

OVERWEIGHT & OBESITY: THE CHALLENGES & SOLUTIONS

2016 HEALTH PROFESSIONAL TRAINING PROGRAM

THIS PROGRAM IS SUITABLE FOR DIETITIANS, PRACTICE NURSES, DIABETES EDUCATORS, EXERCISE PHYSIOLOGISTS, PERSONAL TRAINERS AND OTHER ALLIED HEALTH PROFESSIONALS WORKING IN COMMUNITY, HOSPITAL AND PRIVATE PRACTICE

DATE: THURSDAY 13 OCTOBER 2016

TIME: 9.00 AM - 4.15 PM

COST

\$250 (includes GST)
(plus booking fee)

EARLY BIRD \$220 (includes GST)
(plus booking fee)
if paid by 16 September 2016

REGISTRATION

Please visit:

www.bakeridi.edu.au/health_professionals_training

OVERVIEW

This one day program examines the nutritional, physical, psychological and medical options available to health professionals involved in providing weight management advice to clients. Topics discussed are supported by practical case study application.

KEYNOTE SPEAKER

Professor John Dixon is Head of Clinical Obesity Research and Head of the Weight Assessment and Management Clinic at Baker IDI. John will be presenting on medication management and will be involved in case study discussion.

TOPICS WILL INCLUDE:

- > **Nutrition interventions for weight management and preventing weight regain**
- > **Physical activity strategies for weight management**
- > **Meal replacements and very low energy diets (VLEDs)**
- > **Medications for weight management**
- > **Nutritional management for bariatric surgery**
- > **Psychological drivers impacting on weight management**

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THE BAKER IDI TRAINING TEAM

Baker IDI's multi-disciplinary team includes diabetes specialists, a weight management specialist, credentialed diabetes educators, exercise physiologists and accredited practising dietitians.

Our highly skilled presenters aim to make all learning experiences practical and relevant to assist you to provide better care for people with chronic health conditions.

VENUE

Baker IDI Heart and Diabetes Institute
The Alfred Centre
Level 4, 99 Commercial Road
Melbourne, Victoria, 3004



This workshop is endorsed by ACN according to our Continuing Professional Development Endorsed Course Standards. It has been allocated 5.5 CPD hours according to the Nursing and Midwifery Board of Australia – Continuing Professional Development Standard.

This program will attract 5 assessed hours of professional development for DAA Continuing Professional Development program

FOR FURTHER INFORMATION

For further information regarding our training programs for health professionals, contact:

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