 5:00 PM ABC NewsRadio at January 17th 2019 10:56 AM ABC Esperance at January 17th 2019 7:55 AM ABC Great Southern WA at January 17th 2019 7:55 AM	2GB Radio (secondary) 4BC 1116 News Talk Macquarie Sports Radio 2CC Talking Canberra FIVEaa SBS One 2GB Radio Macquarie Sports Radio 2GB Radio (secondary) Macquarie Sports Radio ABC NewsRadio ABC Great Southern WA
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1128 1129 1130 1131 1132 1133 1134 1135 1136 1137 1138 1139 1140 1141 1142	17-Jan-19	2GB Radio (secondary) at January 17th 2019 11:03 PM 4BC 1116 News Talk at January 17th 2019 10:00 PM Macquarie Sports Radio at January 17th 2019 11:00 PM 2CC Talking Canberra at January 17th 2019 11:00 PM FIVEaa at January 17th 2019 8:00 PM SBS World News Radio News Radio News 2GB Radio (secondary) at January 17th 2019 5:00 PM Macquarie Sports Radio at January 17th 2019 5:00 PM ABC NewsRadio at January 17th 2019 10:56 AM ABC Esperance at January 17th 2019 7:55 AM ABC Great Southern WA at January 17th 2019 7:55 AM ABC North West and Wheatbelt AM at January 17th 2019 7:55 AM ABC North West WA at January 17th 2019 7:55 AM ABC Kimberley at January 17th 2019 7:54 AM ABC South West WA at January 17th 2019 7:53 AM	2GB Radio (secondary) 4BC 1116 News Talk Macquarie Sports Radio 2CC Talking Canberra FIVEaa SBS One 2GB Radio Macquarie Sports Radio 2GB Radio (secondary) Macquarie Sports Radio ABC NewsRadio ABC NewsRadio ABC Great Southern WA ABC Mid West and Wheatbelt AM ABC North West WA ABC South West WA
1128 1129 1130 1131 1132 1133 1134 1135 1136 1137 1138 1139 1140 1141 1142	17-Jan-19	2GB Radio (secondary) at January 17th 2019 11:03 PM 4BC 1116 News Talk at January 17th 2019 10:00 PM Macquarie Sports Radio at January 17th 2019 11:00 PM 2CC Talking Canberra at January 17th 2019 11:00 PM FIVEaa at January 17th 2019 8:00 PM SBS World News Radio News Radio News 2GB Radio (secondary) at January 17th 2019 5:00 PM Macquarie Sports Radio at January 17th 2019 5:00 PM ABC NewsRadio at January 17th 2019 10:56 AM ABC Esperance at January 17th 2019 7:55 AM ABC Great Southern WA at January 17th 2019 7:55 AM ABC North West WA at January 17th 2019 7:55 AM ABC North West WA at January 17th 2019 7:53 AM ABC South West WA at January 17th 2019 7:53 AM ABC Goldfields at January 17th 2019 7:53 AM	2GB Radio (secondary) 4BC 1116 News Talk Macquarie Sports Radio 2CC Talking Canberra FIVEaa SBS One 2GB Radio Macquarie Sports Radio 2GB Radio (secondary) Macquarie Sports Radio ABC NewsRadio ABC NewsRadio ABC Great Southern WA ABC Mid West and Wheatbelt AM ABC North West WA ABC South West WA ABC Goldfields
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1128 1129 1130 1131 1132 1133 1134 1135 1136 1137 1138 1139 1140 1141 1142 1143 1144 1145 1146	17-Jan-19	2GB Radio (secondary) at January 17th 2019 11:03 PM 4BC 1116 News Talk at January 17th 2019 10:00 PM Macquarie Sports Radio at January 17th 2019 11:00 PM 2CC Talking Canberra at January 17th 2019 11:00 PM FIVEaa at January 17th 2019 8:00 PM SBS World News Radio News Radio News 2GB Radio (secondary) at January 17th 2019 5:00 PM Macquarie Sports Radio at January 17th 2019 5:00 PM ABC NewsRadio at January 17th 2019 10:56 AM ABC Esperance at January 17th 2019 7:55 AM ABC Great Southern WA at January 17th 2019 7:55 AM ABC North West WA at January 17th 2019 7:55 AM ABC North West WA at January 17th 2019 7:54 AM ABC South West WA at January 17th 2019 7:53 AM ABC South West WA at January 17th 2019 7:53 AM ABC Goldfields at January 17th 2019 7:53 AM ABC NewsRadio at January 17th 2019 7:53 AM ABC NewsRadio at January 17th 2019 10:50 AM ABC NewsRadio at January 17th 2019 10:35 AM Radio News	2GB Radio (secondary) 4BC 1116 News Talk Macquarie Sports Radio 2CC Talking Canberra FIVEaa SBS One 2GB Radio Macquarie Sports Radio 2GB Radio (secondary) Macquarie Sports Radio ABC NewsRadio ABC NewsRadio ABC Great Southern WA ABC Mid West and Wheatbelt AM ABC North West WA ABC Kimberley ABC South West WA ABC Goldfields ABC NewsRadio
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1128 1129 1130 1131 1132 1133 1134 1135 1136 1137 1138 1139 1140 1141 1142 1143 1144 1145 1146 1147	17-Jan-19	2GB Radio (secondary) at January 17th 2019 10:00 PM 4BC 1116 News Talk at January 17th 2019 10:00 PM Macquarie Sports Radio at January 17th 2019 11:00 PM 2CC Talking Canberra at January 17th 2019 11:00 PM FIVEaa at January 17th 2019 8:00 PM SBS World News Radio News Radio News 2GB Radio (secondary) at January 17th 2019 5:00 PM Macquarie Sports Radio at January 17th 2019 5:00 PM ABC NewsRadio at January 17th 2019 10:56 AM ABC Esperance at January 17th 2019 7:55 AM ABC Great Southern WA at January 17th 2019 7:55 AM ABC Mid West and Wheatbelt AM at January 17th 2019 7:55 AM ABC North West WA at January 17th 2019 7:55 AM ABC South West WA at January 17th 2019 7:53 AM ABC South West WA at January 17th 2019 7:53 AM ABC North West WA at January 17th 2019 7:53 AM ABC North West WA at January 17th 2019 7:53 AM ABC NewsRadio at January 17th 2019 10:50 AM ABC NewsRadio at January 17th 2019 10:50 AM ABC NewsRadio at January 17th 2019 10:35 AM Radio News Perth's 6iX at January 17th 2019 7:00 AM	2GB Radio (secondary) 4BC 1116 News Talk Macquarie Sports Radio 2CC Talking Canberra FIVEaa SBS One 2GB Radio Macquarie Sports Radio 2GB Radio (secondary) Macquarie Sports Radio ABC NewsRadio ABC NewsRadio ABC Great Southern WA ABC Mid West and Wheatbelt AM ABC North West WA ABC Kimberley ABC South West WA ABC Goldfields ABC NewsRadio 6PR 882 News Talk Perth's 6iX
