FlexIT
FLEXIBLE INSULIN THERAPY

2016 HEALTH PROFESSIONAL TRAINING PROGRAM

THIS PROGRAM IS SUITABLE FOR DIABETES EDUCATORS AND DIETITIANS

DATE: WEDNESDAY 27 - THURSDAY 28 APRIL 2016
FRIDAY 29 APRIL 2016 (Optional Day 3 to become an accredited FlexIT group facilitator)

TIME: 9.00 AM TO 4.30 PM

COST

3 DAY PROGRAM - $600
includes GST

2 DAY PROGRAM - $450
includes GST

REGISTRATION

Please visit:
www.bakeridi.edu.au/health_professionals_training

OVERVIEW

The first two days are designed to increase competence and knowledge for management of type 1 diabetes. Sessions will focus on teaching flexible insulin principals including carbohydrate counting and insulin adjustment for use in individual consultations.

The optional third day of this program will focus on providing the skills and teaching resources to become an accredited FlexIT group program facilitator.

The accredited FlexIT program will incur an annual subscription fee of $150 which is complementary for the first year of accreditation.

TOPICS WILL INCLUDE:

> Reviewing the need to know basics for type 1 diabetes including preventative complication screening

> Advanced carbohydrate counting including use of current apps and resources

> Insulin adjustment for food and exercise using an insulin to carbohydrate ratio and insulin correction factor

> Identification and management of patterns of hypoglycaemia and hyperglycaemia including sick day management
FLEXIBLE INSULIN THERAPY FOR HEALTH PROFESSIONALS

THE BAKER IDI TRAINING TEAM

Baker IDI's multi-disciplinary team includes diabetes specialists, credentialed diabetes educators and accredited practising dietitians.

Our highly skilled presenters aim to make all learning experiences practical and relevant to assist you to provide better care for people with diabetes.

VENUE

Baker IDI Heart and Diabetes Institute
The Alfred Centre
Level 4, 99 Commercial Road
Melbourne, Victoria, 3004

This program will attract 10 assessed hours of professional development for DAA Continuing Professional Development program (5hrs Day 1 & 5hrs Day 2)

FOR FURTHER INFORMATION

For further information regarding our training programs for health professionals, contact:

Sonia Middleton, Manager Education Services
E sonia.middleton@bakeridi.edu.au
T (03) 8532 1850
W www.bakeridi.edu.au/health_professionals_training