



24642



OFFICE USE ONLY

AusDiab: The Australian Diabetes, Obesity and Lifestyle Study

Name: _____

Participant record / results form

Today's Date / /

1. Age

2. DOB / /

3. Sex Male Female

4. How many hours has it been since you last had any food or drink (except water)?

5. Have you ever been told by a doctor or nurse that you have diabetes? Yes No

6. What treatment are you currently receiving?

Diet only

Insulin

Tablets

Insulin and tablets

Other

7. Are you pregnant? Yes No Don't Know

8. GLUCOSE LOAD REQUIRED

YES

NO

(not required for people with diabetes on insulin, drugs, or both, or if pregnant)

9. Urine sample collected Yes No

10. Fasting sample taken Yes No

11. Glucose load given Yes No

Time .

12. 2 hour sample taken Yes No

Time .



24642

13. Waist and Hip

Observer ID

1. Waist (cm) .
Hip (cm) .

2. Waist (cm) .
Hip (cm) .

3. Waist (cm) .
Hip (cm) .

14. Height (cm) .

15. Weight (Kg) .

16. Bio-impedance measurement

Observer ID

Weight (Kg) .

Impedance

Fat % .

Fat mass (kg) .

Lean body mass .

Total body water .

17. Blood Pressure

Observer ID

Pulse rate (30 seconds)

1. Systolic (mmHg)

Diastolic 5th (mmHg)

2. Systolic (mmHg)

Diastolic 5th (mmHg)

3. Systolic (mmHg)

Diastolic 5th (mmHg)

18. ECG performed Yes No

19. Questionnaires

Observer ID

General health and well-being questionnaire completed

Yes No

General medical questionnaire completed

Yes No

Health knowledge and attitudes questionnaire completed

Yes No

Dietary Questionnaire completed

Yes No