1128 1129 1130 1131 1132 1133 1134 1135 1136 1137 1138 1139 1140 1141 1142 1143 1144 1145 1146 1147 1148 1149 1150	17-Jan-19	2GB Radio (secondary) at January 17th 2019 11:03 PM 4BC 1116 News Talk at January 17th 2019 10:00 PM Macquarie Sports Radio at January 17th 2019 11:00 PM 2CC Talking Canberra at January 17th 2019 11:00 PM FIVEaa at January 17th 2019 8:00 PM SBS World News Radio News Radio News Radio (secondary) at January 17th 2019 5:00 PM Macquarie Sports Radio at January 17th 2019 5:00 PM Macquarie Sports Radio at January 17th 2019 5:00 PM ABC NewsRadio at January 17th 2019 10:56 AM ABC Esperance at January 17th 2019 7:55 AM ABC Great Southern WA at January 17th 2019 7:55 AM ABC Mid West and Wheatbelt AM at January 17th 2019 7:55 AM ABC North West WA at January 17th 2019 7:55 AM ABC South West WA at January 17th 2019 7:53 AM ABC South West WA at January 17th 2019 7:53 AM ABC NewsRadio at January 17th 2019 7:53 AM ABC NewsRadio at January 17th 2019 10:50 AM ABC NewsRadio at January 17th 2019 10:50 AM ABC NewsRadio at January 17th 2019 10:50 AM Radio News Perth's 6iX at January 17th 2019 7:00 AM Radio News 3BA FM at January 17th 2019 9:00 AM	2GB Radio (secondary) 4BC 1116 News Talk Macquarie Sports Radio 2CC Talking Canberra FIVEaa SBS One 2GB Radio Macquarie Sports Radio 2GB Radio (secondary) Macquarie Sports Radio ABC NewsRadio ABC NewsRadio ABC Great Southern WA ABC Mid West and Wheatbelt AM ABC North West WA ABC Kimberley ABC South West WA ABC Goldfields ABC NewsRadio 6PR 882 News Talk Perth's 6iX 4BC 1116 News Talk 3BA FM
1128 1129 1130 1131 1132 1133 1134 1135 1136 1137 1138 1139 1140 1141 1142 1143 1144 1145 1146 1147 1148 1149 1150	17-Jan-19	2GB Radio (secondary) at January 17th 2019 10:00 PM 4BC 1116 News Talk at January 17th 2019 10:00 PM Macquarie Sports Radio at January 17th 2019 11:00 PM 2CC Talking Canberra at January 17th 2019 11:00 PM FIVEaa at January 17th 2019 8:00 PM SBS World News Radio News Radio News Radio (secondary) at January 17th 2019 5:00 PM Macquarie Sports Radio at January 17th 2019 5:00 PM Macquarie Sports Radio at January 17th 2019 5:00 PM ABC NewsRadio at January 17th 2019 10:56 AM ABC Esperance at January 17th 2019 7:55 AM ABC Great Southern WA at January 17th 2019 7:55 AM ABC Mid West and Wheatbelt AM at January 17th 2019 7:55 AM ABC North West WA at January 17th 2019 7:55 AM ABC South West WA at January 17th 2019 7:53 AM ABC South West WA at January 17th 2019 7:53 AM ABC NewsRadio at January 17th 2019 7:53 AM ABC NewsRadio at January 17th 2019 10:50 AM ABC NewsRadio at January 17th 2019 10:35 AM Radio News Perth's 6iX at January 17th 2019 7:00 AM Radio News 3BA FM at January 17th 2019 9:00 AM Radio News ABC Goulburn Murray at January 17th 2019 7:55 AM	2GB Radio (secondary) 4BC 1116 News Talk Macquarie Sports Radio 2CC Talking Canberra FIVEaa SBS One 2GB Radio Macquarie Sports Radio 2GB Radio (secondary) Macquarie Sports Radio ABC NewsRadio ABC NewsRadio ABC Mid West and Wheatbelt AM ABC Mid West WA ABC Kimberley ABC South West WA ABC Goldfields ABC NewsRadio ABC NewsRadio ABC NewsRadio ABC NewsRadio ABC South West WA ABC Goldfields ABC NewsRadio ABC NewsRadio
1128 1129 1130 1131 1132 1133 1134 1135 1136 1137 1138 1139 1140 1141 1142 1143 1144 1145 1146 1147 1148 1149 1150 1151	17-Jan-19	2GB Radio (secondary) at January 17th 2019 11:03 PM 4BC 1116 News Talk at January 17th 2019 10:00 PM Macquarie Sports Radio at January 17th 2019 11:00 PM 2CC Talking Canberra at January 17th 2019 11:00 PM FIVEaa at January 17th 2019 8:00 PM SBS World News Radio News Radio News Radio (secondary) at January 17th 2019 5:00 PM Macquarie Sports Radio at January 17th 2019 5:00 PM Macquarie Sports Radio at January 17th 2019 5:00 PM ABC NewsRadio at January 17th 2019 10:56 AM ABC Esperance at January 17th 2019 7:55 AM ABC Great Southern WA at January 17th 2019 7:55 AM ABC Mid West and Wheatbelt AM at January 17th 2019 7:55 AM ABC North West WA at January 17th 2019 7:55 AM ABC South West WA at January 17th 2019 7:53 AM ABC South West WA at January 17th 2019 7:53 AM ABC NewsRadio at January 17th 2019 7:53 AM ABC NewsRadio at January 17th 2019 10:50 AM ABC NewsRadio at January 17th 2019 10:50 AM ABC NewsRadio at January 17th 2019 10:55 AM Radio News Perth's 6iX at January 17th 2019 7:00 AM Radio News 3BA FM at January 17th 2019 9:00 AM Radio News	2GB Radio (secondary) 4BC 1116 News Talk Macquarie Sports Radio 2CC Talking Canberra FIVEaa SBS One 2GB Radio Macquarie Sports Radio 2GB Radio (secondary) Macquarie Sports Radio ABC NewsRadio ABC NewsRadio ABC Great Southern WA ABC Mid West and Wheatbelt AM ABC North West WA ABC Kimberley ABC South West WA ABC Goldfields ABC NewsRadio

4455	17 lon 10	ADC NATISHAM THAT IS A SECOND OF TAXABLE	ADC Mildow 524
1155 1156	17-Jan-19 17-Jan-19	ABC Mildura FM at January 17th 2019 7:54 AM	ABC Control Victoria FM
1156	17-Jan-19 17-Jan-19	ABC Central Victoria FM at January 17th 2019 7:54 AM	ABC Cincoland
1157	17-Jan-19 17-Jan-19	ABC Gippsland at January 17th 2019 7:53 AM	ABC Most Vistoria AM
1159	17-Jan-19	ABC West Victoria AM at January 17th 2019 7:52 AM Ross and John	ABC West Victoria AM
1160	17-Jan-19		3AW 693 News Talk
1161	17-Jan-19	ABC NewsRadio at January 17th 2019 7:35 AM Radio News	ABC NewsRadio 4BC 1116 News Talk
1162	17-Jan-19	ABC NewsRadio at January 17th 2019 6:34 AM	ABC NewsRadio
1163	17-Jan-19	ABC NewsRadio at January 17th 2019 6:06 AM	ABC NewsRadio ABC NewsRadio
1164	17-Jan-19	Sitting for a long period of time may be bad for your bones	HealthTimes
1165	17-Jan-19	Aussies feature in bone health research	Thisismoney.co.uk
1166	17-Jan-19	Aussies feature in bone health research	Daily Mail Online
1167	4-Jan-19	Nie katuj się ćwiczeniami! Lepszy trening krótki i w pomieszczeniu. Nowe wytyczne	Focus.pl
1168	18-Nov-18	ABC 1 Perth at November 18th 2018 5:00 PM	ABC 1 Perth
1169	18-Nov-18	ABC 1 Perth at November 18th 2018 5:00 PM	ABC 1 Perth
1170	18-Nov-18	ABC 1 Darwin at November 18th 2018 5:00 PM	ABC 1 Darwin
1171	18-Nov-18	ABC 1 Darwin at November 18th 2018 5:00 PM	ABC 1 Darwin
1172	18-Nov-18	ABC 1 Brisbane at November 18th 2018 5:00 PM	ABC 1 Brisbane
1173	18-Nov-18	ABC 1 Brisbane at November 18th 2018 5:00 PM	ABC 1 Brisbane
1174	18-Nov-18	ABC 1 Adelaide at November 18th 2018 5:00 PM	ABC 1 Adelaide
1175	18-Nov-18	ABC 1 Adelaide at November 18th 2018 5:00 PM	ABC 1 Adelaide
1176	18-Nov-18	ABC 1 Sydney (secondary) at November 18th 2018 5:00 PM	ABC 1 Sydney (secondary)
1177	18-Nov-18	ABC 1 Sydney (tertiary) at November 18th 2018 5:00 PM	ABC 1 Sydney (tertiary)
1178	18-Nov-18	ABC Canberra at November 18th 2018 5:00 PM	ABC Canberra
1179	18-Nov-18	ABC Hobart at November 18th 2018 5:00 PM	ABC Hobart
1180	18-Nov-18	ABC Canberra at November 18th 2018 5:00 PM	ABC Canberra
1181	18-Nov-18	ABC Hobart at November 18th 2018 5:00 PM	ABC Hobart
1182	18-Nov-18	ABC 1 Sydney at November 18th 2018 5:00 PM	ABC 1 Sydney
1183	18-Nov-18	ABC1 Melbourne at November 18th 2018 5:00 PM	ABC1 Melbourne
1184	18-Nov-18	Everyone's A Critic	ABC1 Melbourne
1185	17-Nov-18	Associations of context-specific sitting time with markers of cardiometabolic risk in Australian adults	Bio Med Central
1186	13-Nov-18	ABC 1 Perth at November 13th 2018 8:02 PM	ABC 1 Perth
1187	13-Nov-18	ABC 1 Perth at November 13th 2018 8:02 PM	ABC 1 Perth
1188	13-Nov-18	ABC 1 Darwin at November 13th 2018 8:02 PM	ABC 1 Darwin
1189	13-Nov-18	ABC 1 Darwin at November 13th 2018 8:02 PM	ABC 1 Darwin
1190	13-Nov-18	ABC 1 Brisbane at November 13th 2018 8:02 PM	ABC 1 Brisbane
1191	13-Nov-18	ABC 1 Brisbane at November 13th 2018 8:02 PM	ABC 1 Brisbane
1192	13-Nov-18	ABC 1 Adelaide at November 13th 2018 8:02 PM	ABC 1 Adelaide
1193	13-Nov-18	ABC 1 Adelaide at November 13th 2018 8:02 PM	ABC 1 Adelaide
1194	13-Nov-18	ABC Canberra at November 13th 2018 8:02 PM	ABC Canberra
1195	13-Nov-18	ABC Canberra at November 13th 2018 8:02 PM	ABC Canberra
1196	13-Nov-18	ABC 1 Sydney (tertiary) at November 13th 2018 8:02 PM	ABC 1 Sydney (tertiary)
1197	13-Nov-18	ABC Hobart at November 13th 2018 8:02 PM	ABC Hobart
1198	13-Nov-18	ABC 1 Sydney at November 13th 2018 8:02 PM	ABC 1 Sydney
1199	13-Nov-18	ABC Hobart at November 13th 2018 8:02 PM	ABC Hobart
1200	13-Nov-18	ABC 1 Sydney (secondary) at November 13th 2018 8:02 PM	ABC 1 Sydney (secondary)
1201	13-Nov-18	ABC1 Melbourne at November 13th 2018 8:02 PM	ABC1 Melbourne
1202	12-Nov-18	ABC South East NSW at November 12th 2018 9:18 PM	ABC South East NSW
1203	12-Nov-18	ABC Upper Hunter AM at November 12th 2018 9:18 PM	ABC Upper Hunter AM
1204	12-Nov-18	1233 ABC Newcastle at November 12th 2018 9:17 PM	1233 ABC Newcastle
1205 1206	12-Nov-18 12-Nov-18	ABC Central West NSW AM at November 12th 2018 9:17 PM	ABC Central West NSW AM
		666 ABC Canberra at November 12th 2018 9:17 PM	666 ABC Canberra
1207 1208	12-Nov-18 12-Nov-18	ABC Central Coast NSW at November 12th 2018 9:16 PM	ABC Central Coast NSW
1208	12-Nov-18 12-Nov-18	ABC Western Plains at November 12th 2018 9:16 PM	ABC Western Plains
1209	12-Nov-18 12-Nov-18	ABC Illawarra at November 12th 2018 9:16 PM	ABC Illawarra ABC Mid North Coast NSW Padio
1210	12-Nov-18	ABC Mid North Coast NSW Radio at November 12th 2018 9:16 PM ABC Coffs Coast FM at November 12th 2018 9:16 PM	ABC Mid North Coast NSW Radio
1211	12-Nov-18	ABC Cons Coast FM at November 12th 2018 9:16 PM ABC Riverina FM at November 12th 2018 9:15 PM	ABC Coffs Coast FM ABC Riverina FM
1212	12-Nov-18	ABC New England North West AM at November 12th 2018 9:14 PM	ABC Riverina Fivi ABC New England North West AM
1213	12-Nov-18	ABC New England North West AW at November 12th 2018 9:14 PM ABC North Coast NSW at November 12th 2018 9:13 PM	ABC New England North West Alvi ABC North Coast NSW
1215	12-Nov-18	Ask the Doctor: Nov 13	TV Tonight
	1 - 1404-10	May the Doctor. May 13	I V TOTIIBLIL

4046	1-Nov-18	-	IN THE BLACK
1216		The truth behind the standing-up-at-work movement	IN THE BLACK
1217	18-Oct-18	Sit-stand office desks appear to boost performance, psychological health - Medical Brief	MedicalBrief
1218	20-Sep-18	Waarom zitten het nieuwe roken is	Men's Health
1219	20-Sep-18	Tired in the afternoon? Ways to beat that slump	ABC Life
1220	7-Aug-18	Oliver Peterson	6PR 882 News Talk
1221	6-Aug-18	Standing desks 'are good value for money', study finds	MSN Singapore
1222	6-Aug-18	ABC Central Coast NSW at August 6th 2018 6:18 PM	ABC Central Coast NSW
1223	6-Aug-18	Richard Glover	702 ABC Sydney
1224	6-Aug-18	Standing desks 'good value for money', study finds	F3News
1225	6-Aug-18	Standing desks may be key to reducing obesity rates across Australia	MSN - Australia
1226	6-Aug-18	Standing desks may be key to reducing obesity rates across Australia	MSN - Australia
1227	6-Aug-18	ABC Kimberley at August 6th 2018 8:27 AM	ABC Kimberley
1228	6-Aug-18	ABC South West WA at August 6th 2018 8:26 AM	ABC South West WA
1229	6-Aug-18	ABC Great Southern WA at August 6th 2018 8:26 AM	ABC Great Southern WA
1230	6-Aug-18	720 ABC Perth at August 6th 2018 8:25 AM	720 ABC Perth
1231	6-Aug-18	ABC Goldfields at August 6th 2018 8:25 AM	ABC Goldfields
1232	6-Aug-18	ABC Mid West and Wheatbelt AM at August 6th 2018 8:24 AM	ABC Mid West and Wheatbelt AM
1233	6-Aug-18	ABC Alice Springs at August 6th 2018 8:28 AM	ABC Alice Springs
1234	6-Aug-18	ABC North and West SA at August 6th 2018 8:26 AM	ABC North and West SA
1235	6-Aug-18	ABC South East SA at August 6th 2018 8:26 AM	ABC South East SA
1236 1237	6-Aug-18	ABC Riverland AM at August 6th 2018 8:25 AM	ABC Riverland AM
	6-Aug-18	891 ABC Adelaide at August 6th 2018 8:25 AM	891 ABC Adelaide
1238 1239	6-Aug-18	ABC Broken Hill AM at August 6th 2018 8:24 AM	ABC North and Transaction
	6-Aug-18	ABC Northern Tasmania at August 6th 2018 8:29 AM	ABC Northern Tasmania
1240	6-Aug-18	ABC Gippsland at August 6th 2018 8:28 AM	ABC Gippsland
1241	6-Aug-18	ABC Far North Queensland at August 6th 2018 8:28 AM	ABC Far North Queensland
1242	6-Aug-18	ABC New England North West AM at August 6th 2018 8:28 AM	ABC New England North West AM
1243	6-Aug-18	ABC Mid North Coast NSW Radio at August 6th 2018 8:28 AM	ABC Mid North Coast NSW Radio
1244	6-Aug-18	ABC North West Queensland at August 6th 2018 8:27 AM	ABC North West Queensland
1245	6-Aug-18	666 ABC Canberra at August 6th 2018 8:27 AM	666 ABC Canberra
1246 1247	6-Aug-18	97.1 ABC Coast FM at August 6th 2018 8:27 AM	97.1 ABC Coast FM
1247	6-Aug-18	ABC Southern Queensland at August 6th 2018 8:27 AM	ABC Southern Queensland
1249	6-Aug-18 6-Aug-18	ABC Illawarra at August 6th 2018 8:27 AM	ABC Convincersia 504
1250	6-Aug-18	ABC Capricornia FM at August 6th 2018 8:27 AM	ABC Capricornia FM
1251	6-Aug-18	ABC West Victoria AM at August 6th 2018 8:27 AM	ABC West Victoria AM
1252	6-Aug-18	1233 ABC Newcastle at August 6th 2018 8:26 AM	1233 ABC Newcastle
1253	6-Aug-18	ABC Upper Hunter AM at August 6th 2018 8:26 AM	ABC Upper Hunter AM ABC South West Victoria AM
1254	6-Aug-18	ABC South West Victoria AM at August 6th 2018 8:26 AM	
1255	6-Aug-18	936 ABC Hobart at August 6th 2018 8:25 AM	936 ABC Hobart
1256	6-Aug-18	ABC Shepparton FM at August 6th 2018 8:25 AM	ABC Shepparton FM ABC Western Plains
1257	6-Aug-18	ABC Western Plains at August 6th 2018 8:24 AM	
1258	6-Aug-18	702 ABC Sydney at August 6th 2018 8:24 AM	702 ABC Sydney
1259	6-Aug-18	ABC Wide Bay at August 6th 2018 8:24 AM ABC Goulburn Murray at August 6th 2018 8:24 AM	ABC Wide Bay ABC Goulburn Murray
1260	6-Aug-18	ABC Western Queensland at August 6th 2018 8:24 AM	ABC Western Queensland
1261	6-Aug-18	ABC South West WA at August 6th 2018 6:15 AM	ABC Western Queensland ABC South West WA
1262	6-Aug-18	Early AM	720 ABC Perth
1263	6-Aug-18	ABC Kimberley at August 6th 2018 6:12 AM	ABC Kimberley
1264	6-Aug-18	ABC Esperance at August 6th 2018 6:12 AM	ABC Esperance
1265	6-Aug-18	ABC Esperance at August 6th 2018 6:12 AM ABC Goldfields at August 6th 2018 6:11 AM	ABC Esperance ABC Goldfields
1266	6-Aug-18	ABC Goldfields at August 6th 2018 6:11 AM ABC Great Southern WA at August 6th 2018 6:10 AM	ABC Goldfields ABC Great Southern WA
1267	6-Aug-18	ABC Mid West and Wheatbelt AM at August 6th 2018 6:10 AM	ABC Mid West and Wheatbelt AM
1268	6-Aug-18	ABC South West WA at August 6th 2018 6:09 AM	ABC South West WA
1269	6-Aug-18	ABC NewsRadio at August 6th 2018 7:54 AM	ABC South West WA ABC NewsRadio
1270	6-Aug-18		Times of News Australia
1270	6-Aug-18	Standing desks could save \$84 million in health care costs: study	ABC North Coast NSW
1271	6-Aug-18	AM - Sabra Lane AM - Sabra Lane	ABC North Coast NSW ABC Central West NSW AM
1272	6-Aug-18	AM - Sabra Lane AM - Sabra Lane	ABC Central West NSW AM ABC South West WA
1273	6-Aug-18	AM - Sabra Lane	774 ABC Melbourne
1274	6-Aug-18	AM - Sabra Lane AM - Sabra Lane	ABC West Victoria AM
1276	6-Aug-18	AM - Sabra Lane	ABC Great Southern WA
12/0	0-Aug-10	AIVI - Sauld Lalle	ABC Great Southern WA

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1277	6-Aug-18	AM - Sabra Lane	ABC Shepparton FM
1278	6-Aug-18	AM - Sabra Lane	ABC Coffs Coast FM
1279	6-Aug-18	AM - Sabra Lane	1233 ABC Newcastle
1280	6-Aug-18	AM - Sabra Lane	ABC Central Coast NSW
1281	6-Aug-18	AM - Sabra Lane	702 ABC Sydney
1282	6-Aug-18	AM - Sabra Lane	ABC Kimberley
1283	6-Aug-18	AM - Sabra Lane	ABC Central Victoria FM
1284	6-Aug-18	AM - Sabra Lane	774 ABC Melbourne
1285	6-Aug-18	AM - Sabra Lane	ABC North Queensland
1286	6-Aug-18	AM - Sabra Lane	ABC Capricornia FM
1287	6-Aug-18	AM - Sabra Lane	ABC Southern Queensland
1288	6-Aug-18	AM - Sabra Lane	936 ABC Hobart
1289	6-Aug-18	AM - Sabra Lane	ABC South East NSW
1290	6-Aug-18	AM - Sabra Lane	612 ABC Brisbane
1291	6-Aug-18	AM - Sabra Lane	ABC Far North Queensland
1292	6-Aug-18	AM - Sabra Lane	891 ABC Adelaide
1293	6-Aug-18	AM - Sabra Lane	ABC Tropical North FM
1294	6-Aug-18	AM - Sabra Lane	ABC North West Queensland
1295	6-Aug-18	AM - Sabra Lane	ABC Mildura FM
1296	6-Aug-18	AM - Sabra Lane	ABC New England North West AM
1297	6-Aug-18	AM - Sabra Lane	105.7 ABC Darwin
1298	6-Aug-18	AM - Sabra Lane	ABC Western Plains
1299	6-Aug-18	AM - Sabra Lane	ABC Goldfields
1300	6-Aug-18	AM - Sabra Lane	ABC Ballarat FM
1301	6-Aug-18	AM - Sabra Lane	ABC Mid North Coast NSW Radio
1302	6-Aug-18	AM - Sabra Lane	ABC Illawarra
1303	6-Aug-18	AM - Sabra Lane	666 ABC Canberra
1304	6-Aug-18	AM - Sabra Lane	ABC Mid West and Wheatbelt AM
1305	6-Aug-18	AM - Sabra Lane	ABC Goulburn Murray
1306	6-Aug-18	AM - Sabra Lane	ABC Riverland AM
1307	6-Aug-18	AM - Sabra Lane	ABC South East SA
1308	6-Aug-18	AM - Sabra Lane	ABC Western Queensland
1309	6-Aug-18	AM - Sabra Lane	ABC Broken Hill AM
1310	6-Aug-18	AM - Sabra Lane	720 ABC Perth
1311	6-Aug-18	AM - Sabra Lane	ABC West Coast SA AM
1312	6-Aug-18	AM - Sabra Lane	ABC Alice Springs
1313	6-Aug-18	AM - Sabra Lane	ABC Gippsland
1314	6-Aug-18	AM - Sabra Lane	ABC Wide Bay
1315	6-Aug-18	AM - Sabra Lane	ABC Northern Tasmania
1316	6-Aug-18	AM - Sabra Lane	ABC Esperance
1317	6-Aug-18	AM - Sabra Lane	ABC South West Victoria AM
1318	6-Aug-18	AM - Sabra Lane	ABC Sunshine Coast FM
1319	6-Aug-18	AM - Sabra Lane	ABC Upper Hunter AM
1320	6-Aug-18	AM - Sabra Lane	ABC North West WA
1321	6-Aug-18	AM - Sabra Lane	ABC Riverina FM
1322	6-Aug-18	AM - Sabra Lane	ABC North and West SA
1323	6-Aug-18	Ross and John	3AW 693 News Talk
1324	6-Aug-18	ABC North and West SA at August 6th 2018 6:15 AM	ABC North and West SA
1325	6-Aug-18	ABC West Coast SA AM at August 6th 2018 6:15 AM	ABC West Coast SA AM
1326	6-Aug-18	ABC Riverland AM at August 6th 2018 6:15 AM	ABC Riverland AM
1327	6-Aug-18	ABC Alice Springs at August 6th 2018 6:14 AM	ABC Alice Springs
1328	6-Aug-18	AM with Sabra Lane	105.7 ABC Darwin
1329	6-Aug-18	ABC Broken Hill AM at August 6th 2018 6:13 AM	ABC Broken Hill AM
1330	6-Aug-18	ABC South East SA at August 6th 2018 6:11 AM	ABC South East SA
1331	6-Aug-18	ABC North and West SA at August 6th 2018 6:10 AM	ABC North and West SA
1332	6-Aug-18	ABC Riverland AM at August 6th 2018 6:10 AM	ABC Riverland AM
1333	6-Aug-18	ABC Alice Springs at August 6th 2018 6:09 AM	ABC Alice Springs
1334	6-Aug-18	AM - Sabra Lane	ABC Radio National
1335	6-Aug-18	ABC West Victoria AM at August 6th 2018 6:16 AM	ABC West Victoria AM
1336	6-Aug-18	ABC Southern Queensland at August 6th 2018 6:15 AM	ABC Southern Queensland
1337	6-Aug-18	ABC Goulburn Murray at August 6th 2018 6:15 AM	ABC Goulburn Murray
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1939 Aug-18 ABC Far North Queensland at August 8th 2018 613 AM 1234 ABC Newscapel	4000	C A.v. 10		
1940 A-sig-18 J233 MC Neverate at August 6th 2018 613 AM	1338	6-Aug-18	ABC New England North West AM at August 6th 2018 6:15 AM	ABC New England North West AM
1941 S. Aug. 18 ARC Cippland at August 61 70 218 F.14 AM	-		<u> </u>	, , , , , , , , , , , , , , , , , , , ,
1942 Aug-18 ABC Central Victors FM at August 6th 2018 6:14 AM	-			
1444 6-Aug 18 ABC Upper Hunter AM of August 6th 2018 613 AM ABC Upper Hunter AM	-			
1446 6.40g-18 ABC Illawarra et August 6th 2018 6:13 AM				
1446 A-Aug-18 Early AM	-			1
1446 6-Aug-18 ABC Shepparton FM at August 6th 2018 613 AM ABC Mildrar FM ABC Mildrar FM at August 6th 2018 613 AM ABC Mildrar FM ABC Mildrar FM at August 6th 2018 613 AM ABC Mildrar FM ABC Mildrar FM at August 6th 2018 613 AM ABC Mildrar FM ABC Mildrar FM				
1947 A-Aug-18	-		•	
1486 6-Aug-18 ABC Central Coast NSW at August 6th 2018 6:13 AM ABC Central Coast NSW	-			
1446 CA-Ug-18 ABC West Victoria AM at August 6th 2018 612 AM ABC West Victoria AM ABC West Park				
1955 6-Aug-18 ABC Wide Bay at August 6th 2018 6:12 AM ABC North West Queensland ABC North Cast NSW at August 6th 2018 6:12 AM ABC South East NSW ABC Captionals FM ABC	-			
1955 6-Aug-18 ABC North West Queensland at August 6th 2018 6:12 AM ABC Western Plains				
1935 6-Aug-18 ABC Western Plains at August 6th 2018 6:12 AM ABC South Earn NSW				,
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1388 31-Jul-18 981 2NM at July 31st 2018 10:00 AM 981 2NM 1389 31-Jul-18 Eagle FM 93.5 2SNO at July 31st 2018 10:00 AM Eagle FM 93.5 2SNO 1390 31-Jul-18 Radio 2ST Highlands at July 31st 2018 10:00 AM Radio 2ST Highlands 1391 31-Jul-18 Radio 2ST Coast at July 31st 2018 10:00 AM Radio 2ST Coast 1392 31-Jul-18 Power FM Bega Bay at July 31st 2018 10:00 AM Power FM Bega Bay 1393 31-Jul-18 Power FM Hunter Valley at July 31st 2018 10:00 AM Power FM Hunter Valley 1394 31-Jul-18 Power FM Nowra at July 31st 2018 10:00 AM Power FM Nowra 1395 31-Jul-18 Mix 104.9 at July 31st 2018 9:00 AM Mix 104.9 1396 31-Jul-18 Hot 100 FM at July 31st 2018 9:00 AM Hot 100 FM	-		·	
1389 31-Jul-18 Eagle FM 93.5 2SNO at July 31st 2018 10:00 AM Eagle FM 93.5 2SNO 1390 31-Jul-18 Radio 2ST Highlands at July 31st 2018 10:00 AM Radio 2ST Highlands 1391 31-Jul-18 Radio 2ST Coast at July 31st 2018 10:00 AM Radio 2ST Coast 1392 31-Jul-18 Power FM Bega Bay at July 31st 2018 10:00 AM Power FM Bega Bay 1393 31-Jul-18 Power FM Hunter Valley at July 31st 2018 10:00 AM Power FM Hunter Valley 1394 31-Jul-18 Power FM Nowra at July 31st 2018 10:00 AM Power FM Nowra 1395 31-Jul-18 Mix 104.9 at July 31st 2018 9:00 AM Mix 104.9 1396 31-Jul-18 Hot 100 FM at July 31st 2018 9:00 AM Hot 100 FM	-		· · · · · · · · · · · · · · · · · · ·	·
1390 31-Jul-18 Radio 2ST Highlands at July 31st 2018 10:00 AM Radio 2ST Highlands 1391 31-Jul-18 Radio 2ST Coast at July 31st 2018 10:00 AM Radio 2ST Coast 1392 31-Jul-18 Power FM Bega Bay at July 31st 2018 10:00 AM Power FM Bega Bay 1393 31-Jul-18 Power FM Hunter Valley at July 31st 2018 10:00 AM Power FM Hunter Valley 1394 31-Jul-18 Power FM Nowra at July 31st 2018 10:00 AM Power FM Nowra 1395 31-Jul-18 Mix 104.9 at July 31st 2018 9:00 AM Mix 104.9 1396 31-Jul-18 Hot 100 FM at July 31st 2018 9:00 AM Hot 100 FM	-		•	
1391 31-Jul-18 Radio 2ST Coast at July 31st 2018 10:00 AM Radio 2ST Coast 1392 31-Jul-18 Power FM Bega Bay at July 31st 2018 10:00 AM Power FM Bega Bay 1393 31-Jul-18 Power FM Hunter Valley at July 31st 2018 10:00 AM Power FM Hunter Valley 1394 31-Jul-18 Power FM Nowra at July 31st 2018 10:00 AM Power FM Nowra 1395 31-Jul-18 Mix 104.9 at July 31st 2018 9:00 AM Mix 104.9 1396 31-Jul-18 Hot 100 FM at July 31st 2018 9:00 AM Hot 100 FM			·	
1392 31-Jul-18 Power FM Bega Bay at July 31st 2018 10:00 AM Power FM Bega Bay 1393 31-Jul-18 Power FM Hunter Valley at July 31st 2018 10:00 AM Power FM Hunter Valley 1394 31-Jul-18 Power FM Nowra at July 31st 2018 10:00 AM Power FM Nowra 1395 31-Jul-18 Mix 104.9 at July 31st 2018 9:00 AM Mix 104.9 1396 31-Jul-18 Hot 100 FM at July 31st 2018 9:00 AM Hot 100 FM				
1393 31-Jul-18 Power FM Hunter Valley at July 31st 2018 10:00 AM Power FM Hunter Valley 1394 31-Jul-18 Power FM Nowra at July 31st 2018 10:00 AM Power FM Nowra 1395 31-Jul-18 Mix 104.9 at July 31st 2018 9:00 AM Mix 104.9 1396 31-Jul-18 Hot 100 FM at July 31st 2018 9:00 AM Hot 100 FM	-		·	
1394 31-Jul-18 Power FM Nowra at July 31st 2018 10:00 AM Power FM Nowra 1395 31-Jul-18 Mix 104.9 at July 31st 2018 9:00 AM Mix 104.9 1396 31-Jul-18 Hot 100 FM at July 31st 2018 9:00 AM Hot 100 FM				• •
1395 31-Jul-18 Mix 104.9 at July 31st 2018 9:00 AM Mix 104.9 1396 31-Jul-18 Hot 100 FM at July 31st 2018 9:00 AM Hot 100 FM			· ·	'
1396 31-Jul-18 Hot 100 FM at July 31st 2018 9:00 AM Hot 100 FM	-		·	
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1 400 T 1 04 1 1 40 T			,	
	1397	31-Jul-18	93.9 Bay FM at July 31st 2018 9:30 AM	93.9 Bay FM
1398 31-Jul-18 981 2NM at July 31st 2018 9:02 AM 981 2NM	1398	31-Jul-18	981 2NM at July 31st 2018 9:02 AM	981 2NM

4000	31-Jul-18		- u 22-2 ·
1399	31-Jul-18	Radio 2ST Coast at July 31st 2018 9:01 AM	Radio 2ST Coast
-	31-Jul-18	Radio 2ST Highlands at July 31st 2018 9:00 AM	Radio 2ST Highlands
1401	31-Jul-18	Power FM Hunter Valley at July 31st 2018 9:00 AM	Power FM Hunter Valley
1402		Power FM Nowra at July 31st 2018 9:00 AM	Power FM Nowra
1403	31-Jul-18 31-Jul-18	Eagle FM 93.5 2SNO at July 31st 2018 9:00 AM	Eagle FM 93.5 2SNO
1404	31-Jul-18	Jon Faine	774 ABC Melbourne
-	31-Jul-18	Radio News	3AW 693 News Talk
1406	31-Jul-18	1053 2CA Canberra at July 31st 2018 6:30 AM	1053 2CA Canberra
1407	31-Jul-18	2CC Talking Canberra at July 31st 2018 6:30 AM	2CC Talking Canberra
1408		Ross and John	3AW 693 News Talk
1409	31-Jul-18 31-Jul-18	3BA FM at July 31st 2018 6:01 AM	3BA FM
1410		River 1467 at July 31st 2018 6:00 AM	River 1467
1411	31-Jul-18	Power FM 103.1 3BBA at July 31st 2018 6:00 AM	Power FM 103.1 3BBA
1412	31-Jul-18 9-Jul-18	Radio News	3AW 693 News Talk
1413	5-Jul-18	Were our grandparents really healthier than us?	MSN South Africa
1414		Were our grandparents really healthier than us?	MSN - Australia
1415	5-Jul-18	Were our grandparents really healthier than us?	F3News
1416	25-Jun-18	Waarom zitten het nieuwe roken is	Men's Health
1417	29-Mar-18	ACU Experts Lead Global Exercise and Sport Science Conference	Targeted News Service
1418	29-Mar-18 11-Mar-18	ACU experts lead global exercise and sport science conference	Public Now (AU)
1419		Exercise is the magic potion for healthy ageing – Have a Go News	Have a Go News
1420	13-Feb-18	Sitting Down All Day is Bad for Your Brain	Freedom and Safety
1421	26-Jan-18	WHY YOU SHOULD STAND AT WORK FOR TWO HOURS A DAY	Rural Messenger
1422	27-Sep-17	Moving for 30 minutes a day could prevent one in 12 deaths	Stuff.co.nz - Life & Style
1423	26-Sep-17	Moving for 30 minutes a day could prevent one in 12 deaths - The World News	The World News
1424	23-Sep-17	Radio 2ST at September 23rd 2017 12:00 AM	Radio 2ST
1425	23-Sep-17	2CC Talking Canberra at September 23rd 2017 12:00 AM	2CC Talking Canberra
1426	23-Sep-17	2EC East Coast Radio at September 23rd 2017 12:00 AM	2EC East Coast Radio
1427	22-Sep-17	4CA 846 AM at September 22nd 2017 7:10 PM	4CA 846 AM
1428	22-Sep-17	4CC at September 22nd 2017 7:00 PM	4CC
1429	22-Sep-17	7BU 558 AM at September 22nd 2017 5:03 PM	7BU 558 AM
1430 1431	22-Sep-17	Radio 7SD 540AM at September 22nd 2017 5:00 PM	Radio 7SD 540AM
1431	22-Sep-17	Sea FM 107.7 at September 22nd 2017 5:00 PM	Sea FM 107.7
	22-Sep-17	89.3 LAFM at September 22nd 2017 5:00 PM	89.3 LAFM
1433	22-Sep-17	Chilli 99.7 FM at September 22nd 2017 5:00 PM	Chilli 99.7 FM
1434	22-Sep-17 22-Sep-17	7XS West Coast Radio Tasmania at September 22nd 2017 5:00 PM	7XS West Coast Radio Tasmania
1436	22-Sep-17 22-Sep-17	Chilli 90.1fm at September 22nd 2017 5:00 PM	Chilli 90.1fm
1436	22-Sep-17 22-Sep-17	Sea FM 101.7 at September 22nd 2017 5:00 PM	Sea FM 101.7
1437		7HO FM at September 22nd 2017 5:00 PM	7HO FM
1439	22-Sep-17	7AD 900AM at September 22nd 2017 5:00 PM	7AD 900AM
1440	22-Sep-17 22-Sep-17	4BU classic hits 1332AM at September 22nd 2017 4:05 PM	4BU classic hits 1332AM
1441	22-Sep-17 22-Sep-17	Radio News	4BC 1116 News Talk
1441	22-Sep-17 22-Sep-17	89.3 LAFM at September 22nd 2017 1:05 PM	89.3 LAFM
1443	22-Sep-17 22-Sep-17	7HO FM at September 22nd 2017 1:00 PM	7HO FM
1444	22-Sep-17 22-Sep-17	Radio 7SD 540AM at September 22nd 2017 1:00 PM 4BC 1116 News Talk at September 22nd 2017 12:05 PM	Radio 7SD 540AM 4BC 1116 News Talk
1445	22-Sep-17 22-Sep-17	4BC 1116 News Talk at September 22nd 2017 12:05 PM 7BU 558 AM at September 22nd 2017 10:10 AM	7BU 558 AM
1446	22-Sep-17 22-Sep-17	7BU 558 AM at September 22nd 2017 10:10 AM 89.3 LAFM at September 22nd 2017 10:10 AM	89.3 LAFM
1447	22-Sep-17 22-Sep-17	7AD 900AM at September 22nd 2017 10:10 AM	7AD 900AM
1448	22-Sep-17 22-Sep-17	Radio 7SD 540AM at September 22nd 2017 10:10 AM	Radio 7SD 540AM
1449	22-Sep-17 22-Sep-17	7HO FM at September 22nd 2017 10:05 AM	7HO FM
1450	22-Sep-17 22-Sep-17	5CC at September 22nd 2017 7:30 AM	5CC
1451	22-Sep-17 22-Sep-17	Magic 89.9 at September 22nd 2017 7:30 AM	Magic 89.9
1451	22-Sep-17 22-Sep-17	River 1467 at September 22nd 2017 7:42 AM	River 1467
1453	22-Sep-17 22-Sep-17	5CC at September 22nd 2017 7:00 AM	5CC 5CC
1453	22-Sep-17 22-Sep-17	Magic 93.1 at September 22nd 2017 7:00 AM	
1455	22-Sep-17 22-Sep-17	5AU Classic Hits at September 22nd 2017 7:00 AM	Magic 93.1
1455	22-Sep-17 22-Sep-17		5AU Classic Hits
1456	22-Sep-17 22-Sep-17	5RM at September 22nd 2017 7:00 AM Rower FM 08 7 at September 22nd 2017 7:00 AM	5RM
1457	22-Sep-17 22-Sep-17	Power FM 98.7 at September 22nd 2017 7:00 AM ECS Classic Hits at September 22nd 2017 7:00 AM	Power FM 98.7
1459	22-Sep-17 22-Sep-17	5CS Classic Hits at September 22nd 2017 7:00 AM Magic 105 0 at September 22nd 2017 7:00 AM	5CS Classic Hits
1409	22-06h-11	Magic 105.9 at September 22nd 2017 7:00 AM	Magic 105.9

4400	00.0 47		
1460	22-Sep-17	Magic 89.9 at September 22nd 2017 7:00 AM	Magic 89.9
1461	22-Sep-17	Radio News	FIVEaa
1462	22-Sep-17	Radio News	FIVEaa
1463	22-Sep-17	River 1467 at September 22nd 2017 5:00 AM	River 1467
1464	22-Sep-17	3AW 693 News Talk at September 22nd 2017 5:00 AM	3AW 693 News Talk
1465	22-Sep-17	3BA FM at September 22nd 2017 5:00 AM	3BA FM
1466	25-Aug-17	「座り過ぎ」は脳に悪影響を与えるのか?	ライブドアニュース
1467	17-Aug-17	Ross and John	3AW 693 News Talk
1468	28-Jul-17	Could too much sitting be bad for our brains?	OIA NEWS
1469	27-Jul-17	Could too much sitting be bad for our brains?	The News Minute
1470	27-Jul-17	Could too much sitting be bad for our brains?	The Conversation Canada
1471	27-Jul-17	Could too much sitting be bad for our brains?	Viw Magazine Australia
1472	27-Jul-17	Could too much sitting be bad for our brains?	Viw
1473	26-May-17	4BC 1116 News Talk at May 26th 2017 3:00 PM	4BC 1116 News Talk
1474	26-May-17	4BC 1116 News Talk at May 26th 2017 8:30 AM	4BC 1116 News Talk
1475	26-May-17	FIVEaa at May 26th 2017 8:00 AM	FIVEaa
1476	26-May-17	3AW 693 News Talk at May 26th 2017 7:40 AM	3AW 693 News Talk
1477	1-Apr-17	A nation of couch potatoes: More than half the population hasn't exercised in three months	3AW
1478	23-Jan-17	2UE 954 News Talk at January 23rd 2017 1:15 PM	2UE 954 News Talk
1479	23-Jan-17	2UE 954 News Talk at January 23rd 2017 1:05 PM	2UE 954 News Talk
1480	15-Dec-16	How Sitting For Long Periods Is Killing You and Sabotaging Your Health	Before It's News
1481	14-Dec-16	How Sitting For Long Periods Is Killing You & Sabotaging Your Health	True Viral News
1482	6-Oct-16	Sitting at Your Desk All Day Can Be a Killer	HighBeam Research
1483	23-Jul-16	Nicole Wiesenthal: Why I exercise 2 minutes every 20 minutes	TCPalm.com
1484	3-Jul-16	Apps to keep your health in check	Business First Magazine
1485	29-Jun-16	Don't Take A Seat – Why Sitting Is The New Smoking	Men - Style.com
1486	21-Apr-16	Type 2 Diabetes: "Stand Up, Sit Less, Move More, More Often" For Better Glucose Control	MedicalResearch.com
1487	1-Apr-16	Ten hours of sitting in a day can cause diabetes	Business Today
1488	1-Apr-16	Get up, stand up: evidence on sedentary working shows employees need to get moving	Personnel Today
1489	1-Apr-16	Diabetes Link to Sitting Due to Obesity and Inactivity	Newsmax
1490	31-Mar-16	Diabetes link to sitting largely due to obesity and lack of exercise	DailyNews724
1491	31-Mar-16	Diabetes link to sitting largely due to obesity and lack of exercise	Fox News
1492	31-Mar-16	Diabetes link to sitting largely due to obesity and lack of exercise	Pakistan Headlines
1493	31-Mar-16	Diabetes link to sitting largely due to obesity and lack of exercise	A Breaking News
1494	31-Mar-16	Diabetes link to sitting largely due to obesity and lack of exercise	LocalNews7.com
1495	31-Mar-16	Too much sitting increases diabetes risk - Study	Ghana Web
1496	31-Mar-16	Diabetes link to sitting largely due to obesity and lack of exercise	Asia One
1497	31-Mar-16	Too much sitting increases Diabetes risk- Study	Citizen TV
1498	31-Mar-16	Diabetes link to sitting largely due to obesity and lack of exercise	Yahoo! News
1499	31-Mar-16	Diabetes link to sitting largely due to obesity and lack of exercise	Mo4ch News
1500	31-Mar-16	Diabetes link to sitting largely due to obesity and lack of exercise	Yahoo! Canada Sports
1501	31-Mar-16		·
1502	31-Mar-16	Diabetes link to sitting largely due to obesity and lack of exercise	Channel News Asia
1502	31-Mar-16	Diabetes link to sitting largely due to obesity and lack of exercise	Reuters US News
1504	31-Mar-16	Diabetes link to sitting largely due to obesity and lack of exercise Reuters	Reuters India
1505	31-Mar-16	Diabetes link to sitting largely due to obesity and lack of exercise	AM 650 WNMT Northern Minnesota Talk
1506	31-Mar-16	Diabetes link to sitting largely due to obesity and lack of exercise	100.7 MIX-FM
1507	31-Mar-16	Diabetes link to sitting largely due to obesity and lack of exercise	93.9 WTBX
		Diabetes link to sitting largely due to obesity and lack of exercise	Reuters UK
1508	31-Mar-16	Diabetes link to sitting largely due to obesity and lack of exercise	99.9 Radio USA
1509	31-Mar-16	Diabetes link to sitting largely due to obesity and lack of exercise	Reuters Africa
1510	31-Mar-16	Diabetes link to sitting largely due to obesity and lack of exercise	Lycos News
1511	29-Mar-16	Je stoel probeert je te vermoorden	Men's Health
1512	4-Mar-16	NEW CAMPAIGN SLAMS INACTIVITY AT THE OFFICE	Business News Australia
1513	2-Mar-16	研究称轻度行走能提神 每半小 时走几步有益健 康	《澳大利亚时报》、澳奇新闻
1514	2-Mar-16	Light-intensity walk, every 30 minutes could increase energy levels, study finds	Stuff.co.nz - Life & Style
1515	2-Mar-16	Light-intensity walk, every 30 minutes could increase energy levels	Rouse Hill News
1516	2-Mar-16	Light-intensity walk, every 30 minutes could increase energy levels	Penrith City Gazette
1517	2-Mar-16	Light-intensity walk, every 30 minutes could increase energy levels, study finds	Penrith City Gazette
1518	2-Mar-16	Office workers encouraged to Rise & Recharge to reduce fatigue	Viw Magazine Australia
1519	2-Mar-16	Office workers encouraged to Rise & Recharge to reduce fatigue	Viw
1520	2-Mar-16	Light-intensity walk, each 30 mins could boost appetite levels, investigate finds	Times of News Australia
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1521	9-Feb-16	Two Studies Confirm the Role of Exercise in Blood Sugar Control	Diabetes Health Pharmacist
1522	21-Jan-16	Healthy workplaces produce employees who work smarter – and longer	Sustainable Business - The Guardian
1523	21-Jan-16	Healthy workplaces produce employees who work smarter – and longer	The Guardian
1524	21-Jan-16	Content from this publisher is not available in this country	Unknown
1525	13-Jan-16	Students now standing up to learn	Impact Lab
1526	16-Nov-15	Ben jij een couchpotato?	Men's Health
1527	30-Oct-15	Can sitting really kill you? Maybe not if you get enough exercise.	The Glow
1528	20-Oct-15	Can sitting really kill you? Maybe not if you get enough exercise	ABC Radio Australia News
		can sitting really kill you. Maybe not if you get enough exercise	Body+Soul (Licensed by Copyright
1529	11-Oct-15	Content removed at the request of the publisher	Agency)
1530	15-Sep-15	Excessive sitting at work and at home: Correlates of occupational sitting and TV viewing time in working adults	Bio Med Central
1531	24-Aug-15	Ergotron's WorkFit-T Simplifies Sit-Stand Office Routines	Asiaprnews -Asia Press Release News
1532	24-Aug-15	Ergotron's WorkFit-T Simplifies Sit-Stand Office Routines	AsiaNet
1533	16-Jun-15	9 Ways to Start Standing More at Work	Shape Magazine
1534	12-Jun-15	Workers are overweight, stressed, lazy and drink too much: employee health report	Rouse Hill News
1535	9-Jun-15	Australians spending too much time sitting down	3AW
1536	4-Jun-15	Nhân viên văn phòng nên đứng ít nhất 2 giờ mỗi ngày	Viet Times
1537	4-Jun-15	Office workers, stand up from your desk for two hours a day	eNCA
1538	4-Jun-15	Office Workers, Stand up From Your Desk for Two Hours a Day	The Epoch Times
1539	3-Jun-15	How to combat the negative effects of sitting all day.	The Glow
1540	3-Jun-15	Spend at least two hours standing each day - expert	The New Zealand Herald
1541	3-Jun-15	Spend at least two hours standing each day - expert	The New Zealand Herald
1542	3-Jun-15	Spend at least two hours standing each day - expert	The New Zealand Herald
1543	3-Jun-15	Spend at least two hours standing each day - expert	The New Zealand Herald
1544	2-Jun-15	Standing desks - the latest expert advice	The New Zealand Herald
1545	2-Jun-15	Standing desks - the latest expert advice	The New Zealand Herald
1546	2-Jun-15	Standing desks - the latest expert advice	The New Zealand Herald
1547	2-Jun-15	Standing desks - the latest expert advice	The New Zealand Herald
1548	29-May-15	Short bursts of exercise helps regulate type 2 diabetes, research shows	Rouse Hill News
1549	29-May-15	Short bursts of exercise helps regulate type 2 diabetes, research shows	Rouse Hill News
1550	29-May-15	Short bursts of exercise helps regulate type 2 diabetes, research shows	Penrith City Gazette
1551	4-May-15	Students standing up to learn in school	KCRA.com
1552	23-Apr-15	Will sitting down really kill you?	MSN - Australia
1553	16-Apr-15	Workspace psychology for ageing employees	Hospital and Agedcare
1554	16-Apr-15	Workplace psychology for ageing employees	Hospital and Agedcare
1555	31-Mar-15	http://www.biomedcentral.com/content/pdf/s12889-015-1660-2.pdf	Bio Med Central
1556	5-Feb-15	Working out too much as bad as no exercise at all, study says	The Southland Times
1557	4-Feb-15	Working out too much as bad as no exercise at all, study says	Rouse Hill News
1558	24-Jan-15	Experts Recommend Intermediate Physical Activity Goals, Especially for Older Adults	Newswise
1559	5-Dec-14	http://www.biomedcentral.com/content/pdf/1471-2458-14-1249.pdf	Bio Med Central
1560	21-Oct-14	Pausenloses Sitzen – wie ungesund ist es?	SWR
1561	20-Oct-14	Walking More May Be Key for a Longer, Healthier Life	The Epoch Times
1562	17-Oct-14	Walking More May Be Key for a Longer, Healthier Life	Mercola.com
1563	16-Oct-14	The Importance of Intermittent Movement for Longevity	The Epoch Times
1564	28-Sep-14	Extra Minutes: DR DAVID DUNSTAN'S TOP TIPS	MSN Video Australia
1565	23-Aug-14	http://www.biomedcentral.com/content/pdf/1471-2458-14-899.pdf	Bio Med Central